

19 November 2025

ANNUAL GENERAL MEETING

Notice is hereby given that an Annual General Meeting of the British Weight Lifters' Association (trading as British Weight Lifting) will be held at **1900hrs on Thursday 11 December 2025**.

The meeting will be held virtually by MS Teams to transact the business on the agenda below.

Please note that the agenda includes one resolution requiring a vote; however, we encourage contributions from all member attendees throughout the meeting.

To facilitate checking eligibility to attend, members wishing to attend are requested to inform the BWL and provide their membership number by **COB**, **4 December 2025 via ceo@britishweightlifting.org**.

Individual members who do attend the Annual General Meeting must notify BWL by email to receive the login details for the meeting.

Upon conclusion of the Annual General Meeting, members are invited to attend an informal meeting with members of the Board and BWL staff and ask questions pertaining to the company's affairs.

By Order of the Board.

M F Curtain

Chief Executive Officer

AGENDA

- 1. To receive the Annual Report in accordance with Article 135.1;
- 2. To receive the Annual Accounts for the year ended 31 March 2025 in accordance with Article 135.2;
- 3. To formally reelect Jennifer Tong as a Non-Executive Director in accordance with Articles 41, 42 and 135.4;
- 4. To transact any other business that is included on the notice calling the meeting in accordance with Article 135.5.

a company limited by guarantee and not having a share capital

3rd Floor Chancery House St Nicholas Way Sutton Surrey SM1 1JB

> Registered No. 00586136 Registered in England & Wales

t. 0113 224 9402 **e.** enquiries@britishweightlifting.org