

British Women's U20 Records

Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
45	Snatch	44	Laura Godwin	05 May 2019	BWL South Open Series 1	Hampshire, GBR
	Clean & Jerk	56	Laura Godwin	05 May 2019	BWL South Open Series 1	Hampshire, GBR
	Total	100	Laura Godwin	05 May 2019	BWL South Open Series 1	Hampshire, GBR
49	Snatch	54	Taslina Begum	20 January 2019	England Senior Championships	Milton Keynes, GBR
	Clean & Jerk	72	Taslina Begum	20 January 2019	England Senior Championships	Milton Keynes, GBR
	Total	126	Taslina Begum	20 January 2019	England Senior Championships	Milton Keynes, GBR
55	Snatch	73	Catrin Jones	02 March 2019	Welsh Senior Open	Bangor, GBR
	Clean & Jerk	96	Catrin Jones	07 June 2019	British Senior Championships	Coventry, GBR
	Total	168	Catrin Jones	02 March 2019	Welsh Senior Open	Bangor, GBR
59	Snatch	77	Juliatt Chang-Fane	13 January 2019	BWL Midlands Age Group Open	Lydney, GBR
	Clean & Jerk	96	Juliatt Chang-Fane	01 October 2018	BWL Midlands Age Group Open	Lydney, GBR
	Total	171	Juliatt Chang-Fane	01 October 2018	BWL Midlands Age Group Open	Lydney, GBR
64	Snatch	70	Alice Aitchison	27 April 2019	Scottish Senior Championships	Perthshire, GBR
	Clean & Jerk	88	Alice Aitchison	27 April 2019	Scottish Senior Championships	Perthshire, GBR
	Total	158	Alice Aitchison	27 April 2019	Scottish Senior Championships	Perthshire, GBR

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71	Snatch	68	Chloe Hood	02 February 2019	Strength Academy Wales Open	Pembrokeshire, GBR
	Clean & Jerk	86	Chloe Hood	02 February 2019	Strength Academy Wales Open	Pembrokeshire, GBR
	Total	154	Chloe Hood	02 February 2019	Strength Academy Wales Open	Pembrokeshire, GBR
76	Snatch	66	British Standard	01 October 2018		
	Clean & Jerk	84	British Standard	01 October 2018		
	Total	150	British Standard	01 October 2018		
81	Snatch	68	British Standard	01 October 2018		
	Clean & Jerk	87	British Standard	01 October 2018		
	Total	155	British Standard	01 October 2018		
87	Snatch	70	British Standard	01 October 2018		
	Clean & Jerk	90	British Standard	01 October 2018		
	Total	160	British Standard	01 October 2018		
87+	Snatch	72	British Standard	01 October 2018		
	Clean & Jerk	93	British Standard	01 October 2018		
	Total	165	British Standard	01 October 2018		