

# British Women's U20 Records

Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
<b>45</b>	Snatch	57	Asees Dhanda	11 August 2022	European Youths	Raszyn, POL
	Clean & Jerk	69	Asees Dhanda	11 August 2022	European Youths	Raszyn, POL
	Total	126	Asees Dhanda	11 August 2022	European Youths	Raszyn, POL
<b>49</b>	Snatch	68	Nikole Roberts	18 April 2024	British University & College Championships	Brunel Uni, GBR
	Clean & Jerk	82	Nikole Roberts	18 April 2024	British University & College Championships	Brunel Uni, GBR
	Total	150	Nikole Roberts	18 April 2024	British University & College Championships	Brunel Uni, GBR
<b>55</b>	Snatch	78	Catrin Jones	20 October 2019	European U20 Championships	Bucharest, ROU
	Clean & Jerk	103	Catrin Jones	30 November 2019	Celtic Nations Championships	Bangor, GBR
	Total	181	Catrin Jones	30 November 2019	Celtic Nations Championships	Bangor, GBR
<b>59</b>	Snatch	78	Julieta Chang-Fane	13 April 2019	British University & College Championships	Twickenham, GBR
	Clean & Jerk	96	Julieta Chang-Fane	14 January 2019	BWL Midlands Age Group Open	Lydney, GBR
	Total	174	Julieta Chang-Fane	13 April 2019	British University & College Championships	Twickenham, GBR
<b>64</b>	Snatch	81	Josie Griffiths	12 Nov 2022	British Age Groups	Leeds, GBR
	Clean & Jerk	99	Emily Steel	9 December 2023	England Championships	Birmingham, GBR
	Total	177	Josie Griffiths	12 Nov 2022	British Age Groups	Leeds, GBR

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<b>71</b>	Snatch	85	Lucy McGonigle	26 Nov 2023	NI Championships	Mallusk, NI
	Clean & Jerk	108	Lucy McGonigle	26 Nov 2023	NI Championships	Mallusk, NI
	Total	193	Lucy McGonigle	26 Nov 2023	NI Championships	Mallusk, NI
<b>76</b>	Snatch	97	Isabella Brown	18 April 2024	British University & College Championships	Brunel Uni, GBR
	Clean & Jerk	120	Isabella Brown	18 April 2024	British University & College Championships	Brunel Uni, GBR
	Total	217	Isabella Brown	18 April 2024	British University & College Championships	Brunel Uni, GBR
<b>81</b>	Snatch	89	Lottie Absolom	23 Feb 2024	England Age Groups	Maidstone, GBR
	Clean & Jerk	103	Lottie Absolom	23 Feb 2024	England Age Groups	Maidstone, GBR
	Total	192	Lottie Absolom	23 Feb 2024	England Age Groups	Maidstone, GBR
<b>87</b>	Snatch	91	Emily Sweeney	1 August 2023	European Junior Championships	Bucharest, ROM
	Clean & Jerk	110	Emily Sweeney	12 Nov 2022	British Age Groups	Leeds, GBR
	Total	200	Emily Sweeney	12 Nov 2022	British Age Groups	Leeds, GBR
<b>87+</b>	Snatch	72	British Standard	01 October 2018		
	Clean & Jerk	93	British Standard	01 October 2018		
	Total	165	British Standard	01 October 2018		