

BRITISH WEIGHT LIFTING SELECTION POLICY

COMPETITION: 2020 IPC WORLD PARA-POWERLIFTING WORLD CUP - MANCHESTER

COMPETITION DATES: 20TH FEBRUARY 2020 – 23RD FEBRUARY 2020

LOCATION: WYTHENSHAW FORUM, MANCHESTER, UK

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OVERVIEW

The Manchester 2020 Road to Tokyo Para Powerlifting World Cup will take place in Wythenshawe, Manchester, between February 20th and 23rd 2020.

This selection policy has been created in line with British Weight Lifting's (BWL) UK Sport funded mission of sending British Powerlifters to the 2020 Paralympic Games with the potential to win 1-2 medals and the vital requirement to enable and develop a sustainable Talent Pathway, supporting a group of athletes emerging as Paralympians of the future.

This selection policy will support athletes in maintaining their eligibility for Tokyo 2020 by enabling them to satisfy the International Paralympic Committee (IPC) Paralympic Qualification Pathway outlined by IPC World Para Powerlifting (WPP). Aligned with the WPP Paralympic Qualification Pathway attending this competition is a way to satisfy the third **mandatory competition** phase in which attendance maintains eligibility for the Tokyo 2020 Paralympic Games.

This selection policy is designed to fully support athletes who are eligible and on track to qualify for the Tokyo 2020 Paralympic Games (achieve a top 8 Tokyo Qualification ranking, defend and or improve an existing top 8 ranking).

This selection policy will also support athlete's ineligible for the Tokyo 2020 Paralympic Games, who have demonstrated the potential to develop into Paris 2024 medal candidates based on positive performance development trajectories, have demonstrated the performance behaviours and commitment indicative of future Paralympic Games success, through engagement with BWL performance coaches.

This selection policy will facilitate participation for both senior and junior athletes aligned with the above introductory overview and further details below.

Any updates or changes to this policy will be published online at <http://britishweightlifting.org/>. Any queries can be sent to tom.whittaker@britishweightlifting.org

1. GREAT BRITAIN ELIGIBILITY

1.1. Tokyo Athlete Eligibility Requirements

This section outlines the eligibility requirement for athletes who are currently eligible for the Tokyo 2020 Paralympic games, aligned with WPP Paralympic Qualification Pathway.

To be considered to represent Great Britain at the Manchester 2020 Road to Tokyo Para Powerlifting World Cup, athletes who are eligible for Tokyo at the time of selection, must satisfy the following for BWL WCP to consider selection and fund participation at this event;

- 1.1.1. Be a citizen of the United Kingdom and hold a valid British passport,
- 1.1.2. Be a current member of British Weight Lifting (BWL), in good standing and not in dispute with BWL and/or its affiliated bodies or partners,
- 1.1.3. Compliant with BWL's Anti-Doping Controls and Procedures at BWL's discretion and direction,
- 1.1.4. Athletes must satisfy IPC eligibility rules and be able to obtain or hold an IPC License for the 2020 Summer Season,
- 1.1.5. Have gone through and been successful at National Classification assessment and/or International Classification assessment with either confidence in being successful at assessment or having achieved a 'confirmed' or 'review' sport status for 2020 with respect to the latter,
- 1.1.6. Expressed their desire to be considered for this event prior to the 01/11/2019 and include the bodyweight class they intend to qualify in, via email to tom.whittaker@britishweightlifting.org,**
- 1.1.7. Have competed in an approved IPC World Para Powerlifting or domestic competition delivered by British Weight Lifting between 1st July 2019 and 4th November 2019,
- 1.1.8. Have met the BWL Minimum Qualifying Standards (MQS) in a given weight class at an appropriate event for this competition (Section 2)* within the relevant selection period.
- 1.1.9. Hold a current ranking in the WPP Tokyo Qualification Rankings and therefore eligible for the Tokyo 2020 Paralympic Games.

*In accordance with IPC rules and regulations, athletes may be entered into a weight class that they did not qualify in when specific entry and team size rules and regulations can apply. These rules may be utilised by BWL during the selection process at their discretion if doing so increases the likelihood of meeting UK Sport annual performance milestone targets or winning medals at the 2020 Tokyo Paralympic Games. British Weight Lifting will take into consideration athletes' preferences but will select athletes for weight classes that increase the likelihood of athletes finishing in the highest position wherever possible and/or contribute to a better overall team performance.

† BWL, at their discretion will consider reasons and evidence for not competing within the necessary time frame, not satisfying the BWL MQS, having minimal performance data to consider or not satisfying other selection criteria completely. Reasons and evidence must be submitted to Tom Whittaker by email prior to 01/11/2019.

Please be aware the English Grand Prix is the last opportunity to meet these selection policy requirements ahead of selection taking place.

1.2. Non-Tokyo Athlete Eligibility Requirements

This section outlines the eligibility requirements for athletes who are not eligible for the 2020 Tokyo Paralympic games.

To be considered to represent Great Britain at the Manchester 2020 Road to Tokyo Para Powerlifting World Cup, athletes not eligible for the 2020 Tokyo Paralympic games at the time of selection must satisfy the following criteria in order to be considered;

- 1.2.1. Satisfy the eligibility requirements in section 1; 1.1.1. – 1.1.6. and 1.1.8.
- 1.2.2. Have competed in approved IPC World Para Powerlifting or domestic competition delivered by British Weight Lifting twice between 1st June 2019 and 4th November 2019,

2. GREAT BRITAIN MINIMUM QUALIFYING TOTALS

MEN

Weight Class	49	54	59	65	72	80	88	97	107	107+
BWL MQS (KG)	105	110	115	120	130	140	145	150	155	160

WOMEN

Weight Class	41	45	50	55	61	67	73	79	86	86+
BWL MQS (KG)	48	52	55	60	67	70	73	77	80	83

3. GREAT BRITAIN SELECTION

In order to represent Great Britain, athletes must not only meet the minimum performance standards and eligibility criteria, but also display positive competition performance trajectories aligned with either the Tokyo 2020 or Paris 2024 Paralympic games. For the later, there is a strong emphasis on the evidence of performance behaviours expected of performance pathway athletes and commitment to training process experienced by BWL Performance Coaches.

3.1. Process Overview

- 3.1.1. The selection panel will convene to provisionally select athletes between the 4th November and the 1st December 2019, aligned with IPC entry rules and regulations and this selection policy,
- 3.1.2. All athletes who have achieved the BWL MQS during the selection period (see section 1.1, point 1.1.7. and section 1.2., point 1.2.2.) and satisfied the eligibility criteria will be considered for selection,
- 3.1.3. At the time of selection, the selection panel may choose to:
 - 3.1.3.1. Select an eligible athlete for this event
 - 3.1.3.2. Not select an eligible athlete for this event
- 3.1.4. Further conditions for any selected athlete may be set prior to the event as part of confirmation of fitness and maintenance of selection procedures,
- 3.1.5. BWL, at their discretion reserve the right to select an athlete who has not met all the necessary criteria should it directly or indirectly support the Tokyo 2020 objective of winning 1-2 medals or Paris 2024 team development.

3.2 Tokyo Eligible Athlete Selection

- 3.2.1 Athletes who are eligible for the Tokyo 2020 Paralympic games at the time of selection will be selected having satisfied the eligibility criteria in section 1 (1.1.) and met the selection criteria below.
- 3.2.2 The selection panel will consider several selection criteria, including but not limited to:
 - 3.1.1.1. Competition Performance Development Trajectory; Has the potential to medal at the 2020 Tokyo Paralympic Games and/or,
 - 3.1.1.2. Competition Performance Development Trajectory; Has the potential to qualify for the 2020 Tokyo Paralympic Games which is supported by a position competition performance trajectory between 1st January and 4th November 2019,
 - 3.1.1.3. Training data indicative of the potential to qualify for or medal at the 2020 Tokyo Paralympic Games – Training data captured should be specific to the qualification selection period, 1st July to 4th November 2019,
 - 3.1.1.4. Have regularly made available training footage and/or training data indicative of current training form,
 - 3.1.1.5. Injury status, history and evidence the athlete has managed their health well in the last 12 months is not in doubt.

All athletes will receive verbal confirmation. A selection agreement and code of conduct shall follow by email which athletes must sign and return to confirm selection and their understanding of the grounds on which selection is confirmed and continued selection is maintained (see sections 5, 6, 7).

3.2. Non-Tokyo Eligible Athlete Selection

- 3.2.1. Athletes who are not eligible for the Tokyo 2020 Paralympic Games who achieve the MQS within the BWL qualification period (Section 1, 1.2, 1.2.2.), at an appropriate event, may be selected having satisfied the relevant eligibility criteria (Section 1, 1.2.) and met the selection criteria below:
- 3.2.2. The selection panel will consider several selection criteria, including but not limited to:
 - 3.2.2.1. Competition Performance Development Trajectory; Has evidence of a predicted performance level at the time of competition which demonstrates potential achievement of WPC funding levels in 2020,
 - 3.2.2.2. Competition Performance Development trajectory; Has evidence of a predicted performance level in 2021 indicative of contributing to annual funding targets in the Paris 2024 Paralympic cycle – on track to achieve top 10 rankings at the World Championships in 2021 (based on results data adjusted to 1 athlete per nation),
 - 3.2.2.3. Training age profile and injury history
 - 3.2.2.4. Time spent competing in the sport
 - 3.2.2.5. Confidence that inclusion in the team will not negatively impact the preparation and performance of other athletes and/or staff delivering support services.

All athletes will receive verbal confirmation followed by a selection agreement and code of conduct which shall be sent by email. Athletes must sign and return this agreement to confirm selection and their understanding of the grounds on which selection is confirmed and continued selection is maintained (section 5, 6, 7). Details regarding returning the agreement will be outlined within this selection agreement.

All athletes should be aware that self-funding will not be permitted for this event.

3.3. Selection Panel

- 3.3.1. The selection panel will be chaired by a member of the BWL High Performance Committee and include the BWL Powerlifting Performance Director and one member of the BWL High Performance Committee or WCP performance team,
- 3.3.2. All conflicts of interest will be declared and in the event of a conflict, the chair of the selection panel will determine whether the conflicted individual can take part in the selection discussion. A conflicted individual will not vote on that selection but may participate in the general selection discussion,
- 3.3.3. BWL's UK Sport Performance Advisor may attend the selection meeting in a non-voting capacity

4. Timeline of Critical Events

- 4.1. Publication of selection policy on the **week beginning the 30th September 2019**,
- 4.2. Athletes confirm intention and ambition to qualify for the Manchester World Cup by the **1st November 2019**,
- 4.3. The selection panel will convene **between the 4th November and 1st December 2019** to provisionally select eligible athletes based on this policy,
- 4.4. BWL qualification period ends **4th November 2019**,
- 4.5. By the **2nd December 2019** athletes will be notified by telephone as to whether they have been provisionally selected pending any appeals. All selected athletes will receive a selection agreement and code of conduct outlining the conditions of their selection which will need to be returned to Tom Whittaker at tom.whittaker@britishweightlifting.org.
 - 4.5.1. All non-selected athletes have the right to appeal,
- 4.6. The appeal period begins the day after athletes are informed about provisional selection decisions. The deadline for appeal submission is **mid-day 5 days after selection decision are communicated to all athletes** (all eligible athletes will be informed on the same day where possible). An application can be requested from the BWL office and must be submitted with payment of £250.00 to cover administration and process costs,
- 4.7. On the **day of which all appeals must be submitted by**, provisionally selected athletes will be informed if they could be affected by any of the appeal submissions,
- 4.8. The appeals panel will convene within **5 days** of the appeals deadline closing,
- 4.9. Immediately after the appeal panel convenes, athletes who have appealed will be notified by phone as to whether they have been successful and anyone else impacted by the appeal processes will be notified regarding the outcome and its impact on their selection status. All athletes who submitted an appeal will receive a letter confirming the outcome of the appeals process,
- 4.10. Any necessary selection agreements that need to be sent in the event of a successful appeal will be delivered via email,
- 4.11. The **11th December** is the deadline for athletes to have signed and returned their selection agreement to Tom.Whittaker@britishweightlifting.org ahead of final entries and accommodation payments by BWL,
- 4.12. By the **14th December** BWL will complete final entries by name and make payment to the IPC upon being invoiced thereafter.

Any update to this time line of critical events will be disclosed immediately to all considered athletes as specific dates are confirmed.

5. GREAT BRITAIN CONFIRMATION OF FITNESS

5.1. Pre-Selection

- 5.1.1. Prior to selection any athlete who has satisfied eligibility requirements but has or there is any doubt surrounding their current performance potential may, where

deemed appropriate by the BWL Performance Director be required to undergo physical testing to provide further information for selection consideration. Any performance or medical review would be performed by a member of the BWL WCP performance team and/or a Doctor identified by the Performance Director. The performance test would be the Bench Press to IPC competition rules,

- 5.1.2. Any decision not to consider an athlete on grounds of ill health or injury having satisfied eligibility requirements will be confirmed in writing to the athlete after verbal communication by BWL.

5.2. Post Selection

- 5.2.1. At the request of BWL all selected athletes may undergo or have requested of them reasonable medical assessments or physical testing to ensure performance levels are maintained to perform appropriately and to the best of their ability at this competition.
- 5.2.2. BWL is entitled to request any reasonable method to determine a level of good health and high-performance capability, which may include but is not limited to; General Practitioner review, musculo-skeletal assessments, body weight/composition assessment, performance testing and meetings.

6. GREAT BRITAIN DE-SELECTION

- 6.1. Prior to departure, BWL retains the right to de-select any athlete under circumstances such as;
 - 6.1.1. Illness, injury or not fit compete at the level they qualified at,
 - 6.1.2. Non-compliance with post selection fitness testing or requests to prove/establish good health,
 - 6.1.3. Any doping infringement incompatible with BWL Anti-Doping policies and procedures,
 - 6.1.4. Violation of any agreed schedule of contact,
 - 6.1.5. Non-disclosure of training related information that may contribute to the development of competition strategy or whether the athlete is on track to perform as agreed at the time of selection.
- 6.2. If de-selection occurs the athlete will be informed verbally and in writing to explain the decision-making process. BWL will send the information via email.

7. GREAT BRITAIN OBLIGATIONS

- 7.1. All selected athletes will be required to;

- 7.1.1. Sign a selection letter of agreement and code of conduct which confirms the athletes understanding of the grounds on which selection and the maintenance of selection is maintained as well as expected behavioural standards,
- 7.1.2. Attend agreed team camps, training days or activities prior to the competition
- 7.1.3. Adhere to specified travel dates established by BWL,
- 7.1.4. Athletes will compete in the bodyweight category chosen by BWL. Aligned with UK Sport funding milestone and team performance targets,
- 7.1.5. Wear appropriate apparel as specified by BWL at all camps, events and the competition,
- 7.1.6. Establish an agreed performance target with the BWL Performance Director for this event,
- 7.1.7. Inform the BWL Performance Director immediately should their preparation be interrupted in any way after selection,
- 7.1.8. Submit training and bodyweight information as requested by BWL,
- 7.1.9. Continually develop a social profile which reflects well on themselves and the sport domestically and internationally,

8. GREAT BRITAIN APPEALS

- 8.1. Athletes have the right to appeal their non-selection in accordance with the BWL Appeals Policy. A copy can be obtained by contacting the BWL main office. Appeals may be only made on the grounds that the procedure outlined in this policy has not been adhered to,
- 8.2. The notice of appeal must be accompanied by payment of £250, payable to BWL as a contribution to administrative costs associated with processing any appeal.

9. KEY COMPETITION DATES

- 9.1. For those athletes staying at the official competition hotel, accommodation will be available from the **17th to the 19th February 2020**
 - 9.1.1. Athlete will be told at the time of selection when and for how long they will be accommodated for at the official competition hotel.
 - 9.1.2. While staying at an official competition hotel, breakfast, lunch and dinner will be provided along with transport to and from the hotel and competition venue.
- 9.2. Classification takes place on the **18th and 19th February 2020**,
- 9.3. **The competitions** takes place between the **20th and 23rd February 2020**.