

British Women's U20 Records

Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
45	Snatch	53	Asees Dhanda	27 Nov 2021	British Age Group Championships	Harrogate GBR
	Clean & Jerk	67	Asees Dhanda	27 Nov 2021	British Age Group Championships	Harrogate GBR
	Total	120	Asees Dhanda	27 Nov 2021	British Age Group Championships	Harrogate GBR
49	Snatch	64	Nikole Roberts	01 July 2022	International Grand Prix	Dudelange, LUX
	Clean & Jerk	79	Nikole Roberts	01 July 2022	International Grand Prix	Dudelange, LUX
	Total	143	Nikole Roberts	01 July 2022	International Grand Prix	Dudelange, LUX
55	Snatch	78	Catrin Jones	20 October 2019	European U20 Championships	Bucharest, ROU
	Clean & Jerk	103	Catrin Jones	30 November 2019	Celtic Nations Championships	Bangor, GBR
	Total	181	Catrin Jones	30 November 2019	Celtic Nations Championships	Bangor, GBR
59	Snatch	78	Julieta Chang-Fane	13 April 2019	British University & College Championships	Twickenham, GBR
	Clean & Jerk	96	Julieta Chang-Fane	14 January 2019	BWL Midlands Age Group Open	Lydney, GBR
	Total	174	Julieta Chang-Fane	13 April 2019	British University & College Championships	Twickenham, GBR
64	Snatch	81	Josie Griffiths	12 Nov 2022	British Age Groups	Leeds, GBR
	Clean & Jerk	96	Josie Griffiths	12 Nov 2022	British Age Groups	Leeds, GBR
	Total	177	Josie Griffiths	12 Nov 2022	British Age Groups	Leeds, GBR

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71	Snatch	77	Erin Friel	6 October 2021	IWF Youth World Championships	Saudi Arabia
	Clean & Jerk	93	Erin Friel	6 October 2021	IWF Youth World Championships	Saudi Arabia
	Total	170	Erin Friel	6 October 2021	IWF Youth World Championships	Saudi Arabia
76	Snatch	90	Isabella Brown	2 May 2022	World Junior Championships	Heraklion, GRC
	Clean & Jerk	108	Isabella Brown	2 May 2022	World Junior Championships	Heraklion, GRC
	Total	198	Isabella Brown	2 May 2022	World Junior Championships	Heraklion, GRC
81	Snatch	82	Isabella Brown	30 Jan 2022	British Championships	Derby, GBR
	Clean & Jerk	101	Isabella Brown	30 Jan 2022	British Championships	Derby, GBR
	Total	183	Isabella Brown	30 Jan 2022	British Championships	Derby, GBR
87	Snatch	90	Emily Sweeney	12 Nov 2022	British Age Groups	Leeds, GBR
	Clean & Jerk	110	Emily Sweeney	12 Nov 2022	British Age Groups	Leeds, GBR
	Total	200	Emily Sweeney	12 Nov 2022	British Age Groups	Leeds, GBR
87+	Snatch	72	British Standard	01 October 2018		
	Clean & Jerk	93	British Standard	01 October 2018		
	Total	165	British Standard	01 October 2018		