

British Women's Senior Records

Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
45	Snatch	64	Hannah Powell	02 March 2019	Welsh Senior Championships	Bangor, GBR
	Clean & Jerk	84	Hannah Powell	09 July 2019	Commonwealth Championships	Apia, SAM
	Total	148	Hannah Powell	09 July 2019	Commonwealth Championships	Apia, SAM
49	Snatch	73	Noorin Gulam	30 July 2022	Commonwealth Games	Birmingham, GBR
	Clean & Jerk	89	Noorin Gulam	24 April 2022	Commonwealth Games Trials	Brunel U GBR
	Total	161	Noorin Gulam	30 July 2022	Commonwealth Games	Birmingham, GBR
55	Snatch	89	Fraer Morrow	30 July 2022	Commonwealth Games	Birmingham, GBR
	Clean & Jerk	109	Fraer Morrow	26 June 2021	British Championships	Twickenham, GBR
	Total	198	Fraer Morrow	30 July 2022	Commonwealth Games	Birmingham, GBR
59	Snatch	93	Zoe Smith	21 September 2019	World Senior Championships	Pattaya, THA
	Clean & Jerk	123	Zoe Smith	21 September 2019	World Senior Championships	Pattaya, THA
	Total	216	Zoe Smith	21 September 2019	World Senior Championships	Pattaya, THA
64	Snatch	101	Sarah Davies	08 June 2019	British International Open	Coventry, GBR
	Clean & Jerk	129	Sarah Davies	06 April 2021	European Senior Championships	Moscow, RUS
	Total	230	Sarah Davies	06 April 2021	European Senior Championships	Moscow, RUS

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71	Snatch	103	Sarah Davies	1 August 2022	Commonwealth Games	Birmingham, GBR
	Clean & Jerk	132	Sarah Davies	13 December 2021	IWF World Championships	Uzbekistan
	Total	234	Sarah Davies	13 December 2021	IWF World Championships	Uzbekistan
76	Snatch	102	Sarah Davies	29 Oct 2022	England Championships	Derby, GBR
	Clean & Jerk	127	Emily Muskett	11 July 2019	Commonwealth Championships	Apia, SAM
	Total	226	Sarah Davies	29 Oct 2022	England Championships	Derby, GBR
81	Snatch	97	Katrina Feklistova	22 Oct 2022	Tournoi international Bernard GARCIA	Occitanie, FRA
	Clean & Jerk	121	Katrina Feklistova	22 Oct 2022	Tournoi international Bernard GARCIA	Occitanie, FRA
	Total	218	Katrina Feklistova	22 Oct 2022	Tournoi international Bernard GARCIA	Occitanie, FRA
87	Snatch	99	Mercy Brown	26 October 2019	European U23 Championships	Bucharest, ROU
	Clean & Jerk	125	Mercy Brown	26 October 2019	European U23 Championships	Bucharest, ROU
	Total	224	Mercy Brown	26 October 2019	European U23 Championships	Bucharest, ROU
87+	Snatch	124	Emily Campbell	3 August 2022	Commonwealth Games	Birmingham, GBR
	Clean & Jerk	165	Emily Campbell	15 Dec 2022	World Championships	Bogota, COL
	Total	287	Emily Campbell	15 Dec 2022	World Championships	Bogota, COL