

# British Women's Senior Records

Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
<b>45</b>	Snatch	64	Hannah Powell	02 March 2019	Welsh Senior Championships	Bangor, GBR
	Clean & Jerk	84	Hannah Powell	09 July 2019	Commonwealth Championships	Apia, SAM
	Total	148	Hannah Powell	09 July 2019	Commonwealth Championships	Apia, SAM
<b>49</b>	Snatch	71	Noorin Gulam	24 April 2022	Commonwealth Games Trials	Brunel U GBR
	Clean & Jerk	89	Noorin Gulam	24 April 2022	Commonwealth Games Trials	Brunel U GBR
	Total	160	Noorin Gulam	24 April 2022	Commonwealth Games Trials	Brunel U GBR
<b>55</b>	Snatch	88	Fraer Morrow	9 December 2021	IWF World Championships	Uzbekistan
	Clean & Jerk	109	Fraer Morrow	26 June 2021	British Championships	Twickenham, GBR
	Total	195	Fraer Morrow	26 June 2021	British Championships	Twickenham, GBR
<b>59</b>	Snatch	93	Zoe Smith	21 September 2019	World Senior Championships	Pattaya, THA
	Clean & Jerk	123	Zoe Smith	21 September 2019	World Senior Championships	Pattaya, THA
	Total	216	Zoe Smith	21 September 2019	World Senior Championships	Pattaya, THA
<b>64</b>	Snatch	101	Sarah Davies	08 June 2019	British International Open	Coventry, GBR
	Clean & Jerk	129	Sarah Davies	06 April 2021	European Senior Championships	Moscow, RUS
	Total	230	Sarah Davies	06 April 2021	European Senior Championships	Moscow, RUS

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<b>71</b>	Snatch	102	Sarah Davies	13 December 2021	IWF World Championships	Uzbekistan
	Clean & Jerk	132	Sarah Davies	13 December 2021	IWF World Championships	Uzbekistan
	Total	234	Sarah Davies	13 December 2021	IWF World Championships	Uzbekistan
<b>76</b>	Snatch	98	Emily Muskett	01 August 2021	Olympic Games	Tokyo, JPN
	Clean & Jerk	127	Emily Muskett	11 July 2019	Commonwealth Championships	Apia, SAM
	Total	223	Emily Muskett	28 February 2020	Australian Open	Canberra, AUS
<b>81</b>	Snatch	92	Sarah Wiltshire	02 October 2021	Crystal Palace Autumn	London, GBR
	Clean & Jerk	118	Deborah Alawode	07 November 2021	Wrekin Open Autumn 21	Wrekin, GBR
	Total	204	Deborah Alawode	07 November 2021	Wrekin Open Autumn 21	Wrekin, GBR
<b>87</b>	Snatch	99	Mercy Brown	26 October 2019	European U23 Championships	Bucharest, ROU
	Clean & Jerk	125	Mercy Brown	26 October 2019	European U23 Championships	Bucharest, ROU
	Total	224	Mercy Brown	26 October 2019	European U23 Championships	Bucharest, ROU
<b>87+</b>	Snatch	122	Emily Campbell	11 April 2021	European Senior Championships	Moscow, RUS
	Clean & Jerk	161	Emily Campbell	2 August 2021	Olympic Games	Tokyo, JPN
	Total	283	Emily Campbell	2 August 2021	Olympic Games	Tokyo, JPN