

BRITISH RECORDS

Last updated: October 2026

Senior Men

Type	Age Group	Category	Lift	Record	Athlete	Nation/Team	Date	Location	Event
British	SENIOR	60	Snatch	113	British Standard				
British	SENIOR	60	Clean & Jerk	139	British Standard				
British	SENIOR	60	Total	252	British Standard				
British	SENIOR	65	Snatch	126	British Standard				
British	SENIOR	65	Clean & Jerk	154	British Standard				
British	SENIOR	65	Total	280	British Standard				
British	SENIOR	70	Snatch	132	British Standard				
British	SENIOR	70	Clean & Jerk	168	British Standard				
British	SENIOR	70	Total	295	British Standard				
British	SENIOR	75	Snatch	140	British Standard				
British	SENIOR	75	Clean & Jerk	172	British Standard				
British	SENIOR	75	Total	312	British Standard				
British	SENIOR	85	Snatch	153	British Standard				
British	SENIOR	85	Clean & Jerk	186	British Standard				
British	SENIOR	85	Total	339	British Standard				
British	SENIOR	95	Snatch	160	British Standard				
British	SENIOR	95	Clean & Jerk	197	British Standard				
British	SENIOR	95	Total	355	British Standard				
British	SENIOR	110	Snatch	166	MORA ROMERO, Ramiro	Unattached	13/07/2025	Birmingham	British Senior Championships 2025
British	SENIOR	110	Clean & Jerk	208	TCHATCHET, Cyrille	England	29/07/2026	Glasgow	Commonwealth Games 2026
British	SENIOR	110	Total	374	TCHATCHET, Cyrille	England	29/07/2026	Glasgow	Commonwealth Games 2026
British	SENIOR	>110	Snatch	165	GRIFFITHS, Andrew	England	29/07/2026	Glasgow	Commonwealth Games 2026
British	SENIOR	>110	Clean & Jerk	203	HILTON, Jasper		10/04/2026	Huddersfield	British Age Group Championships 2026
British	SENIOR	>110	Total	365	British Standard				

Senior Women

Type	Age Group	Category	Lift	Record	Athlete	Nation/Team	Date	Location	Event
British	SENIOR	49	Snatch	78	British Standard				
British	SENIOR	49	Clean & Jerk	96	British Standard				
British	SENIOR	49	Total	174	British Standard				
British	SENIOR	53	Snatch	87	British Standard				
British	SENIOR	53	Clean & Jerk	106	British Standard				
British	SENIOR	53	Total	193	British Standard				
British	SENIOR	57	Snatch	95	British Standard				
British	SENIOR	57	Clean & Jerk	117	British Standard				
British	SENIOR	57	Total	212	British Standard				
British	SENIOR	61	Snatch	97	British Standard				
British	SENIOR	61	Clean & Jerk	123	British Standard				
British	SENIOR	61	Total	216	British Standard				
British	SENIOR	69	Snatch	103	DAVIES, Sarah	Atlas Weightlifting	17/05/2026	Telford	British Championships 2026
British	SENIOR	69	Clean & Jerk	127	DAVIES, Sarah		12/07/2025	Birmingham	British Senior Championships 2025
British	SENIOR	69	Total	228	DAVIES, Sarah		12/07/2025	Birmingham	British Senior Championships 2025
British	SENIOR	77	Snatch	104	BROWN, Isabella		27/06/2026	Nottingham	Performance Pathway Trials
British	SENIOR	77	Clean & Jerk	132	BROWN, Isabella	England	26/07/2026	Glasgow	Commonwealth Games 2026
British	SENIOR	77	Total	235	BROWN, Isabella		27/06/2026	Nottingham	Performance Pathway Trials
British	SENIOR	86	Snatch	111	ODO NZESSO NGAKE, Madie	England	25/04/2026	Georgia	European Senior Champs 2026
British	SENIOR	86	Clean & Jerk	135	British Standard				
British	SENIOR	86	Total	245	British Standard				
British	SENIOR	>86	Snatch	125	British Standard				
British	SENIOR	>86	Clean & Jerk	163	British Standard				
British	SENIOR	>86	Total	288	British Standard				

U23 Men

Type	Age Group	Category	Lift	Record	Athlete	Nation/Team	Date	Location	Event
British	U23 M	60	Snatch	109	British Standard				
British	U23 M	60	Clean & Jerk	134	British Standard				
British	U23 M	60	Total	243	British Standard				
British	U23 M	65	Snatch	121	British Standard				
British	U23 M	65	Clean & Jerk	152	Harrison McGrogan		05/11/2025	Durres	European Junior & U23 Championships 2025
British	U23 M	65	Total	269	British Standard				
British	U23 M	70	Snatch	130	British Standard				
British	U23 M	70	Clean & Jerk	168	British Standard				
British	U23 M	70	Total	295	British Standard				
British	U23 M	75	Snatch	136	British Standard				
British	U23 M	75	Clean & Jerk	166	British Standard				
British	U23 M	75	Total	303	British Standard				
British	U23 M	85	Snatch	143	British Standard				
British	U23 M	85	Clean & Jerk	175	British Standard				
British	U23 M	85	Total	318	British Standard				
British	U23 M	95	Snatch	155	British Standard				
British	U23 M	95	Clean & Jerk	182	British Standard				
British	U23 M	95	Total	336	British Standard				
British	U23 M	110	Snatch	155	HUTTON, Joshua	England	07/03/2026	Nottingham	Pathway Trials
British	U23 M	110	Clean & Jerk	185	HUTTON, Joshua	England	27/06/2026	Nottingham	Performance Pathway Trials
British	U23 M	110	Total	335	British Standard				
British	U23 M	>110	Snatch	155	British Standard				
British	U23 M	>110	Clean & Jerk	203	HILTON, Jasper		10/04/2026	Huddersfield	British Age Group Championships 2026
British	U23 M	>110	Total	353	HILTON, Jasper	England	17/05/2026	Telford	British Championships 2026

U23 Women

Type	Age Group	Category	Lift	Record	Athlete	Nation/Team	Date	Location	Event
British	U23 F	49	Snatch	73	British Standard				
British	U23 F	49	Clean & Jerk	87	British Standard				
British	U23 F	49	Total	160	British Standard				
British	U23 F	53	Snatch	81	British Standard				
British	U23 F	53	Clean & Jerk	99	British Standard				
British	U23 F	53	Total	180	British Standard				
British	U23 F	57	Snatch	89	British Standard				
British	U23 F	57	Clean & Jerk	107	British Standard				
British	U23 F	57	Total	196	British Standard				
British	U23 F	61	Snatch	87	British Standard				
British	U23 F	61	Clean & Jerk	104	British Standard				
British	U23 F	61	Total	191	British Standard				
British	U23 F	69	Snatch	97	ROSHER, Madeline	Scotland	17/05/2026	Telford	British Championships 2026
British	U23 F	69	Clean & Jerk	118	ROSHER, Madeline	Scotland	17/05/2026	Telford	British Championships 2026
British	U23 F	69	Total	215	ROSHER, Madeline	Scotland	17/05/2026	Telford	British Championships 2026
British	U23 F	77	Snatch	104	BROWN, Isabella		27/06/2026	Nottingham	Performance Pathway Trials
British	U23 F	77	Clean & Jerk	132	BROWN, Isabella	England	26/07/2026	Glasgow	Commonwealth Games 2026
British	U23 F	77	Total	235	BROWN, Isabella		27/06/2026	Nottingham	Performance Pathway Trials
British	U23 F	86	Snatch	104	ABSLOM, Lottie		05/11/2025		EWF Junior and U23 Championships
British	U23 F	86	Clean & Jerk	123	British Standard				
British	U23 F	86	Total	224	ABSLOM, Lottie	England	05/11/2025		EWF Junior and U23 Championships
British	U23 F	>86	Snatch	106	British Standard				
British	U23 F	>86	Clean & Jerk	130	British Standard				
British	U23 F	>86	Total	236	British Standard				

U20 Men									
Type	Age Group	Category	Lift	Record	Athlete	Nation/Team	Date	Location	Event
British	U20 M	60	Snatch	107	British Standard				
British	U20 M	60	Clean & Jerk	131	British Standard				
British	U20 M	60	Total	238	British Standard				
British	U20 M	65	Snatch	118	Harrison McGrogan		23/07/2025	Madrid	European Youth and U15 Championships
British	U20 M	65	Clean & Jerk	152	Harrison McGrogan		23/07/2025	Durres	European Junior and U23 Championships
British	U20 M	65	Total	267	Harrison McGrogan		23/07/2025	Madrid	European Youth and U15 Championships
British	U20 M	70	Snatch	128	British Standard				
British	U20 M	70	Clean & Jerk	168	British Standard				
British	U20 M	70	Total	295	British Standard				
British	U20 M	75	Snatch	133	Corey Duncan		05/09/2026	Nottingham	Performance Pathway Trials
British	U20 M	75	Clean & Jerk	167	Corey Duncan		05/09/2026	Nottingham	Performance Pathway Trials
British	U20 M	75	Total	300	Corey Duncan		05/09/2026	Nottingham	Performance Pathway Trials
British	U20 M	85	Snatch	139	British Standard				
British	U20 M	85	Clean & Jerk	170	British Standard				
British	U20 M	85	Total	309	British Standard				
British	U20 M	95	Snatch	145	British Standard				
British	U20 M	95	Clean & Jerk	177	British Standard				
British	U20 M	95	Total	321	British Standard				
British	U20 M	110	Snatch	146	British Standard				
British	U20 M	110	Clean & Jerk	179	British Standard				
British	U20 M	110	Total	325	British Standard				
British	U20 M	>110	Snatch	149	British Standard				
British	U20 M	>110	Clean & Jerk	182	British Standard				
British	U20 M	>110	Total	330	British Standard				

U20 Women									
Type	Age Group	Category	Lift	Record	Athlete	Nation/Team	Date	Location	Event
British	U20 F	49	Snatch	70	British Standard				
British	U20 F	49	Clean & Jerk	86	British Standard				
British	U20 F	49	Total	156	British Standard				
British	U20 F	53	Snatch	79	British Standard				
British	U20 F	53	Clean & Jerk	97	British Standard				
British	U20 F	53	Total	176	British Standard				
British	U20 F	57	Snatch	89	British Standard				
British	U20 F	57	Clean & Jerk	109	British Standard				
British	U20 F	57	Total	196	British Standard				
British	U20 F	61	Snatch	86	British Standard				
British	U20 F	61	Clean & Jerk	104	British Standard				
British	U20 F	61	Total	190	British Standard				
British	U20 F	69	Snatch	97	ROSHER, Madeline	Scotland	17/05/2026	Telford	British Championships 2026
British	U20 F	69	Clean & Jerk	118	ROSHER, Madeline	Scotland	17/05/2026	Telford	British Championships 2026
British	U20 F	69	Total	215	ROSHER, Madeline	Scotland	17/05/2026	Telford	British Championships 2026
British	U20 F	77	Snatch	100	ROSHER, Madeline	Scotland	27/06/2026	Nottingham	Performance Pathway Trials
British	U20 F	77	Clean & Jerk	123	ROSHER, Madeline	Scotland	28/06/2026	Nottingham	Performance Pathway Trials
British	U20 F	77	Total	223	ROSHER, Madeline	Scotland	29/06/2026	Nottingham	Performance Pathway Trials
British	U20 F	86	Snatch	104	ABSLOM, Lottie	England	05/11/2025		EWF Junior and U23 Championships
British	U20 F	86	Clean & Jerk	120	ABSLOM, Lottie	England	05/11/2025		EWF Junior and U23 Championships
British	U20 F	86	Total	224	ABSLOM, Lottie	England	05/11/2025		EWF Junior and U23 Championships
British	U20 F	>86	Snatch	100	British Standard				
British	U20 F	>86	Clean & Jerk	123	British Standard				
British	U20 F	>86	Total	223	British Standard				

U17 Men

Type	Age Group	Category	Lift	Record	Athlete	Nation/Team	Date	Location	Event
British	U17 M	55	Snatch	87	British Standard				
British	U17 M	55	Clean & Jerk	108	British Standard				
British	U17 M	55	Total	194	British Standard				
British	U17 M	60	Snatch	100	DUGGAN, Thomas		27/06/2026	Nottingham	Performance Pathway Trials
British	U17 M	60	Clean & Jerk	120	DUGGAN, Thomas		27/06/2026	Nottingham	Performance Pathway Trials
British	U17 M	60	Total	220	DUGGAN, Thomas		27/06/2026	Nottingham	Performance Pathway Trials
British	U17 M	65	Snatch	118	Harrison McGrogan		23/07/2025	Madrid	European Youth and U15 Championships
British	U17 M	65	Clean & Jerk	152	Harrison McGrogan		29/10/2025	Durres	European Youth and U23 Championships
British	U17 M	65	Total	267	Harrison McGrogan		23/07/2025	Madrid	European Youth and U15 Championships
British	U17 M	70	Snatch	114	British Standard				
British	U17 M	70	Clean & Jerk	141	British Standard				
British	U17 M	70	Total	255	British Standard				
British	U17 M	75	Snatch	116	British Standard				
British	U17 M	75	Clean & Jerk	141	British Standard				
British	U17 M	75	Total	257	British Standard				
British	U17 M	85	Snatch	121	British Standard				
British	U17 M	85	Clean & Jerk	149	British Standard				
British	U17 M	85	Total	270	British Standard				
British	U17 M	95	Snatch	130	British Standard				
British	U17 M	95	Clean & Jerk	160	British Standard				
British	U17 M	95	Total	289	British Standard				
British	U17 M	>95	Snatch	135	British Standard				
British	U17 M	>95	Clean & Jerk	165	British Standard				
British	U17 M	>95	Total	300	British Standard				

U17 Women

Type	Age Group	Category	Lift	Record	Athlete	Nation/Team	Date	Location	Event
British	U17 F	45	Snatch	58	British Standard				
British	U17 F	45	Clean & Jerk	69	British Standard				
British	U17 F	45	Total	126	British Standard				
British	U17 F	49	Snatch	64	British Standard				
British	U17 F	49	Clean & Jerk	80	British Standard				
British	U17 F	49	Total	144	British Standard				
British	U17 F	53	Snatch	76	British Standard				
British	U17 F	53	Clean & Jerk	93	British Standard				
British	U17 F	53	Total	169	British Standard				
British	U17 F	57	Snatch	80	British Standard				
British	U17 F	57	Clean & Jerk	105	British Standard				
British	U17 F	57	Total	184	British Standard				
British	U17 F	61	Snatch	81	British Standard				
British	U17 F	61	Clean & Jerk	99	British Standard				
British	U17 F	61	Total	174	British Standard				
British	U17 F	69	Snatch	86	British Standard				
British	U17 F	69	Clean & Jerk	105	British Standard				
British	U17 F	69	Total	191	British Standard				
British	U17 F	77	Snatch	87	British Standard				
British	U17 F	77	Clean & Jerk	107	British Standard				
British	U17 F	77	Total	194	British Standard				
British	U17 F	>77	Snatch	89	British Standard				
British	U17 F	>77	Clean & Jerk	108	British Standard				
British	U17 F	>77	Total	197	British Standard				

U15 Men

Type	Age Group	Category	Lift	Record	Athlete	Nation/Team	Date	Location	Event
British	U15 M	51	Snatch	69	British Standard				
British	U15 M	51	Clean & Jerk	83	British Standard				
British	U15 M	51	Total	152	British Standard				
British	U15 M	55	Snatch	76	British Standard				
British	U15 M	55	Clean & Jerk	94	British Standard				
British	U15 M	55	Total	170	British Standard				
British	U15 M	60	Snatch	84	British Standard				
British	U15 M	60	Clean & Jerk	103	British Standard				
British	U15 M	60	Total	187	British Standard				
British	U15 M	65	Snatch	90	British Standard				
British	U15 M	65	Clean & Jerk	115	CASTRO, Noah	Maidstone Weight	04/10/2026	Huddersfield	British Age Group Championships 2026
British	U15 M	65	Total	200	British Standard				
British	U15 M	70	Snatch	95	British Standard				
British	U15 M	70	Clean & Jerk	116	British Standard				
British	U15 M	70	Total	211	British Standard				
British	U15 M	75	Snatch	99	British Standard				
British	U15 M	75	Clean & Jerk	121	British Standard				
British	U15 M	75	Total	219	British Standard				
British	U15 M	85	Snatch	102	British Standard				
British	U15 M	85	Clean & Jerk	126	British Standard				
British	U15 M	85	Total	229	British Standard				
British	U15 M	>85	Snatch	107	British Standard				
British	U15 M	>85	Clean & Jerk	130	ESEN, Jack	Llanelli Weightlifter	04/10/2026	Huddersfield	British Age Group Championships 2026
British	U15 M	>85	Total	237	British Standard				

U15 Women

Type	Age Group	Category	Lift	Record	Athlete	Nation/Team	Date	Location	Event
British	U15 F	41	Snatch	47	British Standard				
British	U15 F	41	Clean & Jerk	57	British Standard				
British	U15 F	41	Total	104	British Standard				
British	U15 F	45	Snatch	55	British Standard				
British	U15 F	45	Clean & Jerk	66	British Standard				
British	U15 F	45	Total	121	British Standard				
British	U15 F	49	Snatch	58	British Standard				
British	U15 F	49	Clean & Jerk	70	British Standard				
British	U15 F	49	Total	128	British Standard				
British	U15 F	53	Snatch	62	Walker-Jones, Daisey		21/02/2026		England Age Group Championships 2026
British	U15 F	53	Clean & Jerk	78	NEWELL, Darcey		29/11/2025		NI Senior Championships
British	U15 F	53	Total	137	British Standard				
British	U15 F	57	Snatch	64	British Standard				
British	U15 F	57	Clean & Jerk	80	British Standard				
British	U15 F	57	Total	144	British Standard				
British	U15 F	61	Snatch	67	British Standard				
British	U15 F	61	Clean & Jerk	82	British Standard				
British	U15 F	61	Total	149	British Standard				
British	U15 F	69	Snatch	72	HENREY, Ella		30/07/2025		EWf U15 and Youth Championships
British	U15 F	69	Clean & Jerk	90	HENREY, Ella	Unattached	30/07/2025		EWf U15 and Youth Championships
British	U15 F	69	Total	162	HENREY, Ella	Unattached	30/07/2025		EWf U15 and Youth Championships
British	U15 F	>69	Snatch	80	HEWITT, Esther		06/06/2026		Barton Summer Age Groups
British	U15 F	>69	Clean & Jerk	91	British Standard				
British	U15 F	>69	Total	169	HEWITT, Esther		06/06/2026		Barton Summer Age Groups