

British Records 2023 Update

RECORDS

Congratulations to all lifters who competed and broke records in October 23.

NAME	AGE GROUP	SNATCH	CLEAN & JERK	TOTAL	COMPETITION	DATE
ELLA BEARD	U20/81	-	102	-	Palace Summer Open	10/06/23
OLIVER JACKSON	U17/102	-	140	-	WIT London Autumn Open 23	15/10/23

Ed Halstead

BWL Competition Manager.