

# British Men's Senior Records

Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
<b>55</b>	Snatch	93	Benjamin Hickling	30 July 2022	Commonwealth Games	Birmingham, GBR
	Clean & Jerk	119	Benjamin Hickling	30 July 2022	Commonwealth Games	Birmingham, GBR
	Total	222	Benjamin Hickling	30 July 2022	Commonwealth Games	Birmingham, GBR
<b>61</b>	Snatch	105	British Standard	01 October 2018		
	Clean & Jerk	131	Jaswant Shergill	19 January 2019	England Senior Championships	Milton Keynes, GBR
	Total	235	British Standard	01 October 2018		
<b>67</b>	Snatch	125	Gareth Evans	08 April 2019	European Senior Championships	Batumi, GEO
	Clean & Jerk	161	Gareth Evans	11 July 2019	Commonwealth Championships	Apia, SAM
	Total	286	Gareth Evans	11 July 2019	Commonwealth Championships	Apia, SAM
<b>73</b>	Snatch	136	Jack Oliver	29 January 2022	British Championships	Derby Arena
	Clean & Jerk	163	Gareth Evans	11 December 2021	Welsh Championships	Bangor, Wales
	Total	297	Gareth Evans	11 December 2021	Welsh Championships	Bangor, Wales
<b>81</b>	Snatch	146	Jack Oliver	10 April 2018	European Senior Championships	Batumi, GEO
	Clean & Jerk	181	Chris Murray	2 August 2022	Commonwealth Games	Birmingham, GBR
	Total	325	Chris Murray	2 August 2022	Commonwealth Games	Birmingham, GBR

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<b>89</b>	Snatch	155	Ramiro Mora Romero	29 Oct 2022	England Championships	Derby, GBR
	Clean & Jerk	191	Ramiro Mora Romero	29 Oct 2022	England Championships	Derby, GBR
	Total	346	Ramiro Mora Romero	29 Oct 2022	England Championships	Derby, GBR
<b>96</b>	Snatch	159	Cyrille Tchatchet	16 Dec 2022	World Championships	Bogota, COL
	Clean & Jerk	197	Cyrille Tchatchet	16 Dec 2022	World Championships	Bogota, COL
	Total	356	Cyrille Tchatchet	16 Dec 2022	World Championships	Bogota, COL
<b>102</b>	Snatch	161	Cyrille Tchatchet	08 June 2019	British Senior Championships	Coventry, GBR
	Clean & Jerk	200	Cyrille Tchatchet	14 April 2019	British University & College Championships	Twickenham, GBR
	Total	360	Cyrille Tchatchet	14 April 2019	British University & College Championships	Twickenham, GBR
<b>109</b>	Snatch	160	Owen Boxall	03 November 2019	England Grand Prix	Milton Keynes, GBR
	Clean & Jerk	202	Owen Boxall	03 November 2019	England Grand Prix	Milton Keynes, GBR
	Total	362	Owen Boxall	03 November 2019	England Grand Prix	Milton Keynes, GBR
<b>109+</b>	Snatch	167	Gordon Shaw	3 August 2022	Commonwealth Games	Birmingham, GBR
	Clean & Jerk	201	Gordon Shaw	16 Dec 2022	World Championships	Bogota, COL
	Total	364	Gordon Shaw	16 Dec 2022	World Championships	Bogota, COL