

British Men's U23 Records

Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
55	Snatch	93	Benjamin Hickling	30 July 2022	Commonwealth Games	Birmingham, GBR
	Clean & Jerk	119	Benjamin Hickling	30 July 2022	Commonwealth Games	Birmingham, GBR
	Total	222	Benjamin Hickling	30 July 2022	Commonwealth Games	Birmingham, GBR
61	Snatch	100	Benjamin Hickling	5 August 2023	British Championships	Manchester, GBR
	Clean & Jerk	125	Benjamin Hickling	26 February 2023	England Age Group Championships	Brunel, GBR
	Total	223	Benjamin Hickling	5 August 2023	British Championships	Manchester, GBR
67	Snatch	118	Michael Farmer	13 April 2019	British University & College Championships	Twickenham, GBR
	Clean & Jerk	146	Michael Farmer	11 July 2019	Commonwealth Championships	Apia, SAM
	Total	261	Michael Farmer	11 July 2019	Commonwealth Championships	Apia, SAM
73	Snatch	134	Michael Farmer	11 December 2021	Welsh Championships 2021	Bangor, GBR
	Clean & Jerk	163	Michael Farmer	11 December 2021	Welsh Championships 2021	Bangor GBR
	Total	297	Michael Farmer	11 December 2021	Welsh Championships 2021	Bangor GBR
81	Snatch	143	Chris Murray	26 June 2021	British Championships	Twickenham, GBR
	Clean & Jerk	175	Chris Murray	24 April 2022	Commonwealth Games Trials	Brunel U GBR
	Total	315	Chris Murray	24 April 2022	Commonwealth Games Trials	Brunel U GBR

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89	Snatch	142	Stefano Cataldi	29 Oct 2022	England Championships	Derby, GBR
	Clean & Jerk	180	Stefano Cataldi	29 Oct 2022	England Championships	Derby, GBR
	Total	322	Stefano Cataldi	29 Oct 2022	England Championships	Derby, GBR
96	Snatch	146	Myren Madden	1 August 2023	European Junior Championships	Bucharest, ROM
	Clean & Jerk	180	Myren Madden	26 February 2023	England Age Group Championships	Brunel, GBR
	Total	325	Myren Madden	26 February 2023	England Age Group Championships	Brunel, GBR
102	Snatch	143	Omar Keshta	03 October 2021	European U23 Championships	Rovaniemi, FIN
	Clean & Jerk	186	Omar Keshta	03 October 2021	European U23 Championships	Rovaniemi, FIN
	Total	329	Omar Keshta	03 October 2021	European U23 Championships	Rovaniemi, FIN
109	Snatch	147	Jordan Sakkas	26 June 2021	British Championships	Twickenham, GBR
	Clean & Jerk	189	Jordan Sakkas	30 January 2022	British Championships	Derby Arena GBR
	Total	334	Jordan Sakkas	30 January 2022	British Championships	Derby Arena GBR
109+	Snatch	151	Mackenzie Middleton	27 October 2019	European U23 Championships	Bucharest, ROU
	Clean & Jerk	186	Mackenzie Middleton	27 October 2019	European U23 Championships	Bucharest, ROU
	Total	337	Mackenzie Middleton	27 October 2019	European U23 Championships	Bucharest, ROU