

British Para Powerlifting Championships 2019

Women's 41kg Category

Name	Club
No entries	

Women's 45kg Category

Name	Club
No entries	

Women's 50kg Category

Name	Club	Total
Francesca Antoniazzi	Unaffiliated	53
Olivia Broome	Loughborough University Powerlifting and Weightlifting Club	94

Women's 55kg Category

Name	Club	Total
Sita Patel	Unaffiliated	55

Women's 61kg Category

Name	Club	Total
Rebecca Bedford	Unaffiliated	65
Kim Dean	Unaffiliated	74
Rachel Leck	Jersey Weightlifting	60
Nicola Dore	Ireland	

Women's 67kg Category

Name	Club	Total
Vida Antwi	Ghana	

Women's 73kg Category

Name	Club

The Birds Eye British Championships



No entries

Women's 79kg Category

Name	Club	Total
Lauren Sanders	Unaffiliated	50

Women's 86kg Category

Name	Club	Total
Louise Sugden	Unaffiliated	115

Women's +86kg Category

Name	Club	Total
Caroline Buckle	Hallam Barbell	53

Men's 49kg Category

Name	Club	Total
Adam Alderman	Unaffiliated	149

Men's 54kg Category

Name	Club
No entries	

Men's 59kg Category

Name	Club	Total
Sean Clare	Unaffiliated	
Francis Cowen	Unaffiliated	113
Paul Hinton	Unaffiliated	

Men's 65kg Category

Name	Club	Total
Ollie Brown	Unaffiliated	170
Gary Quantrill	GoLift WLC	85
Mark Swan	Unaffiliated	153

Men's 72kg Category

Name	Club	Total
Safron Gordon	Stockport Spartans Weight Lifting Club	
Emmanuel Oku	Ghana	

Men's 80kg Category

Name	Club	Total
Harrison Dzanku	Ghana	

Men's 88kg Category

Name	Club	Total
Frank Yaw Fudzi	Ghana	
Richard Okra	Ghana	

Men's 97kg Category

Name	Club	Total
Thomas Aggar	Unaffiliated	
Sean Gaffney	Unaffiliated	170

Men's 107kg Category

Name	Club	Total
Stuart Gardner	Unaffiliated	150
Jon-Paul Patterson	Unaffiliated	120

Men's +107kg Category

Name	Club	Total
Liam McGarry	Unaffiliated	165
Tahiru Haruna	Ghana	