



British Open 2022 Schedule

Saturday 10 September

Loughborough University

Red Platform		Blue Platform	
Weigh in: 07:00 Start: 09:00 Finish: 11.10	Seniors - M55/M61/M67 12 Lifters	Weigh in: 07:00 Start: 09:00 Finish: 10:00	Masters - M60/55/50 6 Lifters
Weigh in: 09.20 Start: 11.20 Finish: 12.40	Seniors - W45/W49/W55 9 Lifters	Weigh in: 08.10 Start: 10.10 Finish: 11.30	Masters - W60/55/50/45 9 Lifters
Weigh in: 10.50 Start: 12.50 Finish: 14.30	Seniors - M73 11 Lifters	Weigh in: 09.40 Start: 11.40 Finish: 12.50	Masters - M45/40/35 (67-81) 8 Lifters
Weigh in: 12.40 Start: 14.40 Finish: 16.20	Seniors - W59 11 Lifters	Weigh in: 11.00 Start: 13.00 Finish: 15.20	Masters - W40/35 (64) 8 Lifters
Weigh in: 14.30 Start: 16.30 Finish: 17.50	Seniors - M81B 9 Lifters	Weigh in: 13.30 Start: 15.30 Finish: 17.00	Masters - M35 (89-102) 10 Lifters
Weigh in: 16.00 Start: 18.00 Finish: 19.50	Seniors - W64 11 Lifters	Weigh in: 15.10 Start: 17.10 Finish: 18.40	Masters - W35 (71-87+) 10 Lifters
		Weigh in: 16.50 Start: 18.50 Finish: 20.10	Seniors - M81A 8 Lifters

All start and finish times are subject to change on the day of the competition



British Open 2022 Schedule Sunday 11 September Loughborough University

Red Platform		Blue Platform	
Weigh in: 07.00 Start: 09.00 Finish: 10.00	Seniors - W71B 6 Lifters	Weigh in: 07.00 Start: 09.00 Finish: 10.20	Seniors - M89B 9 Lifters
Weigh in: 08.10 Start: 10.10 Finish: 11.30	Seniors - W71A 6 Lifters	Weigh in: 08.30 Start: 10.30 Finish: 11.40	Seniors - M89A 8 Lifters
Weigh in: 09.20 Start: 11.20 Finish: 13.00	Seniors - W76 11 Lifters	Weigh in: 09.50 Start: 11.50 Finish: 13.10	Seniors - M96 9 Lifters
Weigh in: 11.10 Start: 13.10 Finish: 14.20	Seniors - W81 7 Lifters	Weigh in: 11.20 Start: 13.20 Finish: 14.30	Seniors - M102-109+ 8 Lifters
Weigh in: 12.30 Start: 14.30 Finish: 15.50	Seniors - W87/87+ 8 Lifters		

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