



British Open Senior Championships Schedule Sunday 22 October 2023 Red Platform

Weigh in: 07:30 Start: 09:30 Finish: 11:40	M55, 61, 67, 73kg ALL LIFTER	13 Lifters
Weigh in: 09:50 Start: 11:50 Finish: 13:50	M81kg ALL LIFTERS	12 Lifters
Weigh in: 12:00 Start: 14:00 Finish: 15:20	M89kg ALL LIFTERS	8 Lifters
Weigh in: 13:30 Start: 15:30 Finish: 17:00	M96, 102kg ALL LIFTERS	9 Lifters
Weigh in: 15:10 Start: 17:10 Finish: 18:30	M109, 109+kg ALL LIFTERS	8 Lifters

All start and finish times are subject to change on the day of the competition subject to the running speed.



British Open Senior Championships Schedule Sunday 22 October 2023 Blue Platform

Weigh in: 07:30 Start: 09:30 Finish: 11:20	W49, 55, 59kg ALL LIFTERS	11 Lifters
Weigh in: 09:30 Start: 11:30 Finish: 13:10	W64kg ALL LIFTERS	10 Lifters
Weigh in: 11:20 Start: 13:20 Finish: 15:20	W71kg ALL LIFTERS	12 Lifters
Weigh in: 13:30 Start: 15:30 Finish: 16:40	W76, 81kg ALL LIFTERS	7 Lifters
Weigh in: 14:50 Start: 16:50 Finish: 18:10	W87, 87+kg ALL LIFTERS	8 Lifter

All start and finish times are subject to change on the day of the competition subject to the running speed.