

# British Men's Senior Records

Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
<b>55</b>	Snatch	81	British Standard	01 October 2018		
	Clean & Jerk	101	British Standard	01 October 2018		
	Total	182	British Standard	01 October 2018		
<b>61</b>	Snatch	105	British Standard	01 October 2018		
	Clean & Jerk	131	Jaswant Shergill	19 January 2019	England Senior Championships	Milton Keynes, GBR
	Total	235	British Standard	01 October 2018		
<b>67</b>	Snatch	125	Gareth Evans	08 April 2019	European Senior Championships	Batumi, GEO
	Clean & Jerk	161	Gareth Evans	11 July 2019	Commonwealth Championships	Apia, SAM
	Total	286	Gareth Evans	11 July 2019	Commonwealth Championships	Apia, SAM
<b>73</b>	Snatch	131	Gareth Evans	07 June 2019	British International Open	Coventry, GBR
	Clean & Jerk	156	Gareth Evans	02 March 2019	Welsh Senior Championships	Bangor, GBR
	Total	286	Gareth Evans	07 June 2019	British International Open	Coventry, GBR
<b>81</b>	Snatch	146	Jack Oliver	10 April 2018	European Senior Championships	Batumi, GEO
	Clean & Jerk	176	Jack Oliver	04 November 2018	World Senior Championships	Ashgabat, Turkmenistan
	Total	322	Jack Oliver	10 April 2018	European Senior Championships	Batumi, GEO

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<b>89</b>	Snatch	140	Jack Dobson	19 January 2019	England Senior Championships	Milton Keynes, GBR
	Clean & Jerk	170	Guy Tchuissi	28 April 2019	BWL Midlands Series Open 1	Derbyshire, GBR
	Total	305	Jack Dobson	19 January 2019	England Senior Championships	Milton Keynes, GBR
<b>96</b>	Snatch	152	Edmon Avetisyan	11 April 2019	European Senior Championships	Batumi, GEO
	Clean & Jerk	190	Cyrille Tchatchet	20 January 2019	England Senior Championships	Milton Keynes, GBR
	Total	342	Edmon Avetisyan	11 April 2019	European Senior Championships	Batumi, GEO
<b>102</b>	Snatch	161	Cyrille Tchatchet	08 June 2019	British Senior Championships	Coventry, GBR
	Clean & Jerk	200	Cyrille Tchatchet	14 April 2019	British University & College Championships	Twickenham, GBR
	Total	360	Cyrille Tchatchet	14 April 2019	British University & College Championships	Twickenham, GBR
<b>109</b>	Snatch	155	Owen Boxall	12 April 2019	European Senior Championships	Batumi, GEO
	Clean & Jerk	200	Owen Boxall	09 June 2019	British International Open	Coventry, GBR
	Total	350	Owen Boxall	09 June 2019	British International Open	Coventry, GBR
<b>109+</b>	Snatch	145	Mackenzie Middleton	09 June 2019	British Senior Championships	Coventry, GBR
	Clean & Jerk	174	Mackenzie Middleton	09 June 2019	British Senior Championships	
	Total	319	Mackenzie Middleton	09 June 2019	British Senior Championships	