



British Masters Open 2018

Saturday 7 July

Weigh in: 0900 Start: 1100 Finish: 1220	Group 1 – Men’s 45-49, 50-54, 55-59, 60-64, Age Groups – all bodyweight categories 9 Lifters
Weigh in: 1030 Start: 1230 Finish: 1345	Group 2 – Women’s 40-44, 45-49, 50-54, 55-59 Age Groups – all bodyweight categories 8 Lifters
Weigh in: 1155 Start: 1355 Finish: 1500	Group 3 – Men’s 40-44 Age Group – all bodyweight categories 7 Lifters
Weigh in: 1310 Start: 1510 Finish: 1625	Group 4 – Women’s 35-39 Age Group – all bodyweight categories 8 Lifters
Weigh in: 1435 Start: 1635 Finish: 1755	Group 5 – Men’s 35-39 Age Group – all bodyweight categories 9 Lifters

1st Floor Office Suite, St Ann’s Mill,
Kirkstall Road, Leeds, West
Yorkshire, LS5 3AE

t. 0113 224 9402
e. enquiries@britishweightlifting.org