



British Masters Championships Schedule Saturday 29 January 2022

Weigh in: 07:00 Start: 09:00 Finish: 10:30	WOMEN W55,60,65,70	10 Lifters
Weigh in: 08:40 Start: 10:40 Finish: 12:20	MEN M55,65,70,75,80	11 Lifters
Weigh in: 10:30 Start: 12:30 Finish: 13:45	WOMEN W50	8 Lifters
Weigh in: 11:55 Start: 13:55 Finish: 15:15	MEN M60	9 Lifters
Weigh in: 13:25 Start: 15:25 Finish: 17:05	WOMEN W45	11 Lifters
Weigh in: 15:15 Start: 17:15 Finish: 18:20	MEN M50	7 Lifters
Weigh in: 15:15 Start: 18:30 Finish: 19:45	WOMEN W40 (55-64)	8 Lifters
Weigh in: 17:35 Start: 19:55 Finish: 21:20	MEN M45	10 Lifters

All start and finish times are subject to change on the day of the competition subject to the running speed.



British Masters Championships Schedule Sunday 30 January 2022

Weigh in: 08:30 Start: 10:30 Finish: 11:45	MEN M40	8 Lifters
Weigh in: 09:55 Start: 11:55 Finish: 13:05	WOMEN W40 (71-87 kg)	8 Lifters
Weigh in: 11:15 Start: 13:15 Finish: 14:45	MEN M35 (61-81 kg)	10 Lifters
Weigh in: 12:55 Start: 14:55 Finish: 16:25	WOMEN W35 (55-64 kg)	10 Lifters
Weigh in: 14:35 Start: 16:35 Finish: 17:55	MEN M35 (89-109+ kg)	8 Lifters
Weigh in: 16:05 Start: 18:05 Finish: 19:35	WOMEN W35 (71-87+ kg)	10 Lifters

All start and finish times are subject to change on the day of the competition subject to the running speed.