

**British Masters Championship 2023 - Start list - Red Platform**  
**21 October 2023 at: Glasgow**

Group	First Name	Last Name	Club	BW cat kg	Age	Entry Total (kg)
<b>W65, W60, W55, W50 ALL</b>						
Group 1 Saturday  Weigh in: 08:00 Start: 10:00	Claire	Cameron		W65	76	74
	Eileen	Ross		W60	59	77
	Elizabeth	Parkes		W55	55	89
	Laura	Hunter		W55	59	90
	Dawn	Williams		W50	55	89
	Samantha	Lambert	Kilmarnock Amateur Weightlifting Club	W50	59	90
	Yvonne	Spence	Broxburn Strength and Fitness	W50	59	106
	Justine	Howlett		W50	71	132
	Joanne	Reay	Psych Weightlifting Club	W50	71	104
	Jill	Muirden		W50	81	107
Pauline	Mackintosh	WGA Barbell Club	W50	87	99	
<b>W 45 ALL</b>						
Group 2 Saturday  Weigh in: 10:00 Start: 12:00	Helen	Qualters	Coleg Sir Gar Llanelli Weightlifting Acad	W45	55	131
	Lindsay	McMahon	Kilmarnock Amateur Weightlifting Club	W45	59	110
	Clair	Conabear	Staffs Lifting Club	W45	71	122
	Alexandra	von Haselberg-Palyvou	Guildford Weightlifting	W45	76	127
	Nicole	Bernard		W45	76	112
	Lisa	Gaffney	Team Cavanagh	W45	76	133
	Kathryn	White	JollySailor Barbell	W45	87	115
<b>W 40 55kg, 59kg, 71kg, 76kg</b>						
Group 3 Saturday  Weigh in: 11:20 Start: 13:20	Rebecca	Hayhurst	Mytholmroyd WLC	W40	55	124
	May	Mohd	Liverpool Weightlifting Club	W40	59	94
	Kathryn	Smith		W40	59	144
	Jemma	Livingstone		W40	59	110
	Megan	Taylor	Highland Weightlifting Club	W40	71	151
	Michelle	Spencer	Derby Weightlifting Club	W40	71	102
	Emma	Wilkins	CrossFit Glasgow Spartans WLC	W40	76	152
	Christine	Smithson	Team Cavanagh	W40	76	151
<b>W 40 81kg, 87kg, 87+kg</b>						
Group 4 Saturday  Weigh in: 12:50 Start: 14:50	Sarah-Anne	Duncan	Broxburn Strength and Fitness	W40	81	140
	Janine	Slaven		W40	81	150
	Swati	Tiwary		W40	87	120
	Sam	Drammeh	Psych Weightlifting Club	W40	87+	150
	Louise	Hill	Pride Performance	W40	87+	121
	Helen	Robertson	Broxburn Strength and Fitness	W40	87+	138
	Calli	Rouse	SA1 Olympic Weight Lifting Academy	W40	87+	125
<b>W 35 49kg, 55kg, 59kg, 64kg, 71kg</b>						
Group 5 Saturday  Weigh in: 14:10 Start: 16:10	Aileen	Cochrane		W35	49	94
	Shona	Oldham		W35	55	138
	Serah	Lal		W35	59	128
	Annisa	Blairs	Staffs Lifting Club	W35	59	141
	Hayley	Mellor		W35	59	101
	Olga	Semenko	Wirral Weightlifting Club	W35	59	147
	Nicola	Grant	Highland Weightlifting Club	W35	64	125
	Julie	Wilson	Team Cavanagh	W35	64	148
	Colleen	McCaskell	Edinburgh University Olympic Weightlif	W35	64	122
	Fatima	Sheikh-Ali	Brunel University Weightlifting	W35	71	120
Tracy	Rosser	SA1 Olympic Weight Lifting Academy	W35	71	155	
<b>W 35 76kg, 81kg, 87kg, 87+kg</b>						
Group 6 Saturday  Weigh in: 16:10 Start: 18:10	Rebecca	Scott	Guildford wlc	W35	76	113
	Sandra	Daildye		W35	76	132
	Ashley	McGlinchey		W35	76	116
	Charlotte	Miles		W35	81	166
	Megan	Driver		W35	81	115
	Sherene	De Stadler	London Weightlifting Academy	W35	87	144
	Holly	Baker	Brunel University Weightlifting	W35	87	145
	Jodie	Coogan	Liverpool Weightlifting Club	W35	87+	127
	Krystal	Campbell	Ronin Barbell Club	W35	87+	181

**British Masters Championship 2023 - Start list - Blue Platform**  
**21 October 2023**  
**at: Glasgow**

Group	First Name	Last Name	Club	BW cat kg	Age	Entry Total (kg)
<b>M80, M70, M65, M60 ALL</b>						
Group 1 Saturday  Weigh in: 07:30 Start: 09:30	William	Despard		M80	73	63
	Mahimasingh	Bolla		M70	81	105
	Michael	Pogonowski	Psych Weightlifting Club	M70	81	85
	James	Simpson	London Weightlifting Academy	M65	73	132
	Carlo	Corbin	Team Manchester	M60	67	123
	Colin	Hannah	Forth Valley Weightlifting Club	M60	73	145
	Alex	Richardson Snr	Gladiator weightlifting club	M60	81	150
	Malcolm	Nuttall	North Tyneside Barbells	M60	81	133
	Peter	Flynn	London Strength	M60	81	132
	Eric	ODonnell		M60	96	142
<b>M 55 ALL</b>						
Group 2 Saturday  Weigh in: 09:20 Start: 11:20	Douglas	Crawford		M55	67	129
	Neil	Taylor		M55	81	136
	Radoslaw	Kubka	Brunel University Weightlifting	M55	81	145
	Graeme	Nichol	Team Cavanagh	M55	81	148
	Steve	Walsh	Highland Weightlifting Club	M55	89	180
	John	McEwan	Glasgow City Barbell	M55	89	180
	Jim	Kennedy	Highland Weightlifting Club	M55	102	171
	Kamran	Majid	unattached	M55	109	185
<b>M 50 ALL</b>						
Group 3 Saturday  Weigh in: 10:50 Start: 12:50	Colin	Selfridge	CrossFit Glasgow Spartans WLC	M50	61	148
	Damian	Mulcock		M50	81	156
	Briah	Andrews		M50	89	200
	Lance	Smith	Atlas Weightlifting Centre	M50	89	157
	James	Whittaker	Adlington Barbell Club	M50	89	168
	Colin	Campbell		M50	96	180
	David	English		M50	109+	186
<b>M 45 ALL</b>						
Group 4 Saturday  Weigh in: 12:10 Start: 14:10	Grant	Langdon		M45	73	170
	Lee	Butler		M45	81	175
	Tommy	Yule		M45	89	220
	Muhammad	Khan	London Strength	M45	89	204
	Karl	Simpson	London Strength	M45	96	210
	Paul	McCabe-North	Reading Weightlifting Club	M45	102	197
	Mark	Robinson	Atlas Weightlifting Centre	M45	102	201
	Mike	Spencer	Derby Weightlifting Club	M45	102	167
	Richard	Maslin	Hampshire Barbell Club	M45	102	192
	Iheke	Ndukwe	London Weightlifting Academy	M45	109	205
<b>M 40 All + M35 73kg</b>						
Group 5 Saturday  Weigh in: 14:00 Start: 16:00	Paul	Chalmers	Glasgow City Barbell	M40	89	198
	Mark	Butcher	Stockport Spartans Weight Lifting Club	M40	89	187
	Brett	Doughty		M40	89	200
	Chris	Johnston	Broxburn Strength and Fitness	M40	89	203
	Lee	Coonan	RAF WL	M35	73	190
	Mark	Mawson	Pride Performance	M35	73	200
<b>M 35 81kg</b>						
Group 6 Saturday  Weigh in: 15:20 Start: 17:20	Max	Southworth		M35	81	210
	Daniel	Cumberworth		M35	81	215
	Christian	Glinister	Wirral Weightlifting Club	M35	81	196
	Karl	Clark	Liverpool Weightlifting Club	M35	81	201
	John	Keenan	Iron Will Training LTD	M35	81	230
	Darren	Marr	MARRvelous Lifting Club	M35	81	197
	James	Hargrave	Brunel University Weightlifting	M35	81	255
<b>M 35 89kg, 96kg, 102kg, 109kg</b>						
Group 7 Saturday  Weigh in: 16:40 Start: 18:40	Luis	Ware	JollySailor Barbell	M35	89	221
	Dimitris	Panagiotakopoulos	Team Cavanagh	M35	89	221
	Max	Buchanan	Glasgow City Barbell	M35	89	245
	Luke	Stevenson		M35	89	218
	Christopher	Chu		M35	96	226
	Scott	Sharp		M35	102	222
	Michael	Colley	Psych Weightlifting Club	M35	109	237
	Henry	Woodason	Guildford Weightlifting	M35	109	246
	Michael	Markunas	Mem's Weightlifting	M35	109	227