

**British Masters Championship 2023 - Start list - Red Platform**  
**21 October 2023**  
**at: Glasgow**

Group	First Name	Last Name	Club	BW cat kg	Age Group	Entry Total (kg)
<b>W65, W60, W55, W50 ALL</b>						
Group 1 Saturday	Claire	Cameron		W65		74
	Eileen	Ross		W60		77
	Elizabeth	Parke		W55		89
	Laura	Hunter		W55		90
	Dawn	Williams		W50		89
	Samantha	Lambert	Kilmarnock Amateur Weightlifting Club	W50		90
	Yvonne	Spence	Broxburn Strength and Fitness	W50		106
	Justine	Howlett		W50		132
	Joanne	Reay	Psych Weightlifting Club	W50		104
	Jill	Muirden		W50		107
Pauline	Mackintosh	WGA Barbell Club	W50		99	
<b>W 45 ALL</b>						
Group 2 Saturday	Helen	Qualters	Coleg Sir Gar Llanelli Weightlifting Academy	W45		131
	Lindsay	McMahon	Kilmarnock Amateur Weightlifting Club	W45		110
	Clair	Conabeare	Staffs Lifting Club	W45		122
	Alexandra	von Haselberg-Palyvou	Guildford Weightlifting	W45		127
	Nicole	Bernard		W45		112
	Lisa	Gaffney	Team Cavanagh	W45		133
	Kathryn	White	JollySailor Barbell	W45		115
<b>W 40 55kg, 59kg, 71kg, 76kg</b>						
Group 3 Saturday	Rebecca	Hayhurst	Mytholmroyd WLC	W40		124
	May	Mohd	Liverpool Weightlifting Club	W40		94
	Kathryn	Smith		W40		144
	Jemma	Livingstone		W40		110
	Megan	Taylor	Highland Weightlifting Club	W40		151
	Michelle	Spencer	Derby Weightlifting Club	W40		102
	Emma	Wilkins	CrossFit Glasgow Spartans WLC	W40		152
	Christine	Smithson	Team Cavanagh	W40		151
<b>W 40 81kg, 87kg, 87+kg</b>						
Group 4 Saturday	Sarah-Anne	Duncan	Broxburn Strength and Fitness	W40		140
	Janine	Slaven		W40		150
	Swati	Iwary		W40		120
	Sam	Drammeh	Psych Weightlifting Club	W40		150
	Louise	Hill	Pride Performance	W40		121
	Helen	Robertson	Broxburn Strength and Fitness	W40		138
	Calli	Rouse	SA1 Olympic Weight Lifting Academy	W40		125
<b>W 35 49kg, 55kg, 59kg, 64kg, 71kg</b>						
Group 5 Saturday	Aileen	Cochrane		W35		94
	Shona	Oldham		W35		138
	Serah	Lal		W35		128
	Annisia	Blairs	Staffs Lifting Club	W35		141
	Hayley	Mellor		W35		101
	Olga	Semenko	Wirral Weightlifting Club	W35		147
	Nicola	Grant	Highland Weightlifting Club	W35		125
	Julie	Wilson	Team Cavanagh	W35		148
	Colleen	McCaskell	Edinburgh University Olympic Weightlifting Club	W35		122
	Fatima	Sheikh-Ali	Brunel University Weightlifting	W35		120
Tracy	Rosser	SA1 Olympic Weight Lifting Academy	W35		155	
<b>W 35 76kg, 81kg, 87kg, 87+kg</b>						
Group 6 Saturday	Rebecca	Scott	Guildford wlc	W35		113
	Sandra	Daildyte		W35		132
	Ashley	McGlinchey		W35		116
	Charlotte	Miles		W35		166
	Megan	Driver		W35		115
	Sherene	De Stadler	London Weightlifting Academy	W35		144
	Holly	Baker	Brunel University Weightlifting	W35		145
	Jodie	Coogan	Liverpool Weightlifting Club	W35		127
	Krystal	Campbell	Ronin Barbell Club	W35		181

**British Masters Championship 2023 - Start list - Blue Platform  
21 October 2023  
at: Glasgow**

Group	First Name	Last Name	Club	BW cat kg	Age Group	Entry Total (kg)
<b>M80, M70, M65, M60 ALL</b>						
Group 1 Saturday  Weigh in: 07:30 Start: 09:30	William	Despard		M80	73	63
	Mahimasingh	Bolla		M70	81	105
	Michael	Pogonowski	Psych Weightlifting Club	M70	81	85
	James	Simpson	London Weightlifting Academy	M65	73	132
	Carlo	Corbin	Team Manchester	M60	67	123
	Colin	Hannah	Forth Valley Weightlifting Club	M60	73	145
	Alex	Richardson Snr	Gladiator weightlifting club	M60	81	150
	Malcolm	Nuttall	North Tyneside Barbells	M60	81	133
	Peter	Flynn	London Strength	M60	81	132
	Eric	O'Donnell		M60	96	142
<b>M55 ALL</b>						
Group 2 Saturday  Weigh in: 09:20 Start: 11:20	Douglas	Crawford		M55	67	129
	Neil	Taylor		M55	81	136
	Radoslaw	Kubka	Brunel University Weightlifting	M55	81	145
	Graeme	Nichol	Team Cavanagh	M55	81	148
	Steve	Walsh	Highland Weightlifting Club	M55	89	180
	John	McEwan	Glasgow City Barbell	M55	89	180
	Jim	Kennedy	Highland Weightlifting Club	M55	102	171
	Kamran	Majid	unattached	M55	109	185
<b>M50 ALL</b>						
Group 3 Saturday  Weigh in:10:50 Start: 12:50	Colin	Selfridge	CrossFit Glasgow Spartans WLC	M50	61	148
	Damian	Mulcock		M50	81	156
	Briah	Andrews		M50	89	200
	Lance	Smith	Atlas Weightlifting Centre	M50	89	157
	James	Whittaker	Adlington Barbell Club	M50	89	168
	Colin	Campbell		M50	96	180
	David	English		M50	109+	186
<b>M45 ALL</b>						
Group 4 Saturday  Weigh in: 12:10 Start: 14:10	Grant	Langdon		M45	73	170
	Lee	Butler		M45	81	175
	Tommy	Yule		M45	89	220
	Muhammad	Khan	London Strength	M45	89	204
	Karl	Simpson	London Strength	M45	96	210
	Paul	McCabe-North	Reading Weightlifting Club	M45	102	197
	Mark	Robinson	Atlas Weightlifting Centre	M45	102	201
	Mike	Spencer	Derby Weightlifting Club	M45	102	167
	Richard	Maslin	Hampshire Barbell Club	M45	102	192
	Iheke	Ndukwe	London Weightlifting Academy	M45	109	205
<b>M40 All + M35 73kg</b>						
Group 5 Saturday Weigh in: 14:00 Start: 16:00	Paul	Chalmers	Glasgow City Barbell	M40	89	198
	Mark	Butcher	Stockport Spartans Weight Lifting	M40	89	187
	Brett	Doughty		M40	89	200
	Chris	Johnston	Broxburn Strength and Fitness	M40	89	203
	Lee	Coonan	RAF WL	M35	73	190
	Mark	Mawson	Pride Performance	M35	73	200
<b>M35 81kg</b>						
Group 6 Saturday Weigh in: 15:30 Start: 17:20	Max	Southworth		M35	81	210
	Daniel	Cumberworth		M35	81	215
	Christian	Gimister	Wirral Weightlifting Club	M35	81	196
	Karl	Clark	Liverpool Weightlifting Club	M35	81	201
	John	Keenan	Iron Will Training LTD	M35	81	230
	Darren	Marr	MARvelous Lifting Club	M35	81	197
	James	Hargrave	Brunel University Weightlifting	M35	81	255
<b>M35 89kg, 96kg, 102kg, 109kg</b>						
Group 7 Saturday Weigh in: 16:40 Start: 18:40	Luis	Ware	JollySailor Barbell	M35	89	221
	Dimitris	Panagiotakopoulos	Team Cavanagh	M35	89	221
	Max	Buchanan	Glasgow City Barbell	M35	89	245
	Luke	Stevenson		M35	89	218
	Christopher	Chu		M35	96	226
	Scott	Sharp		M35	102	222
	Michael	Colley	Psych Weightlifting Club	M35	109	237
	Henry	Woodason	Guildford Weightlifting	M35	109	246
	Michael	Markunas	Mem's Weightlifting	M35	109	227