



NEW COMPETITION FORMAT

BRITISH AGE GROUP CHAMPIONSHIPS

19 – 20 October 2024

John Charles Centre for Sport, Leeds

‘After consultation with athletes, coaches, parents, and the general membership, BWL believe the new qualification framework for the British Age Group Championships will ensure that the best British athletes in each age group will have the chance to compete against each other, creating exciting and close competition for spectators.’

1. Athlete Numbers

Based on Sinclair Ranking, the top one hundred (100) male and one hundred (100) female athletes will be invited to compete at the 2024 British Age Group Championships.

Youth (15 – 17 years of age)	
Men	Women
50	50

- Note: a minimum of 20 lifters in the U15 age group will be invited to compete.

Junior & U23 (18-23 years of age)	
Men	Women
50	50

- Note: a minimum of 20 lifters in the Junior age group will be invited to compete.

BWL also reserves to the right to allocate athlete slots on a discretionary basis outside of the athlete quota should it be deemed in the best competition interest of the event.

2. General Information

- Any unaccepted places will be reallocated to any athlete who has lifted the minimum qualification standard on a first come first served basis.
- Lifters will compete in groups of 12-13 per session, based on their Sinclair ranking.
- Medals will be awarded to the top athletes in each age category.
- Trophies will be awarded on the following basis:
 - Top Male U15 & Top Female U15
 - Top Male Youth & Top Female Youth
 - Top Male Junior & Top Female Junior
 - Top Male U23 & Top Female U23
 - Best Club Award

3. Minimum Qualification Standards

MALE				
B/WT	U23	U20	U17	U15
49			102	94
55	158	143	112	103
61	172	155	129	120
67	186	169	134	123
73	218	198	139	128
81	231	211	147	136
89	243	221	153	141
96	251	227	163	149
102	254	231	166	153
+102			171	158
109	260	236		
+109	265	241		

FEMALE				
B/WT	U23	U20	U17	U15
40			73	67
45	97	87	80	74
49	106	96	85	78
55	115	104	93	86
59	122	111	99	91
64	126	115	103	94
71	136	124	111	103
76	140	127	115	106
81	143	130	118	109
+81			126	117
87	145	132		
+87	156	141		

4. Athlete Eligibility

All athletes must be current members of British Weight Lifting.

5. Qualification Period

1 August 2023	Start of Qualification
1 September 2024	End of Qualification

6. Qualification / Invitation Pathway

First Round

Date(s)	Method	Information
3 – 13 September 2024 Invites must be accepted by 1700hrs, 13 September 2024	Invitation	As per section one (1). Based on Sinclair Ranking, the top one hundred (100) male and one hundred (100) female athletes will be invited to compete at the 2024 British Age Group Championships. Note: a minimum of 20 lifters in the U15 age group will be invited to compete. Note: a minimum of 20 lifters in the Junior age group will be invited to compete.

Second Round

Date(s)	Method	Information
18 – 20 September 2024	Unused / Remaining Invitations	If any, by 17 September 2024, BWL will publish on its social media platforms the number of unused quota places and when the Sport 80 entry portal will be open. Any unused places will be reallocated to any athlete who has lifted the minimum qualification standard on a first come first served basis .

7. Competition Schedule

The competition schedule will be released no later than 27 September 2024.

8. Other information

In the circumstance that two, or more, athletes record the same Sinclair Ranking they shall be ranked in order of which achieved the result first, using equivalent Greenwich Mean Times (GMT) to decide such if necessary.

9. Reference

BWL TCRR article 5.6

10. British U10 & U12 Championships

BWL will continue to hold the Championships for the development age groups (U12 and U10) in the same format as previous years.