

Appendix 2 – Application Form for Selection to the WCP for IPC POWERLIFTING

Please accept my application for consideration for selection to the British Team for the 2016 Paralympic Games Powerlifting.

I acknowledge that I have read, understood, and agree to follow the British Weight Lifting Selection for the WCP

I agree that as a condition of my place on the WCP, I will be obliged to enter into the following agreements prior to my nomination for an APA

- The British Weight Lifting WCP Agreement

ATHLETE DETAILS	
Athlete's name	
Address	
Email	
Mobile	
Home Tel	
BWL membership no.	
Date of birth	
PERSONAL COACH	
Name	
Address	
Email	
Mobile	

QUESTIONNAIRE

TRAINING	
Where will your training base be for 2015-16?	
Typically, how often do you plan to train in Loughborough each week?	
How often will you see your personal coach?	
What information/data do you use to improve decision-making and collaboration with your coach and support staff?	
What do you currently do on a weekly basis to minimise risk of injury and illness?	

Your current life situation (study, work)	
<p>What is your employment and or education status.</p> <p>If employed what are your current working hours and where is your job located?</p>	
<p>If in education where are you based, to what level and on average how many hours a week do you commit to this?</p>	
<p>With funding what changes are you planning to action to improve your circumstances to train and recover?</p>	

Please provide up to 5 areas that you think you need to improve for you to achieve a goal of medalling at a future Paralympic Games?
1.
2.
3.
4.
5.

What support do you need in Loughborough throughout the rest of the Paralympic cycle to support your ambitions at the Paralympic Games?

What other types of support or grants do you feel would help contribute to your preparation over the next year?

ATHLETE STATEMENT

- I wish to be considered for selection to the WCP for the 2015-2016
- I agree to adhere to the BWL WCP selection policy
- I agree to facilitate the various procedures laid out in the BWL WCP selection policy and to provide such assistance and information as BWL shall reasonably require in connection with the selection process laid out

ATHLETE	
SIGNED	
ATHLETE NAME	
DATE	
PARENT/GUARDIAN (IF UNDER 18)	
SIGNED	
PARENT/GUARDIAN NAME	
DATE	

Completed applications must be submitted to the Performance Manager. Please send your submission either by email to tom.whittaker@britishweightlifting.org or by post to Tom Whittaker, British Weight Lifting, 1st Floor Suite, St Ann's Mill, Kirkstall Road, Leeds, West Yorkshire, LS5 3AE.

Applications MUST be submitted by 17:00 on the 31st March 2015 to tom.whittaker@britishweightlifting.org

