



**BRITISH
WEIGHT
LIFTING**

Welcome to our newsletter

I would like to start by congratulating all the athletes and coaches at the European Junior & U23 Championships in Finland where Great Britain won six medals. There were fantastic performances from everyone and it was brilliant to see young British lifters showcase their talented abilities on the international stage.

The event also coincided with the European Weightlifting Federation (EWF) congress which resulted in a no confidence vote being delivered in the interim president by a margin of 29 to four. We hope that this is a positive step forward as we want to set a good example to weightlifting's stakeholders and for Europe to be the first continent to choose to change.

Next year we have the British Championships at Derby Arena, and we are excited to share new details of the event. The qualification system for the British Weight Lifting Senior Championships has now been released and the weekend will also feature the Masters Championships as well as Para Powerlifting Championships. After such a long period without combined events we can't wait to reunite all the different parts of our communities with a huge celebration of both sports at every level.

As we move towards the end of the year our senior performance teams will continue to work hard ahead of the World Championships in Olympic Weightlifting and Paralympic Powerlifting respectively. Both will be key competitions in the qualification cycle for next year's Commonwealth Games. British Weight Lifting will continue to try and provide a platform for athletes to be in the best condition possible ahead of those events.

We are also looking forward to seeing everyone again at the upcoming AGM in Leeds. It is a brilliant opportunity for our members to ask questions, meet the team, and find out more about the organisation. This year we will also be retaining a virtual element as we felt it was important to make the meeting as accessible as possible given the current climate. In line with our Articles of Association only those attending in-person will be able to vote, although we will strongly encourage contributions from all in attendance whether that be physically or virtually.

Stay safe and hopefully see you soon!

Ashley Metcalfe

BWL CEO