



**BRITISH
WEIGHT
LIFTING**

Welcome to June's newsletter.

It's been a busy month organising the British Championships, selecting a team for the Dubai Para-Powerlifting World Cup and running our first England training camp since the pandemic began.

We're delighted to be hosting the British Championships in St Mary's Twickenham on Saturday 26 June. You'll be able to find the schedule on our website. While we're disappointed to not be able to invite spectators to cheer athletes on, we are delighted to be able to offer a live stream of the event so you're still able to watch from the comfort of your home. Shortly after the British Championships, we'll be running the Virtual British Championships so if you're keen to see where you place against the rest of the country, this is your chance. Entries will be opening on Wednesday 30 June so get the date in your diary now.

Have you seen that the Commonwealth Games are in Birmingham next year? They're now recruiting for volunteers. The roles range from a general volunteer to sports specific ones. If you have relevant experience and want to be a part of helping the Olympic Weightlifting and Para Powerlifting events run smoothly then make sure to apply soon – the deadline for applications is coming quickly at the end of June.

We are delighted that the British Weight Lifting team is expanding with three new job roles. These will be centred around developing coaches, working closely with the Home Nations and developing talent as part of BWL's progression strategy. These are hugely exciting roles and great opportunities to help progress athletes and coaches to further our sport.

Our Level 3 Diploma in Coaching Olympic Weightlifting will be released shortly – we're very much looking forward to bringing this course to you. If you've completed your Level 1 and Level 2 and are interested in getting stuck into the Level 3 then please do let our courses team know and they will send you information as soon as the course is live.

We would like to wish the three athletes - Mark Swan, Micky Yule and Liam McGarry heading out for the Fazza Dubai 2021 Para Powerlifting World Cup from 19-24 June the best of luck. This event will act as the final qualification event for the Tokyo Paralympic Games and we hope they're able to secure the places they want.

Ashley Metcalfe
British Weight Lifting