

# British weightlifting regional open – Sheffield 2026

Welcome to the BWL Regional Open Sheffield 2026 on July 4th! We are excited to welcome you to our first ever competition at Sheffield Weightlifting Club CIC.

## 1 Schedule

<https://britishweightlifting.org/resources/2026-regional-open-sheffield-start-list-250626100533.pdf>

### BWL Regional Open Sheffield 2026

Saturday 4th July 2026 | 48-50 Hoyland Road, Neepsend, Sheffield, S38AB

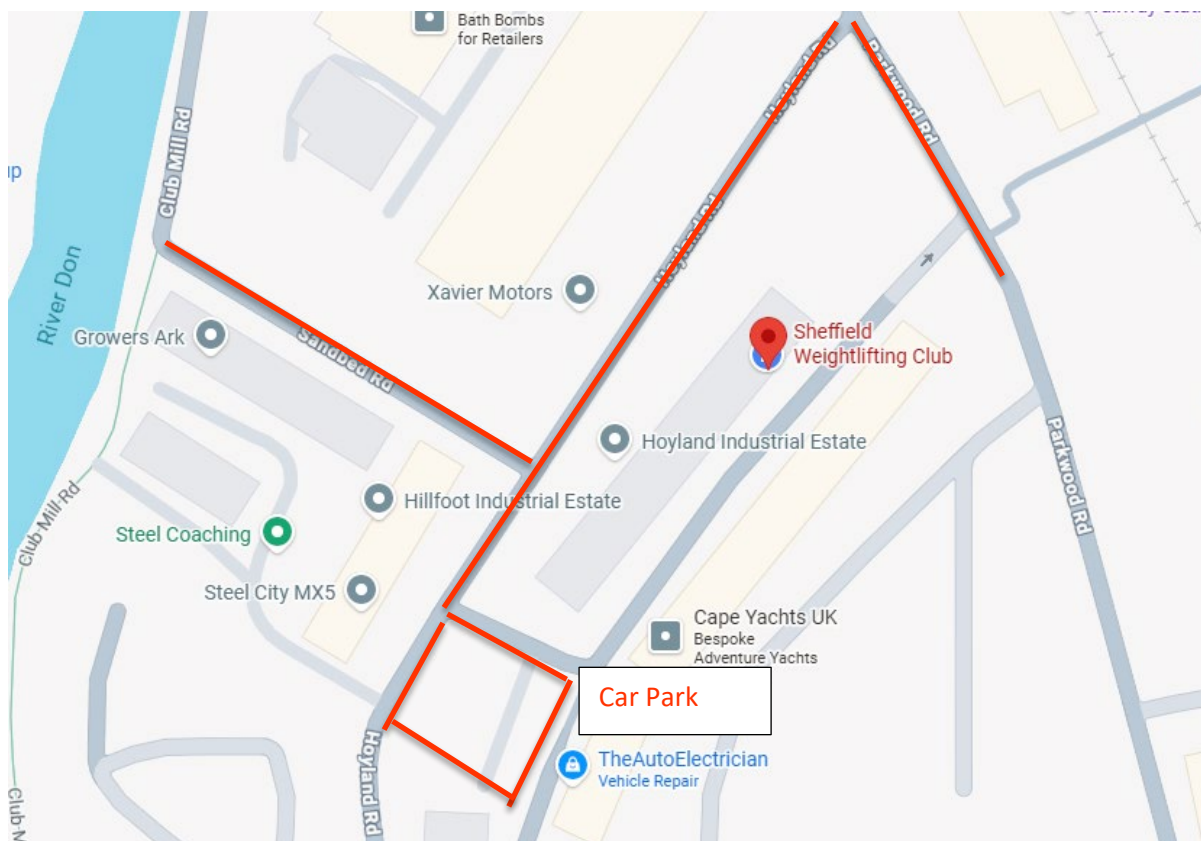


Group	First Name	Last Name	Age Group	Club	BW cat kg	Entry Total (kg)
Group 1  Weigh In 08:00-08:30 Start 9:30	Charlotte	Pitchford	Senior	Sheffield Weightlifting Club	69	99
	Macie	Kendall	U15	Unattached	69	97
	Megan	Richardson	Senior	Sheffield Weightlifting Club	69	91
	Jesse	Rolfe	Senior	Sheffield Weightlifting Club	77	87
	Minami	Sogawa	U15	Atlas Weightlifting Centre	58	77
	Heidi	Beaumont	Senior	Atlas Weightlifting Centre	53	59
	Eva	Guzman	U10	Atlas Weightlifting Centre	35 (U10)	33
Group 2  Weigh In 09:00-10:00 Start 11:00	Ethan	Henrey	U20	Unattached	88	243
	Matthew	Anderson	Senior	North Tyneside Barbells	88	242
	Gus	Charles	Senior	Unattached	110	240
	Ryan	Davies	Senior	Unattached	88	207
	Matt	Hampton	Senior	Unattached	71	190
	Oliver	Pickles	U20	Unattached	65	173
	Christopher	Brearley	Senior	mettle	88	170
	Josh	Radford	Senior	Sheffield Weightlifting Club	88	160
	Tim	Ellis	Senior	Strong For Life	88	150
	Matthew	Hutchinson	Senior	Atlas Weightlifting Centre	65	146
Group 3  Weigh In 11:00-12:00 Start 13:00	Olive	Eleftheriou	U20	Unattached	69	183
	Jennifer	Tong	Senior	mettle	53	169
	Alis	Szeles	Senior	Unattached	63	158
	Maria	Stewart	Senior	RAF WL	77	148
	Chelsea	Sidaway	Senior	Unattached	69	140
	Louise	Richards	W35+	Wythenshawe WLC	66	140
	Isobelle	Webster	U15	Lift Right	69+	139
	Stephanie	Best	W35+	Unattached	58	132
Ashaunna	Green	W35+	Unattached	69	122	

## 2 What to do when you arrive:

### 2.1.1 Parking

There is a carpark at the bottom of the street, if it is full there will be spaces on all the red highlighted roads around the gym. Park anywhere there are no double yellow lines.



## 2.1.2 Entrance & weigh in



Our main entrance is on the left of the building. Each front entrance is shared with our neighbours so please bear this in mind when you enter the gym

Signage for weigh-ins, warm up areas, and the competition platform will be present inside the gym.

## 2.1.3 Facilities

We have a changing room, toilet, water, and some drinks available for purchase.

## 2.1.4 The Recovery van

On the day we will be joined by the Recovery Van, a mobile sports therapist who will be on hand to tune up with a massage or taping before your competition

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### 2.1.5 Photography

Phil from FromThePlatform will be in attendance taking the best competition photos and capturing your beautiful lifting faces.

### 2.1.6 Awards

BWL will present trophies for Best Lifter in each category

- Youth (U10–U17)
- Seniors
- Masters (35+)

SWC will present awards based on sinclair score for each session.

If you have any questions about the day, please send enquiries to [matt@reidperformance.co.uk](mailto:matt@reidperformance.co.uk) and Matt will get back to you ASAP.