



England Age Group Championships
FRIDAY 20 FEB 2026
Red Platform

Weigh in: 08:00-09:30 Start: 09:30 Finish: 11:40	U20/U23 48-58kg W	Lifters - 13
Weigh in: 08:00-09:30 Start: 11:55 Finish: 13:15	U20/U23 63kg W	Lifters - 8
Weigh in: 12:00-13:30 Start: 13:30 Finish: 15:30	U20/U23 69kg W	Lifters - 12
Weigh in: 12:00-13:30 Start: 15:45 Finish: 17:55	U20/U23 77-86+kg W	Lifters - 13

England Age Group Championships
FRIDAY 20 FEB 2026
Blue Platform

Weigh in: 07:45-09:15 Start: 09:15 Finish: 11:15	U20/U23 60-71kg M	Lifters - 12
Weigh in: 07:45-09:15 Start: 11:30 Finish: 13:40	U20/U23 79kg M	Lifters - 11
Weigh in: 12:05-13:35 Start: 13:35 Finish: 15:35	U20/U23 88kg M	Lifters - 12
Weigh in: 12:05-13:35 Start: 15:50 Finish: 17:40	U20/U23 94-110+kg M	Lifters - 11

England Age Group Championships

SATURDAY 21 FEB 2026

Red Platform

Weigh in: 07:40-09:10 Start: 09:10 Finish: 10:40	U15 40kg W U15/U17 44-48kg W	Lifters - 9
Weigh in: 07:40-09:10 Start: 10:55 Finish: 12:15	U15/U17 53kg W	Lifters - 8
Weigh in: 11:00-12:30 Start: 12:30 Finish: 14:20	U15/U17 58-63kg W	Lifters - 11
Weigh in: 11:00-12:30 Start: 14:35 Finish: 16:15	U15/U17 69kg U15 - 69+kg W	Lifters - 10
Weigh in: 14:30-15:30 Start: 16:30 Finish: 17:40	U15/U17 77kg W U17 77+kg W	Lifters - 7

England Age Group Championships

SATURDAY 21 FEB 2026

Blue Platform

Weigh in: 07:30-09:00 Start: 09:00 Finish: 11:00	U15 52kg M U15/U17 56-60kg M	Lifters - 11
Weigh in: 07:30-09:00 Start: 11:05 Finish: 12:45	U15/U17 65-71kg M	Lifters - 10
Weigh in: 11:30-13:00 Start: 13:00 Finish: 14:20	U15/U17 79kg M	Lifters - 7
Weigh in: 11:30-13:00 Start: 14:25 Finish: 16:15	U15/U17 88kg M U15 88+kg M	Lifters - 11
Weigh in: 14:30-15:30 Start: 16:30 Finish: 17:20	U15/U17 94kg M U17 94+kg M	Lifters - 5

England Age Group Championships

SUNDAY 22 FEB 2026

Red Platform

Weigh in: 10:30-12:00 Start: 12:00 Finish: 13:50	U10 30kg G U10/U12 35-44kg G	Lifters - 11
Weigh in: 10:30-12:00 Start: 14:05 Finish: 15:25	U10/U12 48-58kg G U12 63kg G	Lifters - 8

England Age Group Championships

SUNDAY 22 FEB 2026

Blue Platform

Weigh in: 09:30-11:00 Start: 11:00 Finish: 12:30	U10 40kg B	Lifters - 9
Weigh in: 09:30-11:00 Start: 12:45 Finish: 14:30	U10/U12 44-50kg B	Lifters - 9
Weigh in: 12:45-13:45 Start: 14:45 Finish: 15:40	U10/U12 56-71kg B U12 79kg B	Lifters - 5