



# COMMONWEALTH WEIGHTLIFTING FEDERATION

May 15<sup>th</sup> 2026

## 2026 COMMONWEALTH WEIGHTLIFTING FEDERATION ELECTORAL CONGRESS GLASGOW – SCOTLAND July 31<sup>st</sup> -2026

**Place and time – To be advised**

Dear Member Country,  
Dear Friends,

Please be advised that the 2026 Electoral Congress of the Commonwealth Weightlifting Federation (CWF), will be held in Glasgow – Scotland on July 31<sup>st</sup>, the day after the final date of competition.

I am attaching the nomination form for the Executive Board positions. Please make sure that you return them no later than June 1<sup>st</sup>, 2026.

Any members wishing to nominate for the CWF Executive Board, must complete the attached form. The form must be returned to the CWF General Secretary no later than June 1<sup>st</sup>, 2026. No late nominations will be accepted. Please return the nomination forms to this email address [owf@bigpond.com](mailto:owf@bigpond.com)

Any national federation wishing to submit items for the agenda, must do so also before the 1<sup>st</sup> June, 2026.

In addition please note that the affiliation fees for the CWF is USD\$100 for the quadrennial period up to 2030.

On the 31<sup>st</sup> July at the Electoral Congress, please make sure that you pay the USD\$100 in cash and you will be issued with a receipt immediately. The reason for paying cash is because the amount is so small, that if you were make a bank transfer we will be charged bank fees and we will not get the full amount at the end.

Also on the left side of this letterhead, for your kind information, please see the names of the current Executive Board Members.

Yours sincerely,

**Paul Coffa MBE**  
**General Secretary**

### **PRESIDENT:**

Dato Ong Poh Eng  
MALAYSIA

### **VICE PRESIDENTS:**

Mr Tom Liaw  
SINGAPORE

Dr. Heather Allison  
ENGLAND

Dr Kevin du Plooy  
SOUTH AFRICA

Mr Jesmond Caruana  
MALTA

Sir John Dawanincura  
PAPUA NEW GUINEA

Shri Sahdev Yadav  
INDIA

### **EXECUTIVE BOARD:**

Mr John O.Gogola  
KENYA

Ms Della Shaw -Elder  
FIJI

Mr SSenkugu Salim Musoke  
UGANDA

Ms Coral Quinell  
AUSTRALIA

Mr G..Nishantan  
SRI. LANKA

Mr Andrew B.Callender  
BARBADOS

Mr Muhid HD Hadi,Dinie ABD  
Rahman BRUNEI

Mr Yovin Gyadin  
MAURITIUS

### **GENERAL SECRETARY:**

Mr Paul Coffa MBE  
AUSTRALIA

### **ASST. SECRETARY:**

Mr Trent Dabwido  
NAURU

### **ADDRESS:**

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3941 AUSTRALIA  
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Mobile: +61 457 778 900  
Email: [owf@bigpond.com](mailto:owf@bigpond.com)

### **COMMITTEES'**

**Chairperson: Technical**  
Sam Coffa -Australia

**Chairperson: Medical**  
Dr Moni Kami -Tonga

**Chairperson: Gender Equity**  
Gardencia du Plooy -South  
Africa

**Chairperson: Masters**  
Coral Quinell -Australia

**Chairperson: Marketing**  
Andrew Daubney -Australia

**Chairperson:**  
**Coaching & Research**  
Jerry Wallwork -Samoa

**Chairperson:**  
**Records & Statistics**  
Michael Noonan -Australia

**Chairperson:**  
**Countries Development**