

# 2026 Competition Calendar

Please note that some dates and venues remain subject to confirmation. In particular, we are still in the process of finalising arrangements for the 2026 British Championships, which may take place either in May or July subject to venue availability. Further details for our Regional Open events, English, and British Age Group Championships will be published in due course

20 – 22 February

**England Age Group Championships**

*Oldbury Academy, Birmingham*

21 – 22 March

**British Regional Open**

*TBC*

11 – 12 April

**BUCS Weightlifting & Para Powerlifting**

*Lincoln University*

Early May / July TBC

**British Championships**

*TBC*

7 June

**British Adaptive Open**

*Oldbury Academy, Birmingham*

18 – 19 July

**British Regional Open**

*TBC*

3 – 4 October

**British Age Group Championships**

*South Yorkshire*

24 October

**BWL x Wodaptive**

*Treetops School, Grays*

14 – 15 November

**British Regional Open**

*TBC*

5 – 6 December

**England Championships**

*TBC*