

# 2025 IWF ELECTION CANDIDATURE

## WEIGHTLIFTING EXPERIENCE ~ EST. 1974

- National Coach, Great Britain
- Member, BWL Performance Committee
- Member, BWL Selection Committee
- Team GB Coaching Experience
  - 5 x Olympic Games
  - 21 x World Championships
  - 32 x European Championships
  - 3 x Commonwealth Games
  - Two Olympic Medals (Emily Campbell, 2020 & 2024)
  - 92 medals at European level
  - 15 medals at World
- 3 x British Champion
- Owner of Atlas Weightlifting Club for 32 years

As a first-time candidate but with over 40 years of experience and knowledge to offer the IWF Coaching and Research Committee, I am ready to add positive value to ensure our work continues to benefit clean athletes worldwide.



**DAVE SAWYER (GBR)**

**IWF Coaching and Research  
Committee Member**

With your support, I am dedicated to exploring the latest scientific findings and training methodologies into practical coaching programmes.

I will represent the voices of coaches and athletes at all levels, advocating for better resources, education, and policies that support their growth and success.

British Weight Lifting has established a growing suite of partnerships with like-minded organisations across the United Kingdom, including SBD since 2019. We are therefore very proud of the recently announced landmark 8-year agreement between SBD and the IWF.





22<sup>nd</sup> April 2025

Presidents and Secretary Generals  
National Olympic Committees  
International Weightlifting Federation Member Federations

**Candidate for IWF Coaching and Research Committee Member – David Sawyer**

I am writing to express my support for David Sawyer's election to the Coaching and Research Committee of the International Weightlifting Federation (IWF). David has been nominated by British Weightlifting, and has the endorsement of sporting organisations across the UK, including the British Olympic Association (BOA).

David brings with him a wealth of domestic coaching experience, having served as National Coach for British Weightlifting for over 15 years. During this time David has mentored hundreds of athletes across varying competition levels, with many of his athletes going on to achieve success on the European, Commonwealth, World and Olympic stage. Cumulatively he has coached at over 50 major international events, evolving his technical abilities alongside the sport of weightlifting.

Most recently David has coached weightlifters at the Tokyo and Paris Olympic Games which were historic for Great Britain. In Tokyo Emily Campbell became the first British female to win an Olympic weightlifting medal, and then the first British athlete in over 60 years to win a weightlifting medal at consecutive Olympic Games.

On behalf of the BOA I wholeheartedly support David's nomination to the IWF's Coaching and Research Committee.

With my very best wishes,

**Dame Katherine Grainger DBE**  
Chair  
British Olympic Association

T +44 (0) 207 842 5700 | info@teamgb.com | www.teamgb.com | 101 New Cavendish Street, London, W1W 6XH  
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