

2025 International Minimum Qualification Standards (New Weight Categories)

New Category	Medal Zones		Minimum Qualification Standards (Kg)								
	Olympic Bronze Average (2022-2024)	World 6-8th place Average (2022-2024)	World Seniors MQS	European Seniors MQS	European u23s MQS	u20 MQS	u19 MQS	u18 MQS	u17 MQS	u16 MQS	u15 MQS
%		100%	92%	89%	86%	83%	80%	77%	74%	71%	68%
MZ			W6-8	W6-8	W6-8	W6-8	W6-8	W6-8	W6-8	W6-8	W6-8
44	-	-	-	-	-	-	-	-	121	116	111
48	192	179	165	159	154	149	143	138	132	127	122
53	203	188	173	167	162	156	150	145	139	133	128
58	225	216	199	192	186	179	173	166	160	153	147
63	236	222	204	197	191	184	177	171	164	157	151
69	254	236	217	210	203	196	189	182	175	168	161
77	256	241	222	215	207	200	193	186	178	171	164
77+	-	-	-	-	-	-	-	-	195	187	179
86	264	247	227	220	212	205	198	190	-	-	-
86+	285	261	240	232	224	217	209	201	-	-	-
56	-	-	-	-	-	-	-	-	193	185	178
60	295	281	258	250	242	233	225	216	208	199	191
65	323	300	276	267	258	249	240	231	222	213	204
71	340	326	300	290	280	270	261	251	241	231	222
79	361	339	312	302	292	281	271	261	251	241	231
88	380	362	333	322	311	300	290	279	268	257	246
94	388	368	339	328	316	305	294	283	272	261	250
94+	-	-	-	-	-	-	-	-	307	294	282
110	414	381	351	339	328	317	305	294	-	-	-
110+	444	418	385	372	360	347	335	322	-	-	-

Lifting the Minimum qualification standard does not guarantee automatic qualification. Athletes should read the selection policies and criteria carefully to fully understand how selections are made. Minimum qualification standards are percentages of the 2022-2024 world top 6-8 average, adjusted for new weight categories using Q-points.

Numbers highlighted in RED have been adjusted to create a natural upward curve across weight categories and age groups. Adjustments have been made using one of the following methods:

- In the super-heavyweight categories, we have removed the lowest anomalous results.
- In weight-restricted categories, we have used the average Q-points for the 2024 Olympic categories to generate the adjustments.