



England Championships 2025
NEC Birmingham
6 & 7 December 2025

Event Information Pack

Overview

British Weightlifting is pleased to be delivering the 2025 England Championships at the NEC Birmingham.

Venue Information

The competition will be held in:

Hall 19 - 20.

National Exhibition Centre, Pendigo Way, Marston Green, Birmingham B40 1NT

Entrance is via Hall 17.

Please see link to venue map below:

[NEC Site Map 2024](#)

Fractional discs

We will be continuing the process of signing out sets of fractional discs if athletes require these for warm up. They will be available from the desk within the warm-up room.

Travel

The NEC is the UK's best-connected venue, located at the heart of the UK, with Birmingham airport and Birmingham International train station on-site. Find out how to travel by car, train, tube, taxi or plane by hitting this link: <https://www.thenec.co.uk/visitors/travel-updates/>

Travelling by rail, follow directions to Hall 20 via the Atrium. Getting to NEC, Birmingham couldn't be easier!

Car Parking - Pre book you're parking to save money:

<https://www.thenec.co.uk/visitors/parking-at-the-nec/>

Follow the digital directions to England Championships 2025. Exhibitors and visitors will be in North Car Park 2-4 on the NEC site. Blue badge Holders/Accessible parking outside of Hall 16.

Please check your journey ahead of travelling in case of any rail disruption

<https://www.thenec.co.uk/visitors/travel-updates/national-rail-strikes-and-eastway-slip-road-closure/>

Please ignore the parking times when booking the car parks; these are standard, however the car park will be open from 0615 until late!

Accreditation

On arrival, all athletes, coaches, volunteers and technical officials must collect accreditation from the kiosk outside Hall 19-20, marked Athlete Registration. Accreditation is valid for the duration of the entire event. Please note, you will only receive 1 wristband. You can collect this on any day, so please keep hold of it! Accreditation will permit you access to the full event.

Lifters note: You must return to the kiosk on the day of your competition to get a lifter stamp. Without this you will not be able to enter warm up.

All coaches and athletes are required to provide photographic ID to collect their accreditation

and must wear their accreditation visibly, at all times. Athletes must arrive with enough time to collect their accreditation prior to weigh-in.

Only coaches with a valid BWL licence will be able to collect a coach accreditation (wristband). Any coach found passing their accreditation to another person will have their accreditation withdrawn and may be subject to further action after the competition. Any person found in the warm-up area without an athlete accreditation or coach wristband will be asked to leave the area immediately and may be subject to further action after the competition.

Spectators

See below for timings for spectators:

Saturday 6 December

0845hrs – 2030hrs

Sunday 7 December

0845hrs – 1830hrs

PLEASE NOTE SPECTATORS WILL NOT HAVE ACCESS TO THE VENUE PRIOR TO THE ABOVE TIMES.

What do you need?

Please either bring your spectator tickets printed or downloaded on your phone. The registration team at the Spectator Ticket Kiosk will scan your ticket and give you your wristband.

***Note the main arena is not available to every ticket type, please check you have purchased a full Event Ticket to access this arena, certain sport spectator tickets will need to be upgraded to gain access.**

Wristbands are valid for both days, please keep these on to regain access to the event.

There will be three (3) BWL Competition Platforms, with a mixture of seating and standing viewing. Seats are not allocated and will work on a first come first served basis across all competitions. Details re the England Championship event are at the end of this guide.

Weigh-In

All weigh-ins will take place outside Hall 18, you will be directed from the accreditation desk. Any athletes aged below 18 may be accompanied to weigh-in by a chaperone if required. This may be a licensed coach or a member of BWL staff. Please remember you must bring photo ID to weigh-in.

Competition Rules

The current BWL Technical Rules and Regulations (TCRR) will be followed. The lifter with



the highest total in each bodyweight category will win, if two lifters record the same total, the lifter who achieves the total first in chronological order will take first place.

Competition Schedule and Start List

The competition schedule and start list have been published on the BWL website:

[England Championships - British Weight Lifting](#)

[England Para Powerlifting Championships - British Weight Lifting](#)

[England Masters Championships - British Weight Lifting](#)

Medal Ceremonies

A medal ceremony will take place immediately after the end of each session. Medals will be presented to the top three ranked lifters in each bodyweight category determined by total.

Livestream

The event will be streamed on bwl.tv - tickets can be purchased from –
bwl.tv <https://bwl.tv/home/events/LuB3NNubiOOICAnmfCo6>

Photographer and photography media

White Lights Media will be taking pictures across the event. Please see below for their contact details:

[White Lights Media](#) – White Lights Media Photographers

Please see below for BWLs Event and Photography Policy which all athletes and spectators must follow.

Safeguarding

There will be a designated event safeguarding officer present – Sue Ward for England Championships. All safeguarding reports and questions should be reported at the BWL stand, opposite our platforms.

Medical

There will be one paramedic on site throughout the competition duration.

Vendors

Onsite there will be a various apparel and food vendors. There is also a dedicated seating and catering area within hall 20.

Please visit our BWL stand, situated opposite the Blue Platform where you can purchase merchandise, and our BWL patches and flags!!

All participating lifters will be provided with a free roll of CJC tape. Please, collect from the CJC stand by showing your athlete wristband.



Should you have any queries please contact British Weight Lifting on 01132 249402 or email competitions@britishweightlifting.org

Media accreditation

Requests must be made in advance to Elicia.agar@britishweightlifting.org

BWL Event Video and Photography Policy

Introduction

This media policy applies to all designated photographers/BWL staff, spectators and participants at British Weight Lifting (BWL) run events. Examples of a BWL run event include the British Championships, The England Championships, Age Group Championships etc. The video and photography guidelines for club run competitions can be found here (insert link to guidelines)

This policy outlines the responsible use of photography and filming ensuring the safety, dignity, and privacy of individuals involved in our activities.

Designated Photographers/BWL Staff - Guidelines for Photographic/ Recorded Images

- Only designated photographers (or staff) may take photos/videos.
- Designated photographers (or staff) will be vetted and, where appropriate, hold an enhanced DBS check.
- Identification must be always worn and visible.
- BWL reserves the right to implement restricted areas on a competition-by-competition basis which may include the warm-up area.
- Photographers must be fully aware of individuals who have not given consent to be photographed or filmed.
- Images must:
 - Be appropriate and respectful, and focus on the activity rather than the individual
 - In relation to U18s, only capture images when the individual is appropriately clothed for their age i.e. bare chested or sports bra is not deemed to be age appropriate.
 - Avoid showing children in compromising or vulnerable positions
 - Not include any identifiable details (e.g. school uniforms, names on clothes)
 - Group photos of children are preferred over individual shots

Spectators – Guidelines for Photographic/Recorded Images

- Photography and video recording at our events are permitted only for personal, non-commercial use.
- Please be mindful of capturing and sharing images and/or videos of individuals who are not personally known to you or who have not granted you permission to do so. There may be individuals at the events who have not given consent to be photographed and/or filmed.
- Content captured at our events may not be sold, licensed, or otherwise used for monetary gain without prior written permission from BWL.
- Live streaming of the event is not permitted and may result in removal from the event.

Participant – Information for Photographic/Recorded Images

Consent

As per the TCRRs and Privacy Policy when registering for a BWL run competition over 18 participants are consenting to the photography/filming/livestreaming of the event. However, should you wish to exercise your right for refusal please contact the competition event team on competitions@britishweightlifting.org.

There are key concerns regarding the use of images of children and young people therefore BWL require specific consent for U18 competitors which is requested via the competition entry process on Sport80.

The key concerns regarding the use of images of children and young people relate to:

- The possible identification of children when a photograph is accompanied by personal information
- Children may be contacted and groomed
- The inappropriate use, adaptation or copying of images for use on child pornography or illegal websites
- The taking of inappropriate photographs or recorded images of children.

All participants will be required to wear their competition clothing for introductions and medal ceremonies.

Raising a concern

Any concerns regarding inappropriate or intrusive photography (in terms of the way, by whom, or where photography is being undertaken) should be reported to the event organiser, the appointed Safeguarding Officer, or another official.

Updated October 2025