

England Championships

NEC Birmingham, 6 -7 December 2025

Saturday 6 December

Group	First Name	Last Name	Age Group	Club	BW cat	Entry Total (kg)
W48kg Group						
Group 1 Saturday Weigh in 07:20 Start 09:20	Madeleine	McCormack	Senior	North Tyneside Barbell	48kg	132
	Amber	Cruikshank	Senior	Zalva Weightlifting	48kg	129
	Libby	Gamble	Senior	Unattached	48kg	123
	Sophie	Biles	Senior	Unattached	48kg	119
	Megan	Armitage	Senior	Yorkshire Strength	48kg	111
M 60/65 A Group						
Group 2 Saturday Weigh in 08:35 Start 10:35	Yegeun	Ji	Senior	Resilience Weightlifting	60kg	216
	Seth	Casidsid	Senior	S56 Weightlifting	60kg	204
	Ben	Barkby	Senior	Unattached	60kg	192
	Daniel	Pogmore	Senior	Unattached	60kg	184
	Kieran	Styles	Senior	Middlesex University Weightlifting	65kg	235
	Mohammad	Faghihi	Senior	Unattached	65kg	203
	Harris	Ward	Senior	Unattached	65kg	190
W 53/58kg A Group						
Group 3 Saturday Weigh in 10:05 Start 12:05	Noorin	Gulam	Senior	Mems Weightlifting	53kg	171
	Megan	Symons	Senior	Unattached	53kg	166
	Tammy	Wong	Senior	Unattached	53kg	165
	Jennifer	Tong	Senior	Mettle	53kg	164
	Elisha	Cruikshank	Senior	Zalva Weightlifting	53kg	158
	Astrid	Roberson-Leech	Senior	Unattached	53kg	149
	Jess	Gordon Brown	Senior	Brunel Weightlifting	58kg	190
	Amelie	Pelta	Senior	Brunel Weightlifting	58kg	182
	Eliza	Pratt	Senior	Resilience Weightlifting	58kg	179
	Natalie	Bonser	Senior	Resilience Weightlifting	58kg	167
	Eve	Lo	Senior	Unattached	58kg	157
	Jamilla	Torres	Senior	Ronin Barbell Club	58kg	157
M 71/79kg A Group						
Group 4 Saturday Weigh in 12:25 Start 14:25	Jaswant	Shergill	Senior	Unattached	71kg	270
	Sebastian	Lawton	Senior	Unattached	71kg	239
	Christopher	Freebury	Senior	Atlas Weightlifting Centre	71kg	245
	Callum	Tracey	Senior	Unattached	71kg	236
	Alex	Parkes	Senior	Unattached	71kg	234
	Samir	Furqan	Senior	Unattached	71kg	232
	Jamal	Isaac-Shah	Senior	Mem's Weightlifting Club	79kg	277
	Jacob	Finnigan	Senior	Colchester Weightlifting	79kg	275
	Tom	Ingram	Senior	Unattached	79kg	268
	Theo	Archer	Senior	North Tyneside Barbells	79kg	264
	Timothy	Downey	Senior	Unattached	79kg	260
	Ayo	Fadahunsi	Senior	Oldbury Academy Olympic Weightlifting Club	79kg	260
W 63/69kg A Group						
Group 5 Saturday Weigh in 14:55 Start 16:55	Chloe	Blackmur	Senior	Unattached	63kg	183
	Anushka	Bovill	Senior	Unattached	63kg	182
	Imogen	Burrows	Senior	AMG Lifting Lab	63kg	180
	Lily	McNeil	Senior	Resilience Weightlifting	63kg	177
	Annabelle	Pettit	Senior	Yorkshire Strength	63kg	177
	Isabel	Deacon	Senior	Elite-Bodyworks	63kg	177
	Erin	Barton	Senior	Mem's Weightlifting Club	69kg	213
	Madison	Farley	Senior	Unattached	69kg	208
	Ruby	Robinson	Senior	Oldbury Academy Olympic Weightlifting Club	69kg	185
	Florence	Wong	Senior	Unattached	69kg	184
	Olive	Eleftheriou	Senior	Unattached	69kg	183
	Paige	Sellers	Senior	North Tyneside Barbells	69kg	174
	Fatemeh	Keshavarz	Senior	AMG Lifting Lab	69kg	

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Sunday 7 December

Group	First Name	Last Name	Age Group	Club	BW cat kg	Entry Total (kg)
M 88/94kg A Group						
Group 6 Sunday Weigh in 07:00 Start 09:00	Edward	Smale	Senior	Atlas Weightlifting Centre	88kg	312
	Christopher	Russ	Senior	Oxford Powersports	88kg	305
	Lukas	Lakin	Senior	Resilience Weightlifting	88kg	301
	Craig	Richey	Senior	Unattached	88kg	299
	Ameur	Messaoudi	Senior	Unattached	88kg	295
	Oliver	Bracher	Senior	Resilience Weightlifting	88kg	288
	Jack	Dobson	Senior	Unattached	88kg	284
	Ramiro	Mora Romero	Senior	Unattached	94kg	350
	Joshua	Hutton	Senior	North Tyneside Barbells	94kg	314
	Myren	Madden	Senior	Unattached	94kg	315
	Stephen	Bestmen	Senior	Brunel Weightlifting	94kg	300
	Guy	Kitchen	Senior	North Tyneside Barbells	94kg	287
	Richy	Jordan	Senior	Unattached	94kg	280
	Ossy	Lawani	Senior	Unattached	94kg	270
W 77kg A Group						
Group 7 Sunday Weigh in 09:40 Start 11:40	Georgia	Radley	Senior	Unattached	77kg	206
	Rachel	Bemrose	Senior	Unattached	77kg	205
	Erin	Friel	Senior	Unattached	77kg	200
	Ellen	Willard	Senior	Unattached	77kg	195
	Angela	Wyss	Senior	Atticus Barbell Club	77kg	195
	Rachel	Armstrong	Senior	Unattached	77kg	187
	Charlize	Richards	Senior	Atlas Weightlifting Centre	77kg	184
M 110/110+Kg A Group						
Group 8 Sunday Weigh in 11:10 Start 13:10	Edmon	Avetisyan	Senior	Unattached	110kg	313
	Charlie	Stone	Senior	Unattached	110kg	302
	Mateusz	Kasina	Senior	Unattached	110kg	295
	Oliver	Dodds	Senior	Unattached	110kg	290
	Joseph	White	Senior	Unattached	110kg	288
	George	Weston	Senior	Unattached	110kg	285
	Andrew	Griffiths	Senior	AMG Lifting Lab	110+kg	334
	Jasper	Hilton	Senior	Unattached	110+kg	328
	Kun Mo	Yang	Senior	Unattached	110+kg	301
	Amir	Doshmanziari	Senior	Cube Weightlifting Academy	110+kg	295
	Matt	Brooks	Senior	Brunel Weightlifting	110+kg	290
	John	Hanna	Senior	Unattached	110+kg	270
W 86/86+kg A Group						
Group 9 Sunday Weigh in 13:30 Start 15:30	Clementine	Meukeugni noumbissi	Senior	Unattached	86kg	220
	Deborah	Alawode	Senior	London Strength	86kg	200
	Lottie	Absolom	Senior	Brunel Weightlifting	86kg	218
	Funmi	Morgan	Senior	Crystal Palace Weightlifting Club	86kg	209
	Charlie	Hunt	Senior	Unattached	86kg	183
	Alexandra	Cave	Senior	Mem's Weightlifting Club	86kg	181
	Madias Dodo Nzesso	Ngake	Senior	Unattached	86+kg	246
	Mercy	Brown	Senior	Crystal Palace Weightlifting Club	86+kg	240
	Daisy	Wakefield	Senior	Sheffield Weightlifting Club	86+kg	186
	Rushan	Tonge-Bobia	Senior	Mem's Weightlifting Club	86+kg	185

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Group	First Name	Last Name	Age Group	Club	BW cat kg	Entry Total (kg)
W 53/58kg B Group						
Group 1 Saturday Weigh in 07:10 Start 09:10	Abigail	Loram	Senior	Army Weightlifting	53kg	142
	Lucy	Barrett	Senior	Mems Weightlifting	53kg	141
	Dionn	Hargreaves	Senior	Stockport Spartans Weightlifting Club	53kg	131
	Faye	Briggs	Senior	Wythenshawe WLC	53kg	126
	Eva	Lavery	Senior	North Tyneside Barbells	53kg	124
	Chelsea	Wilson	Senior	Unattached	58kg	157
	Kate	Rattley	Senior	Kingdom Barbell Club	58kg	144
	Hollie	Williams	Senior	North Tyneside Barbells	58kg	135
	Michaela	Shaw	Senior	Unattached	58kg	134
	Veronica	Whelpley	Senior	ADV Weightlifting	58kg	133
	Jovita	Yip	Senior	Mems Weightlifting Club	58kg	130
M 71/79kg B Group						
Group 2 Saturday Weigh in 09:15 Start 11:15	Antonio	Capavanni	Senior	Stockport Spartans Weightlifting Club	71kg	231
	Lucas	Garcia Korotkov	Senior	Unattached	71kg	220
	Aiman	Raja	Senior	Atlas Weightlifting Centre	71kg	217
	Joshua	Summersgill	Senior	JS Weightlifting	79kg	256
	Tiago	Costa	Senior	Nova Performance	79kg	246
	Ryan	Spencer	Senior	AMG Lifting Lab	79kg	246
	Samuel	Evans	Senior	Nova Performance	79kg	242
	Johnny	Adams	Senior	Unattached	79kg	237
	Scott	Humphryes	Senior	London Strength	79kg	233
	Axl	Raguindin	Senior	Resilience Weightlifting	79kg	230
W 63/69 B Group						
Group 3 Saturday Weigh in 11:10 Start 13:10	Theodora	Mitroi	Senior	Unattached	63kg	174
	Megan	Webley	Senior	Crazy Strength	63kg	173
	Penny	Larkin	Senior	Yorkshire Strength	63kg	172
	Phoebe	Davis	Senior	Maidstone Weightlifting Club	63kg	172
	Lauren	Smith	Senior	Winners 2000	63kg	152
	Poppy	Armstrong	Senior	Guildford Weightlifting	63kg	142
	Gemma	Exelby Kneller	Senior	Unattached	69kg	174
	Heather	Barker	Senior	Colchester Weightlifting	69kg	166
	Alessandra	Gurney	Senior	Ronin Barbell Club	69kg	162
	Holly	O'Shea	Senior	Unattached	69kg	160
	Sam	Kyriacou	Senior	Unattached	69kg	153
	Katerina	Stavri	Senior	Unattached	69kg	151
	Francesca	Paolo	Senior	Stockport Spartans Weightlifting Club	69kg	146
M 88/94kg B Group						
Group 4 Saturday Weigh in 13:35 Start 15:35	Joe	Rose	Senior	Yorkshire Strength	88kg	283
	Emil	Stewart-Nerona	Senior	Locker 27	88kg	281
	Finley	Austin	Senior	Stone Strength Weightlifting	88kg	280
	Spiros	Fokas	Senior	North Tyneside Barbells	88kg	280
	Niall	Turner	Senior	Yorkshire Strength	88kg	235
	Harry	Hewitt Smith	Senior	Resilience Weightlifting	88kg	232
	Oliver	Lee	Senior	Unattached	88kg	228
	Joseph	Thamrin	Senior	Good Lift	88kg	227
	Jake	Allen	Senior	North Tyneside Barbells	94kg	266
	Conor	Lynch	Senior	ADV Weightlifting	94kg	265
	Thomas	Leys	Senior	Unattached	94kg	252
	Luke	Stopford	Senior	Yorkshire Strength	94kg	242
	Sam	Finch	Senior	Stone Strength Weightlifting	94kg	248
	William	Guo	Senior	Unattached	94kg	245
W 77kg B Group						
Group 5 Saturday Weigh in 16:10 Start 18:10	Lucy	White	Senior	Oxford Powersports	77kg	175
	Emily	Steel	Senior	Unattached	77kg	172
	Holly	Tavana	Senior	Mem's Weightlifting Club	77kg	168
	Caitlin	MacNamara	Senior	London Strength	77kg	168
	Alex	Jamieson	Senior	Unattached	77kg	163
	Paige	Mathers	Senior	North Tyneside Barbells	77kg	160
	Kit	Palmer	Senior	Nova Performance	77kg	149

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Group	First Name	Last Name	Age	Club	BW cat kg	Entry Total (kg)
			Group			
Group 6 Sunday Weigh in 07:20 Start 09:20	Benjamin	Redlich	Senior	Unattached	110kg	280
	Tiago	Barroso da Costa Cardoso	Senior	AMG Lifting Club	110kg	278
	Jonathan	Healy	Senior	London Strength	110kg	275
	James	Daley	Senior	Mem's Weightlifting Club	110kg	274
	Oscar	Searle	Senior	Locker 27	110kg	269
	James	Yun-Stevens	Senior	Unattached	110kg	265
	Jaime	Abad	Senior	Unattached	110kg	254
	Oliver	Pope	Senior	Evolution Weightlifting Club	110kg	251
	Oliver	White	Senior	Winners 2000	110kg	248
W 86/86+kg B Group						
Group 7 Sunday Weigh in 09:05 Start 11:05	Laura	Podstawka	Senior	Europa WLC	86kg	179
	Diani	Hall	Senior	Locker 27	86kg	176
	Fallon	Parker	Senior	Yorkshire Strength	86kg	176
	Elaina	Moulds	Senior	Unattached	86kg	165
	Lucy	Castle	Senior	Unattached	86kg	158
	Jessica	Silva	Senior	Unattached	86+kg	184
	Georgia-Rose	Beahan	Senior	Unattached	86+kg	181
	Andre	Ubaviciute	Senior	Unattached	86+kg	176
Para Powerlifting Men						
Group 8 Sunday Kit Check 12:30 Start 13:30	Mark	Swan	Para	Unattached	72-kg	217
	Sean	Clare	Para	Unattached	72-kg	154
	Joshua	Grist	Para	Unattached	72-kg	105
	Ethan	Backhurst	Para	Unattached	72-kg	85
	Mattie	Harding	Para	Unattached	72+kg	210
	Craig	Walton	Para	Unattached	72+kg	135
	Jake	Smith	Para	Unattached	72+kg	100
	Hayden	Smith	Para	Unattached	72+kg	90
	Liam	McGarry	Para	Unattached	72+kg	
Para Powerlifting Women						
Group 9 Sunday Kit Check 14:15 Start 15:15	Olivia	Broome	Para	Unattached	61-kg	119
	Lottie	McGuinness	Para	Unattached	61-kg	106
	Nadiia	Kryvonosenko	Para	Unattached	61-kg	75
	Hannah	Harvey	Para	Unattached	61-kg	66
	Sara	Jones	Para	Llanelli Weightlifting Academy	61-kg	50
	Claire	Losh	Para	Unattached	61-kg	48
	Louise	Sugden	Para	Unattached	61+kg	127
	Rebecca	Bedford	Para	Unattached	61+kg	106
	Doaa	Shayea	Para	Unattached	61+kg	105
	Cassy	Malyon	Para	Unattached	61+kg	105

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Saturday 6 December

Group	First Name	Last Name	Age Group	Club	BW cat kg	Entry Total (kg)
Master M 70-74, 65-69, 60-64, 55-59 all						
Group 1 Saturday Weigh in 07:00 Start 09:00	Nigel	Beresford	70-74	Wildboar Weightlifting	94	127
	James	Simpson	65-69	Unattached	71	133
	Mark	Day	65-69	Unattached	79	135
	Malcolm	Nuttall	65-69	Adlington Barbell Club	88	127
	Paul	Chandler	60-64	Unattached	79	129
	Kevin	Smith	60-64	Performance Weightlifting	88	166
	Peter	Flynn	60-64	London Strength	88	137
	Chris	Oultram	60-64	Elite Bodyworks	88	131
	Kevin	Engelbrecht	60-64	Stone Strength Weightlifting	110	161
	James	Marshall	55-59	Excelsior Athletic Development Club	79	177
	Radoslaw	Kubka	55-59	Unattached	79	161
	David	Evans	55-59	Nova Performance	88	145
	David	English	55-59	Unattached	110+	166
Master M 50-54, 45-49 all						
Group 2 Saturday Weigh in 09:25 Start 11:25	Karl	Dyderski	50-54	Crazy Strength	79	139
	Jed	Mitchell	50-54	Essex Weightlifting Club	88	175
	Steve	Harris	50-54	Pugh+ 21	94	210
	Briah	Andrews	50-54	Unattached	94	195
	James	Shields	50-54	Unattached	94	190
	Andrew	Kearton	45-49	Colchester Weightlifting	71	185
	Anthony	Weedon	45-49	Unattached	79	191
	Niall	Meenan	45-49	Unattached	79	177
	Michal	Czerep	45-49	Unattached	79	174
	Benjamin	Debney	45-49	Mem's Weightlifting Club	94	203
	Karl	Simpson	45-49	London Strength	94	200
	Wesley	Conabeare	45-49	Staffs Lifting Club	94	175
	Robert	Farrington	45-49	Staffs Lifting Club	110	230
	Dominic	Patmore	45-49	Mem's Weightlifting Club	110	210
Masters M 40-44 all, 35-39 110kg						
Group 3 Saturday Weigh in 12:00 Start 14:00	Craig	Spicer	40-44	Army Weightlifting	65	183
	Daniel	Cumberworth	40-44	Ronin Barbell Club	79	220
	Robin	DasGupta	40-44	Ronin Barbell Club	79	166
	Jake	Chapman	40-44	Unattached	94	192
	Scott	Sharp	40-44	Unattached	110	210
	John	Steele	40-44	North Tyneside Barbell	110+	202
	Tom	Milner	35-39	Crazy Strength	110	281
	James	Anderson	35-39	Unattached	110	250
	Ashley	Page	35-39	Colchester Weightlifting	110	240
	Daniel	Howard	35-39	Ronin Barbell Club	110	234
Masters M 35-39 65-94kg all						
Group 4 Saturday Weigh in 13:55 Start 15:55	Federico	Mondelli	35-39	S56 Weightlifting	65	175
	Luis	Ruiz	35-39	Unattached	71	209
	Russell	Davies	35-39	Unattached	71	200
	Max	Southworth	35-39	Unattached	79	220
	Christian	Glinster	35-39	Wirral Weightlifting Club	79	195
	Rikki	Armstrong	35-39	Unattached	79	191
	Anthony	Chen	35-39	S56 Weightlifting	79	185
	Karl	Clark	35-39	Liverpool Weightlifting Club	88	218
	Toby	Leeds	35-39	Wirral Weightlifting Club	94	245
	Christopher	Chu	35-39	Unattached	94	240
	Andrea	Pucci	35-39	Unattached	94	232
	Chris	Webster	35-39	Lift Right @ NESC	94	215
	Kayle	Isaacs	35-39	Wirral Weightlifting Club	94	205
Masters W 60-64, 55-59 all						
Group 5 Saturday Weigh in 16:20 Start 18:20	Hisayo	Kawahara	60-64	Unattached	48	65
	Patricia	Tenn	60-64	Stone Strength Weightlifting	58	92
	Trish	Tippett	60-64	Fit Performance	69	89
	Elizabeth	Parkes	55-59	Unattached	53	97
	Robbie	Bullett	55-59	Unattached	53	89
	Rebecca	Pawlikiewicz-Peacock	55-59	Nova Performance	53	78
	Victoria	Allen	55-59	Psych Weightlifting Club	63	101
	Clare	Paolo	55-59	Stockport Spartans Weight Lifting Club	86	99

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			Group			
Masters W 50-54, 45-49 all						
Group 6 Sunday Weigh in 07:10 Start 09:10	Dawn	Williams	50-54	Evolution Weightlifting Club	58	90
	Victoria	Lisle	50-54	North Tyneside Barbells	69	100
	Clair	Conabeare	50-54	Staffs Lifting Club	77	125
	Nicole	Adams-Quackenbush	50-54	North Tyneside Barbells	86+	118
	Kate	Hodge	45-49	North Tyneside Barbells	63	141
	Kate	Eaton	45-49	Unattached	63	105
	Claire	Armitage	45-49	Yorkshire Strength	63	94
	Lou	Herron	45-49	Unattached	69	158
	Lisa	Clowes	45-49	North Tyneside Barbells	69	122
	Deena	Pralat	45-49	Daventry Weightlifting Club	77	126
Steffie	Kosta	45-49	Nova Performance	77	105	
Masters W 40-44 all						
Group 7 Sunday Weigh in 09:15 Start 11:15	Emma	Christian	40-44	Legion Barbell	58	94
	Lynne	Desbourough	40-44	Yorkshire Strength	63	139
	Natasha	Phillips	40-44	Stone Strength Weightlifting	63	129
	Claudine	Camp	40-44	Essex Weightlifting Club	63	105
	Katherine	Michaels	40-44	Performance Weightlifting	63	100
	Holly	Cooney	40-44	ADV Weightlifting	77	155
	Catherine	Christmas	40-44	Unattached	77	141
	Jo	Ansell	40-44	Unattached	77	126
	Nikki	Hesford	40-44	Fylde Coast Weightlifting	77	113
	Swati	Tiwary	40-44	Psych Weightlifting Club	86	120
	Paulina	Wasilewski	40-44	Unattached	86+	165
	Sam	Drammeh	40-44	Psych Weightlifting Club	86+	156
Masters W 35-39 69-86+kg						
Group 8 Sunday Weigh in 11:30 Start 13:30	Kirsty	Allen	35-39	Unattached	69	168
	Charlotte	Spence	35-39	Unattached	69	165
	Charleigh	Ibbetson	35-39	North Tyneside Barbells	69	137
	Emma	McGovern	35-39	Unattached	77	130
	Mollie	Wagstaff	35-39	Performance Weightlifting	77	123
	Holly	Baker	35-39	Brunel Weightlifting	86	148
	Lucie	Fialova	35-39	Mettle	86+	135
	Carly	Potter	35-39	Unattached	86+	131
Masters W 35-39 53-63kg						
Group 9 Sunday Weigh in 13:05 Start 15:05	Kimberley	Honey	35-39	Europa WLC	53	133
	Lisa	Antrobus	35-39	Psych Weightlifting Club	58	135
	Natalie	Harrison	35-39	Fylde Coast Weightlifting	58	125
	sheryll	pak	35-39	Brunel Weightlifting	58	121
	Philippa	Fox	35-39	Crazy Strength	58	102
	Kate	Rendall	35-39	SSC Weightlifting	63	163
	Liz	Ng	35-39	Ronin Barbell Club	63	149
	Julia	Lim	35-39	Ronin Barbell Club	63	148
	Sally	Thompson-Taylor	35-39	Fylde Coast Weightlifting	63	145
	Annisia	Blairs	35-39	Staffs Lifting Club	63	138
	Anastasia	Heenan	35-39	Evolution Weightlifting Club	63	106