

2025 England Age Group Championships
Oldbury Academy
Pound Road, Birmingham, West Midlands, B68 8NE
28 February – 2 March 2025

Qualification System

1. Programme

Date	Age Group
Friday 28 February 2025	U20 & U23
Saturday 1 March 2025	U15 & U17
Sunday 2 March 2025	U10 & U12

Two (2) competition platforms will be used to deliver the 2025 England Age Group Championships. To avoid the need for under-age athletes to be absent from school, the U20 & U23 England Championships will be held on Friday 28 February 2024.

2. Athlete Eligibility

All age groups are calculated based on the athlete's age from the year of their birth. An athlete shall be entitled to only compete in one age group.

All athletes must be current members of British Weight Lifting and must be domiciled in England as per the BWL Technical Competition Rules and Regulations (TCRR).

3. Athlete Quota – By Invitation

Age Group	Athletes	
	Male	Female
U20 & U23	10	10
U15 & U17	5	5

BWL reserves to the right to allocate athlete slots should it be deemed in the best competition interest of the performance programme noting athlete preparation ahead of the 2025 World Youth & Junior Championships (Lima, Peru). Please contact Kristian McPhee, Lead Pathway Coach for more information.

4. Athlete Quota – Open Entry, Subject to Minimum Standard

Age Group	Athletes	
	Male	Female
U20 & U23	50	50
U15 & U17	45	45
U10 & U12	50	50

5. Athlete Quota - Total

Age Group	Athletes	
	Male	Female
U20 & U23	60	60
U15 & U17	50	50
U10 & U12	50	50

6. England U20 Championships – Minimum Standards

Category (Men)	Total	Category (Women)	Total
55kg	136	45kg	83
61kg	147	49kg	91
67kg	160	55kg	99
73kg	188	59kg	105
81kg	200	64kg	109
89kg	210	71kg	119
96kg	216	76kg	122
102kg	220	81kg	123
109kg	224	87kg	125
+109kg	229	+87kg	134

7. England U23 Championships – Minimum Standards

Category (Men)	Total	Category (Women)	Total
55kg	150	45kg	92
61kg	163	49kg	101
67kg	177	55kg	109
73kg	207	59kg	116
81kg	224	64kg	121
89kg	231	71kg	129
96kg	238	76kg	132
102kg	241	81kg	136
109kg	247	87kg	138
+109kg	252	+87kg	148

8. England U15 Championships – Minimum Standards

Category (Men)	Total	Category (Women)	Total
49kg	89	40kg	64
55kg	98	45kg	70
61kg	114	49kg	74
67kg	118	55kg	82
73kg	122	59kg	86
81kg	129	64kg	89
89kg	134	71kg	98

96kg	141	76kg	101
102kg	145	81kg	103
+102kg	149	+81kg	111

9. England U17 Championships – Minimum Standards

Category (Men)	Total	Category (Women)	Total
49kg	97	40kg	69
55kg	106	45kg	76
61kg	123	49kg	81
67kg	127	55kg	88
73kg	132	59kg	94
81kg	140	64kg	98
89kg	145	71kg	105
96kg	155	76kg	109
102kg	158	81kg	112
+102kg	162	+81kg	121

10. England U10 & U12 Championships

To be eligible to compete at the England U10 & U12 Championships, an athlete must have competed officially at least once during the qualifying period. There is no minimum standard.

U12 Category (Boys)	U12 Category (Girls)
40kg	30kg
45kg	35kg
49kg	40kg
55kg	45kg
61kg	49kg
67kg	55kg
73kg	59kg
81kg	64kg
89kg	71kg
+89kg	+71kg

U10 Category (Boys)	U10 Category (Girls)
35kg	25kg
40kg	30kg
45kg	35kg
49kg	40kg
55kg	45kg
61kg	49kg
67kg	55kg
73kg	59kg
81kg	64kg
+81kg	+64kg

11. Timelines

17 January 2024	Start of Qualification
17 January 2025	End of Qualification

12. Sport 80 Entry Portal

20 – 21 January 2025	Performance Invitations, as per section 3 Any unused invites will be added to the general pool, as per section 4
22 January 2025	Opening of the Sport 80 entry portal at 0900hrs
30 January 2025	Closure of the Sport 80 entry portal at 1700hrs

13. Competition Schedule

The draft competition schedule will be released no later than 7 February 2025. The final competition schedule and start list will be published by 20 February 2025.

14. Virtual Qualifier

BWL will open a virtual qualifier from 1 – 15 January 2025.

15. Other information

Athletes may move down a bodyweight category providing they inform BWL no later than ten (10) days prior to the start of the event. This is entirely at the discretion of BWL.

Athletes aged seventeen (17) or under may move one bodyweight category higher without achieving the NQT for the higher category. This is entirely at the discretion of BWL. This rule only applies in age group competitions at Youth (U17) and below.

No changes will be made to the competition entry after final verification ten (10) days prior to the start of the event, excepting for U17 athletes who may move one bodyweight category higher at the time of weigh-in.

Photo ID must be presented at the point of registration at the front desk and weigh-in regardless of the lifter having a 'lifter' stamp.

The '20kg' rules will be applied.