

# British Men's Senior Records

| Category (kg) | Lift         | Record (kg) | Holder            | Date             | Competition                   | Location           |
|---------------|--------------|-------------|-------------------|------------------|-------------------------------|--------------------|
| <b>55</b>     | Snatch       | 93          | Benjamin Hickling | 30 July 2022     | Commonwealth Games            | Birmingham, GBR    |
|               | Clean & Jerk | 119         | Benjamin Hickling | 30 July 2022     | Commonwealth Games            | Birmingham, GBR    |
|               | Total        | 222         | Benjamin Hickling | 30 July 2022     | Commonwealth Games            | Birmingham, GBR    |
| <b>61</b>     | Snatch       | 105         | British Standard  | 01 October 2018  |                               |                    |
|               | Clean & Jerk | 131         | Jaswant Shergill  | 19 January 2019  | England Senior Championships  | Milton Keynes, GBR |
|               | Total        | 235         | British Standard  | 01 October 2018  |                               |                    |
| <b>67</b>     | Snatch       | 125         | Gareth Evans      | 08 April 2019    | European Senior Championships | Batumi, GEO        |
|               | Clean & Jerk | 161         | Gareth Evans      | 11 July 2019     | Commonwealth Championships    | Apia, SAM          |
|               | Total        | 286         | Gareth Evans      | 11 July 2019     | Commonwealth Championships    | Apia, SAM          |
| <b>73</b>     | Snatch       | 147         | Chris Murray      | 15 February 2024 | European Championships        | Sofia, BLG         |
|               | Clean & Jerk | 170         | Jonathan Chin     | 8 December 2023  | England Championships         | Birmingham, GBR    |
|               | Total        | 300         | Jonathan Chin     | 8 December 2023  | England Championships         | Birmingham, GBR    |
| <b>81</b>     | Snatch       | 148         | Chris Murray      | 9 December 2023  | England Championships         | Birmingham, GBR    |
|               | Clean & Jerk | 181         | Chris Murray      | 2 August 2022    | Commonwealth Games            | Birmingham, GBR    |
|               | Total        | 325         | Chris Murray      | 2 August 2022    | Commonwealth Games            | Birmingham, GBR    |

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| <b>89</b>     | Snatch       | 155         | Ramiro Mora Romero | 29 October 2022  | England Championships        | Derby, GBR         |
|               | Clean & Jerk | 191         | Ramiro Mora Romero | 29 October 2022  | England Championships        | Derby, GBR         |
|               | Total        | 346         | Ramiro Mora Romero | 29 October 2022  | England Championships        | Derby, GBR         |
| <b>96</b>     | Snatch       | 160         | Ramiro Mora Romero | 6 August 2023    | British Championships        | Manchester, GBR    |
|               | Clean & Jerk | 201         | Ramiro Mora Romera | 10 December 2023 | England Championships        | Birmingham, GBR    |
|               | Total        | 357         | Ramiro Mora Romero | 10 December 2023 | England Championships        | Birmingham, GBR    |
| <b>102</b>    | Snatch       | 161         | Cyrille Tchatchet  | 8 June 2019      | British Championships        | Coventry, GBR      |
|               | Clean & Jerk | 205         | Ramiro Mora Romero | 07 July 2024     | British Championships        | Birmingham, GBR    |
|               | Total        | 365         | Ramiro Mora Romero | 07 July 2024     | British Championships        | Birmingham, GBR    |
| <b>109</b>    | Snatch       | 162         | Andrew Griffiths   | 10 December 2023 | England Championships        | Birmingham, GBR    |
|               | Clean & Jerk | 202         | Owen Boxall        | 3 November 2019  | England Grand Prix           | Milton Keynes, GBR |
|               | Total        | 362         | Owen Boxall        | 3 November 2019  | England Grand Prix           | Milton Keynes, GBR |
| <b>109+</b>   | Snatch       | 168         | Gordon Shaw        | 23 April 2023    | European Senior Championship | Yerevan, ARM       |
|               | Clean & Jerk | 203         | Reza Rouhi         | 07 July 2024     | British Championships        | Birmingham, GBR    |
|               | Total        | 365         | Reza Rouhi         | 07 July 2024     | British Championships        | Birmingham, GBR    |