

England Masters Championships

Birmingham National Exhibition Centre

06 – 8 December 2024

Qualification System

1. Minimum Standards

MEN – ENGLAND MASTERS QUALIFICATION TOTALS

	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80
55	140	120	115	112	96	87	74	64	59	58
61	152	133	126	120	106	95	82	68	64	60
67	165	146	136	129	115	100	90	72	68	62
73	176	158	151	137	125	104	97	76	71	64
81	186	166	158	145	130	108	103	80	76	66
89	196	176	166	153	135	114	108	84	80	68
96	204	183	173	158	141	120	111	88	84	70
102	208	191	181	163	147	126	116	91	88	72
109	213	198	188	170	152	131	121	96	92	74
+109	217	204	194	180	158	136	126	100	96	76

WOMEN – ENGLAND MASTERS QUALIFICATION TOTALS

	W35	W40	W45	W50	W55	W60	W65	W70	W75	W80
45	80	74	70	58	54	46	44	42	42	42
49	84	78	74	60	58	49	47	44	42	42
55	88	82	78	63	60	51	50	46	42	42
59	92	86	82	66	63	54	52	48	42	42
64	96	90	86	69	66	57	54	50	42	42
71	100	94	90	72	69	60	58	52	42	42
76	104	98	94	76	72	63	60	54	42	42
81	107	102	98	79	76	66	63	56	42	42
87	110	107	102	82	79	69	65	58	42	42
+87	112	110	106	85	82	72	67	60	42	42

2. Athlete Quota

Subject to the attainment of the minimum standard within the qualification period, athlete entries will be capped to one hundred (100) lifters. BWL reserves to the right to allocate athlete slots on a discretionary basis outside of the athlete quota should it be deemed in the best competition interest of the event.

3. Athlete Eligibility

All athletes must be current members of British Weight Lifting and must be domiciled in England as per the BWL Technical Competition Rules and Regulations (TCRR).

4. Timelines

6 October 2023	Start of Qualification
6 October 2024	End of Qualification

5. Sport 80 Entry Portal

7 October 2024	Opening of the Sport 80 entry portal
25 October 2024	Closure of the Sport 80 entry portal

6. Competition Schedule

The preliminary competition schedule will be released no later than 5 November 2024.

7. Other information

- Lifters cannot move bodyweight categories on the day of competition.
- Athletes may move to a higher bodyweight category than that which they entered if their qualification total is equal to or higher than the NQT of the higher bodyweight category. This is entirely at the discretion of BWL and may only change from the point of entry to ten (10) days prior to the commencement of the event.
- Athletes may move down a bodyweight category providing they inform BWL no later than ten (10) days prior to the start of the event. This is entirely at the discretion of BWL.
- Photo ID must be presented at the point of registration at the front desk and weigh-in regardless of the lifter having a 'lifter' stamp.
- The athlete must identify they cannot straighten their arms or legs before each lift on the platform by pointing at the limb they cannot straighten and not hold their arms over head. Failure maybe be a no lift.
- The '15kg' rules will be applied at the England Masters Championships (as opposed to the 20kg rule applied at senior events).