

**England Age Group 2024**  
**Maidstone Leisure Centre, Maidstone**  
**23 – 26 February**

**Event Information Pack**

## **Overview**

BWL (British Weight Lifting) are pleased to be delivering the England Age Groups at the Maidstone Leisure Centre, Maidstone.

## **Venue Information**

The competition will be held at:

Maidstone Leisure Centre,  
Mote Park,  
Maidstone,  
Kent,  
ME15 7RN.

## **Travelling**

If travelling by car, use the venue post code ME15 7RN.

Free parking is available at the venue.

If travelling by train, the nearest station is Maidstone West, which is 1.5 miles from the venue.

## **Accreditation**

On arrival, all athletes, coaches, and technical officials must collect accreditation from the BWL registration desk.

**All coaches and athletes are required to provide photographic ID to collect their accreditation. Coaches must wear their accreditation visibly, at all times. Athletes must show their lifter stamp on request.**

Athletes must arrive with enough time to collect their accreditation prior to weigh-in.

Only coaches with a current BWL licence will be able to collect a coach accreditation (wristband) and any coach found passing their accreditation to another person will have their accreditation withdrawn and may be subject to further action after the competition. Any person found in the warm-up area without an athlete accreditation or coach wristband will be asked to leave the area immediately and may be subject to further action after the competition.

## **Spectators**

All spectators should purchase a ticket for the event from BWL: [EAG Tickets](#). Tickets will also be available to purchase on arrival at the event.

## **Weigh-Ins**

All weigh-ins will take place inside the Centre, and you will be directed from the BWL registration area. Lifters must show photographic ID at the weigh-in.

Any athletes aged below 18 may be accompanied to weigh-in by a chaperone if required. This may be a licensed coach, parent or a member of British Weight Lifting staff.

### **Competition Rules**

The current BWL Technical Rules and Regulations (TCRR) will be followed. The lifter with the highest total in each bodyweight category will win, if two lifters record the same total, the lifter who achieves the total first in chronological order will take first place.

We will be using the BWL competition management system at this event which will include paper-based processes for weight changes via the Marshall table.

### **Competition Schedule and Start List**

The competition schedule and start list will be published on the BWL website: [EAG Start List and Schedule](#). Please note that changes may still be made to the schedule and start list prior to the competition running, so we recommend checking back regularly to ensure you have the right information for the competition.

### **Medal Ceremonies**

A medal ceremony will take place immediately after the end of each session. Medals will be presented to the top three ranked lifters in each bodyweight category determined by total.

### **Safeguarding**

There will be a designated event safeguarding officer present. All safeguarding reports and questions should be reported at the BWL registration area.

### **Medical**

There will be a paramedic or first aider on site throughout the competition's duration.

### **Food and Drink**

Food and beverages will be available to purchase from the Maidstone Leisure Centre, however, you are able to bring your own refreshments too.

Should you have any queries please contact British Weight Lifting on 01132 249402 or email [competitions@britishweightlifting.org](mailto:competitions@britishweightlifting.org)