



**ENGLAND AGE GROUP U20/23
Schedule
Friday 23 February 2024
Blue Platform**

GROUP 1 Weigh in: 08:00 Start: 10:00 Finish: 12:15	Male U20/23 61kg to 73kg Categories	13 Lifters
GROUP 2 Weigh in: 10:30 Start: 12:30 Finish: 14:15	Male U20/23 81kg Category	10 Lifters
GROUP 3 Weigh in: 12:30 Start: 14.30 Finish: 16:05	Male U20/23 89kg to 96kg Category	9 Lifters
GROUP 4 Weigh in: 14:20 Start: 16:20 Finish: 17:45	Male U20/23 102kg to 109+kg Category	8 Lifters
GROUP 5 Weigh in: 16:00 Start: 18:00 Finish: 19:35	Female U20/23 81kg to 87+kg Categories	9 lifters

All start and finish times are subject to change on the day of the competition subject to the running speed.

ENGLAND AGE GROUP U20/23 Schedule Friday 23 February 2024 Red Platform

GROUP 1 Weigh in: 07:30 Start: 09:30 Finish: 10:45	Female U20/23 49kg to 55kg Categories	7 Lifters
GROUP 2 Weigh in: 09:00 Start: 11:00 Finish: 12:10	Female U23 59kg Category	6 Lifters
GROUP 3 Weigh in: 10:25 Start: 12:25 Finish: 13:40	Female U20 64kg Category Female U23 64kg Category B Group	7 Lifters
GROUP 4 Weigh in: 11:55 Start: 13:55 Finish: 15:10	Female U23 64kg Category A Group	7 Lifters
GROUP 5 Weigh in: 13:25 Start: 15:25 Finish: 17:30	Female U20/23 71kg Category	12 lifters
GROUP 6 Weigh in: 15:45 Start: 17:45 Finish: 19:00	Female U20/23 76kg Category	7 Lifters

All start and finish times are subject to change on the day of the competition subject to the running speed