

British Women's U23 Records

Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
45	Snatch	60	Alex Mackay	05 July 2024	British Championships	Birmingham, GBR
	Clean & Jerk	77	Alex Mackay	05 July 2024	British Championships	Birmingham, GBR
	Total	137	Alex Mackay	05 July 2024	British Championships	Birmingham, GBR
49	Snatch	70	Nikole Roberts	06 July 2024	British Championships	Birmingham, GBR
	Clean & Jerk	83	Nikole Roberts	06 July 2024	British Championships	Birmingham, GBR
	Total	156	Nikole Roberts	06 July 2024	British Championships	Birmingham, GBR
55	Snatch	86	Fraer Morrow	26 June 2021	British Championships	Twickenham, GBR
	Clean & Jerk	109	Fraer Morrow	26 June 2021	British Championships	Twickenham, GBR
	Total	195	Fraer Morrow	26 June 2021	British Championships	Twickenham, GBR
59	Snatch	85	Catrin Jones	1 July 2022	Grand Prix Dudelange Lux	Dudelange, LUX
	Clean & Jerk	108	Catrin Jones	11 June 2022	Welsh Summer Open 2022	Bangor, Wales
	Total	192	Catrin Jones	1 July 2022	Grand Prix Dudelange Lux	Dudelange, LUX
64	Snatch	90	Josie Griffiths	06 July 2024	British Championships	Birmingham, GBR
	Clean & Jerk	106	Josie Griffiths	30 July 2023	European Junior Championships	Bucharest, ROM
	Total	193	Josie Griffiths	06 July 2024	British Championships	Birmingham, GBR

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71	Snatch	90	Rachel Bemrose	06 July 2024	British Championships	Birmingham, GBR
	Clean & Jerk	110	Rachel Bemrose	06 July 2024	British Championships	Birmingham, GBR
	Total	200	Rachel Bemrose	06 July 2024	British Championships	Birmingham, GBR
76	Snatch	101	Isabella Brown	24 September 2024	World Junior Championships	Leon, ESP
	Clean & Jerk	121	Isabella Brown	24 September 2024	World Junior Championships	Leon, ESP
	Total	222	Isabella Brown	124 September 2024	B World Junior Championships	Leon, ESP
81	Snatch	95	Funmi Morgan	06 July 2024	British Championships	Birmingham, GBR
	Clean & Jerk	114	Funmi Morgan	18 April 2024	British University & College Championships	Brunel Uni, GBR
	Total	204	Funmi Morgan	23 Feb 2024	British University & College Championships	Brunel Uni, GBR
87	Snatch	99	Mercy Brown	26 October 2019	European U23 Championships	Bucharest, ROU
	Clean & Jerk	125	Mercy Brown	26 October 2019	European U23 Championships	Bucharest, ROU
	Total	224	Mercy Brown	26 October 2019	European U23 Championships	Bucharest, ROU
87+	Snatch	98	Mercy Brown	10 March 2019	Las Vegas International Open	Las Vegas, USA
	Clean & Jerk	128	Mercy Brown	10 March 2019	Las Vegas International Open	Las Vegas, USA
	Total	226	Mercy Brown	10 March 2019	Las Vegas International Open	Las Vegas, USA