

# British Women's U23 Records

Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
<b>45</b>	Snatch	60	Alex Mackay	05 July 2024	British Championships	Birmingham, GBR
	Clean & Jerk	77	Alex Mackay	05 July 2024	British Championships	Birmingham, GBR
	Total	137	Alex Mackay	05 July 2024	British Championships	Birmingham, GBR
<b>49</b>	Snatch	70	Nikole Roberts	06 July 2024	British Championships	Birmingham, GBR
	Clean & Jerk	83	Nikole Roberts	06 July 2024	British Championships	Birmingham, GBR
	Total	156	Nikole Roberts	06 July 2024	British Championships	Birmingham, GBR
<b>55</b>	Snatch	86	Fraer Morrow	26 June 2021	British Championships	Twickenham, GBR
	Clean & Jerk	109	Fraer Morrow	26 June 2021	British Championships	Twickenham, GBR
	Total	195	Fraer Morrow	26 June 2021	British Championships	Twickenham, GBR
<b>59</b>	Snatch	85	Catrin Jones	1 July 2022	Grand Prix Dudelange Lux	Dudelange, LUX
	Clean & Jerk	108	Catrin Jones	11 June 2022	Welsh Summer Open 2022	Bangor, Wales
	Total	192	Catrin Jones	1 July 2022	Grand Prix Dudelange Lux	Dudelange, LUX
<b>64</b>	Snatch	90	Josie Griffiths	06 July 2024	British Championships	Birmingham, GBR
	Clean & Jerk	106	Josie Griffiths	30 July 2023	European Junior Championships	Bucharest, ROM
	Total	193	Josie Griffiths	06 July 2024	British Championships	Birmingham, GBR

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<b>71</b>	Snatch	90	Rachel Bemrose	06 July 2024	British Championships	Birmingham, GBR
	Clean & Jerk	110	Rachel Bemrose	06 July 2024	British Championships	Birmingham, GBR
	Total	200	Rachel Bemrose	06 July 2024	British Championships	Birmingham, GBR
<b>76</b>	Snatch	97	Isabella Brown	18 April 2024	British University & College Championships	Brunel Uni, GBR
	Clean & Jerk	120	Isabella Brown	18 April 2024	British University & College Championships	Brunel Uni, GBR
	Total	217	Isabella Brown	18 April 2024	British University & College Championships	Brunel Uni, GBR
<b>81</b>	Snatch	95	Funmi Morgan	06 July 2024	British Championships	Birmingham, GBR
	Clean & Jerk	114	Funmi Morgan	18 April 2024	British University & College Championships	Brunel Uni, GBR
	Total	204	Funmi Morgan	23 Feb 2024	British University & College Championships	Brunel Uni, GBR
<b>87</b>	Snatch	99	Mercy Brown	26 October 2019	European U23 Championships	Bucharest, ROU
	Clean & Jerk	125	Mercy Brown	26 October 2019	European U23 Championships	Bucharest, ROU
	Total	224	Mercy Brown	26 October 2019	European U23 Championships	Bucharest, ROU
<b>87+</b>	Snatch	98	Mercy Brown	10 March 2019	Las Vegas International Open	Las Vegas, USA
	Clean & Jerk	128	Mercy Brown	10 March 2019	Las Vegas International Open	Las Vegas, USA
	Total	226	Mercy Brown	10 March 2019	Las Vegas International Open	Las Vegas, USA