

British Women's U20 Records

Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
45	Snatch	57	Asees Dhanda	11 August 2022	European Youths	Raszyn, POL
	Clean & Jerk	69	Asees Dhanda	11 August 2022	European Youths	Raszyn, POL
	Total	126	Asees Dhanda	11 August 2022	European Youths	Raszyn, POL
49	Snatch	70	Nikole Roberts	06 July 2024	British Championships	Birmingham, GBR
	Clean & Jerk	86	Nikole Roberts	06 July 2024	British Championships	Birmingham, GBR
	Total	156	Nikole Roberts	06 July 2024	British Championships	Birmingham, GBR
55	Snatch	78	Catrin Jones	20 October 2019	European U20 Championships	Bucharest, ROU
	Clean & Jerk	103	Catrin Jones	30 November 2019	Celtic Nations Championships	Bangor, GBR
	Total	181	Catrin Jones	30 November 2019	Celtic Nations Championships	Bangor, GBR
59	Snatch	78	Julieta Chang-Fane	13 April 2019	British University & College Championships	Twickenham, GBR
	Clean & Jerk	96	Julieta Chang-Fane	14 January 2019	BWL Midlands Age Group Open	Lydney, GBR
	Total	174	Julieta Chang-Fane	13 April 2019	British University & College Championships	Twickenham, GBR
64	Snatch	81	Josie Griffiths	12 Nov 2022	British Age Groups	Leeds, GBR
	Clean & Jerk	99	Emily Steel	9 December 2023	England Championships	Birmingham, GBR
	Total	177	Josie Griffiths	12 Nov 2022	British Age Groups	Leeds, GBR

British Women's U20 Records

Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
71	Snatch	86	Erin Friel	06 July 2024	British Championships	Birmingham, GBR
	Clean & Jerk	109	Erin Friel	06 July 2024	British Championships	Birmingham, GBR
	Total	195	Erin Friel	06 July 2024	British Championships	Birmingham, GBR
76	Snatch	97	Isabella Brown	18 April 2024	British University & College Championships	Brunel Uni, GBR
	Clean & Jerk	120	Isabella Brown	18 April 2024	British University & College Championships	Brunel Uni, GBR
	Total	217	Isabella Brown	18 April 2024	British University & College Championships	Brunel Uni, GBR
81	Snatch	89	Lottie Absolom	23 Feb 2024	England Age Groups	Maidstone, GBR
	Clean & Jerk	103	Lottie Absolom	23 Feb 2024	England Age Groups	Maidstone, GBR
	Total	192	Lottie Absolom	23 Feb 2024	England Age Groups	Maidstone, GBR
87	Snatch	91	Emily Sweeney	1 August 2023	European Junior Championships	Bucharest, ROM
	Clean & Jerk	110	Emily Sweeney	12 Nov 2022	British Age Groups	Leeds, GBR
	Total	200	Emily Sweeney	12 Nov 2022	British Age Groups	Leeds, GBR
87+	Snatch	72	British Standard	01 October 2018		
	Clean & Jerk	93	British Standard	01 October 2018		
	Total	165	British Standard	01 October 2018		