

British Men's U20 Records

| BCategory (kg) | Lift | Record (kg) | Holder | Date | Competition | Location |
|---------------------------|--------------|------------------------|-------------------|-----------------|--------------------------------------------|-----------------|
| 55 | Snatch | 93 | Benjamin Hickling | 30 July 2022 | Commonwealth Games | Birmingham, GBR |
| | Clean & Jerk | 121 | Harrison McGrogan | 05 July 2024 | British Championships | Birmingham, GBR |
| | Total | 222 | Benjamin Hickling | 30 July 2022 | Commonwealth Games | Birmingham, GBR |
| 61 | Snatch | 98 | Ben Hickling | 29 January 2022 | British Senior Championships | Derby Arena GBR |
| | Clean & Jerk | 121 | Harrison McGrogan | 5 July 2024 | British Senior Championships | Birmingham GBR |
| | Total | 218 | Ben Hickling | 29 January 2022 | British Senior Championships | Derby Arena GBR |
| 67 | Snatch | 118 | Michael Farmer | 13 April 2019 | British University & College Championships | Twickenham, GBR |
| | Clean & Jerk | 146 | Michael Farmer | 11 July 2019 | Commonwealth Championships | Apia, SAM |
| | Total | 261 | Michael Farmer | 11 July 2019 | Commonwealth Championships | Apia, SAM |
| 73 | Snatch | 125 | Jacob Finnigan | 29 Oct 2022 | England Championships | Derby, GBR |
| | Clean & Jerk | 157 | Jacob Finnigan | 29 Oct 2022 | England Championships | Derby, GBR |
| | Total | 282 | Jacob Finnigan | 29 Oct 2022 | England Championships | Derby, GBR |
| 81 | Snatch | 140 | Chris Murray | 13 April 2019 | British University & College Championships | Twickenham, GBR |
| | Clean & Jerk | 165 | Chris Murray | 10 April 2019 | European Senior Championships | Batumi, GEO |
| | Total | 304 | Chris Murray | 10 April 2019 | European Senior Championships | Batumi, GEO |

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Revised 01/03/2024

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|---------------|--------------|-------------|-----------------|------------------|---------------------------------|------------------|
| 89 | Snatch | 142 | Stefano Cataldi | 29 October 2022 | England Championships | Derby, GBR |
| | Clean & Jerk | 185 | Stefano Cataldi | 26 February 2023 | England Age Group Championships | Brunel, GBR |
| | Total | 325 | Stefano Cataldi | 26 February 2023 | England Age Group Championships | Brunel, GBR |
| 96 | Snatch | 141 | Myren Madden | 13 November 2022 | British Age Groups | Leeds, GBR |
| | Clean & Jerk | 171 | Myren Madden | 13 November 2022 | British Age Groups | Leeds, GBR |
| | Total | 312 | Myren Madden | 13 November 2022 | British Age Groups | Leeds, GBR |
| 102 | Snatch | 144 | Joshua Hutton | 10 Dec 2023 | England Age Groups | Maidstone, GBR |
| | Clean & Jerk | 163 | Joshua Hutton | 10 Dec 2023 | England Age Groups | Maidstone, GBR |
| | Total | 307 | Joshua Hutton | 10 Dec 2023 | England Age Groups | Maidstone, GBR |
| 109 | Snatch | 140 | Jordan Sakkas | 09 June 2019 | British Senior Championships | Coventry, GBR |
| | Clean & Jerk | 178 | Jordan Sakkas | 12 October 2019 | Welsh Open | Cardiff, GBR |
| | Total | 318 | Jordan Sakkas | 12 October 2019 | Welsh Open | Cardiff, GBR |
| 109+ | Snatch | 135 | Kun Mo Yang | 10 Sept 2023 | British Age Group Championships | Leeds, GBR |
| | Clean & Jerk | 170 | Kun Mo Yang | 29 January 2023 | Hampshire Winter Open | Basingstoke, GBR |
| | Total | 296 | Kun Mo Yang | 10 Sept 2023 | British Age Group Championships | Leeds, GBR |

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