

2024 British Age Group Championships
 John Charles Centre for Sport, Leeds
 Saturday 19 October 2024 & Sunday 20 October 2024

Qualification System

1. Programme

Date	Age Group
Saturday 19 October 2024	U10 & U12 – Development
	U15 & U17
Sunday 20 October 2024	U20 & U23

Three (3) competition platforms will be used to deliver the 2024 British Age Group Championships.

2. Athlete Eligibility

All age groups are calculated based on the athlete’s age from the year of their birth. An athlete shall be entitled to only compete in one age group.

All athletes must be current members of British Weight Lifting and must be domiciled in the UK as per the BWL Technical Competition Rules and Regulations (TCRR).

3. Athlete Quota

Age Group	Athletes	
	Male	Female
U20 & U23	60	60
U15 & U17	50	50
U10 & U12	50	50

BWL reserves to the right to allocate athlete slots on a discretionary basis outside of the athlete quota should it be deemed in the best competition interest of the performance programme. In such case, the athlete will compete as a guest only.

4. Qualification Period

8 September 2023	Start of Qualification
8 September 2024	End of Qualification

5. British Age Group Championships – Minimum Standards

Male				
B/WT	U23	U20	U17	U15
49			102	94
55	158	143	112	103
61	172	155	129	120
67	186	169	134	123
73	218	198	139	128
81	231	211	147	136
89	243	221	153	141
96	251	227	163	149
102	254	231	166	153
102+			171	158
109	260	236		
109+	265	241		

Female				
B/WT	U23	U20	U17	U15
40			73	67
45	97	87	80	74
49	106	96	85	78
55	115	104	93	86
59	122	111	99	91
64	126	115	103	94
71	136	124	111	103
76	140	127	115	106
81	143	130	118	109
81+			126	117
87	145	132		
87+	156	141		

6. Qualification / Invitation Pathway

AGE GROUPS: U15, U17, U20, & U23

9 – 21 September 2024	Open Entry Process (subject to minimum standard) to enter the 2024 British Age Group Championships (U15, U17, U20, & U23).
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AGE GROUPS: U10 & U12 – DEVELOPMENT

9 – 21 September 2024	To be eligible to compete at the British U10 & U12 Championships, an athlete must have competed officially at least once during the qualifying period. There is no minimum standard. Open entry process.
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7. Sport 80 Entry Portal

As per the respective dates as noted above, the opening of the Sport 80 entry portal will be at 0900hrs. The portal will then close on the final date at 1700hrs.

8. BODYWEIGHT CATEGORIES: U10 & U12 – DEVELOPMENT

U12 Category (Boys)	U12 Category (Girls)
40kg	30kg
45kg	35kg
49kg	40kg
55kg	45kg
61kg	49kg
67kg	55kg
73kg	59kg
81kg	64kg
89kg	71kg
+89kg	+71kg
U10 Category (Boys)	U10 Category (Girls)
35kg	25kg
40kg	30kg
45kg	35kg
49kg	40kg
55kg	45kg
61kg	49kg
67kg	55kg
73kg	59kg
81kg	64kg
+81kg	+64kg

9. Competition Schedule

The first draft of the competition schedule will be released no later than 28th September 2024.

10. Medals and Trophies

Medals will be awarded to the top three (3) athletes in each bodyweight category. Trophies will also be awarded on the following basis:

- Top Male U15 & Top Female U15
- Top Male Youth & Top Female Youth
- Top Male Junior & Top Female Junior
- Top Male U23 & Top Female U23
- Best Club Award

11. Other information

Athletes may move down a bodyweight category providing they inform BWL no later than ten (10) days prior to the start of the event. This is entirely at the discretion of BWL.

Athletes aged seventeen (17) or under may move one bodyweight category higher without achieving the NQT for the higher category. This is entirely at the discretion of BWL. This rule only applies in age group competitions at Youth (U17) and below.

No changes will be made to the competition entry after final verification ten (10) days prior to the start of the event, excepting for U17 athletes who may move one bodyweight category higher at the time of weigh-in.

Photo ID must be presented at the point of registration at the front desk and weigh-in regardless of the lifter having a 'lifter' stamp.

The '20kg' rules will be applied.