



# **British Open Senior Championships Schedule Sunday 22 October 2023 Red Platform**

Weigh in: 07:30 Start: 09:30 Finish: 11:40	M55, 61, 67, 73kg All Lifters	13 Lifters
Weigh in: 09:50 Start: 11:50 Finish: 13:50	M81kg All Lifters	12 Lifters
Weigh in: 12:00 Start: 14:00 Finish: 15:20	M89kg All Lifters	8 Lifters
Weigh in: 13:30 Start: 15:30 Finish: 17:00	M96, 102kg All Lifters	9 Lifters
Weigh in: 15:10 Start: 17:10 Finish: 18:30	M109, 109+kg All Lifters	8 Lifters

All start and finish times are subject to change on the day of the competition.



## **British Open Senior Championships Schedule Sunday 22 October 2023 Blue Platform**

Weigh in: 07:30 Start: 09:30 Finish: 11:20	W49, 55, 59kg All Lifters	11 Lifters
Weigh in: 09:30 Start: 11:30 Finish: 13:10	W64kg All Lifters	10 Lifters
Weigh in: 11:20 Start: 13:20 Finish: 15:10	W71kg All Lifters	11 Lifters
Weigh in: 13:20 Start: 15:20 Finish: 16:50	W76, 81kg All Lifters	9 Lifters
Weigh in: 15:00 Start: 17:00 Finish: 18:20	W87, 87+kg All Lifters	8 Lifters

All start and finish times are subject to change on the day of the competition.