

**British Masters Championships  
Schedule  
Saturday 21 October 2023**

**Red Platform**

1	Weigh in: 08:00 Start: 10:00 Finish: 11:50	W65, 55, 50 ALL LIFTERS	10 Lifters
2	Weigh in: 10:00 Start: 12:00 Finish: 13:10	W45 ALL LIFTERS	7 Lifters
3	Weigh in: 11:20 Start: 13:20 Finish: 14:40	W40 (59, 71, 76kg)	8 Lifters
4	Weigh in: 12:50 Start: 14:50 Finish: 16:00	W40 (81, 87, 87+kg)	7 Lifters
5	Weigh in: 14:10 Start: 16:10 Finish: 18:00	W35 (49, 55, 59, 64, 71kg)	11 Lifters
6	Weigh in: 16:10 Start: 18:10 Finish: 19:40	W35 (76, 81, 87+kg)	9 Lifters

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**Blue Platform**

1	Weigh in: 07:30 Start: 09:30 Finish: 11:10	M80, M70, M60 ALL LIFTERS	9 Lifters
2	Weigh in: 09:20 Start: 11:20 Finish: 12:40	M55 ALL LIFTERS	8 Lifters
3	Weigh in: 10:50 Start: 12:50 Finish: 14:00	M50 ALL LIFTERS	7 Lifters
4	Weigh in: 12:10 Start: 14:10 Finish: 15:50	M45 ALL LIFTERS	10 Lifters
5	Weigh in: 14:00 Start: 16:00 Finish: 17:10	M40 ALL LIFTERS, M35 (73kg) LIFTERS	6 Lifters
6	Weigh in: 15:20 Start: 17:20 Finish: 18:30	M35 ALL (81kg)	7 Lifters
7	Weigh in: 16:40 Start: 18:40 Finish: 20:10	M35 (89, 96, 102, 109kg)	9 Lifters