



**British
Masters
Championships
and
British Open**

**21/22 October
2023**

Hutchesons' Grammar School, Glasgow

Event Information Pack

Overview

BWL are pleased to be delivering the 2023 British Masters Championships and British Open at Hutchesons' Grammar School in Glasgow.

Venue Information

The competition will be held at:

Hutchesons' Grammar School
21 Beaton Road
Glasgow G41 4NW

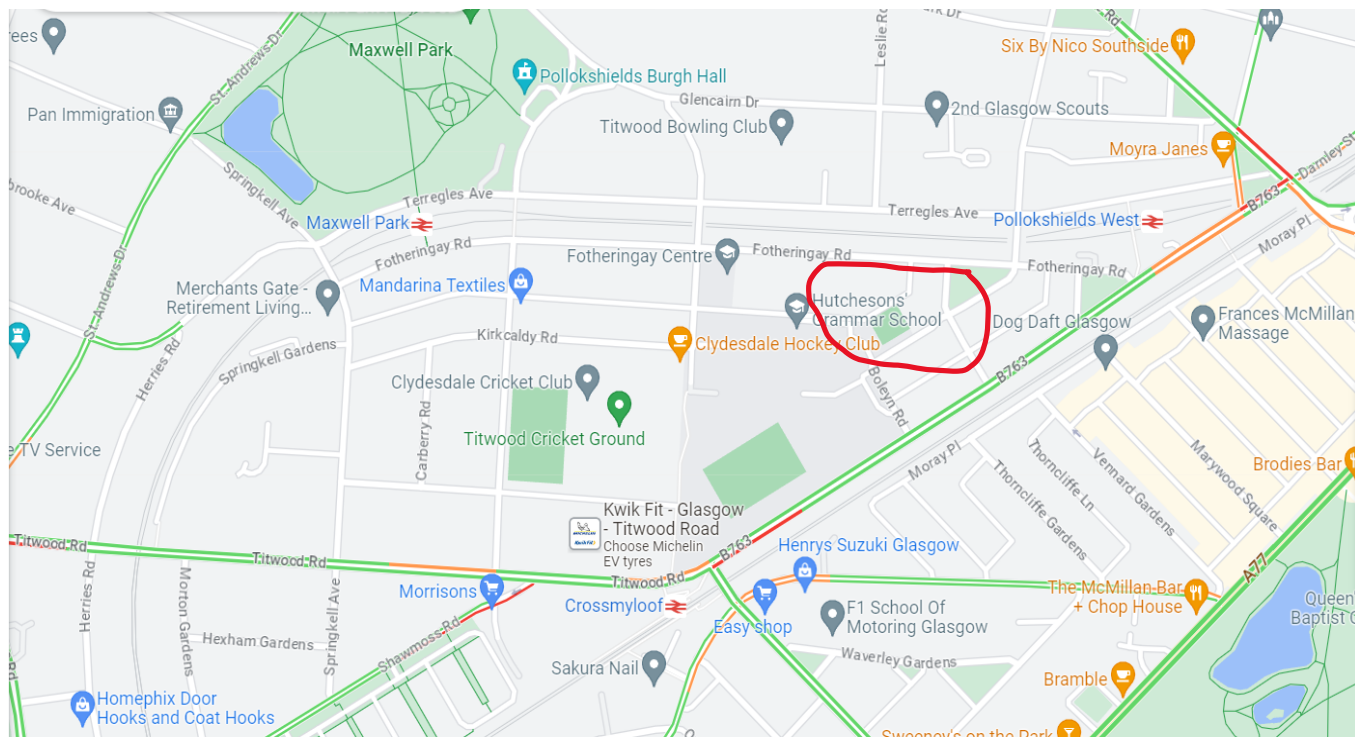
Travelling by road

The main Motorway's in the area are the M77, M74 and M8 - each are very close to the school. Free parking is available at the venue.

Information on planning a journey by car can be found at:

www.theaa.com

www.highways.gov.uk



Travelling by Rail

From Glasgow central train station, there are 2 local stations.

Crossmyloof

Maxwell Park

Both are 10 minutes walk from the station to the venue.

International travel to Glasgow

The closest airport is Glasgow International, which is a 30 minute taxi ride. Alternatively you can use the Glasgow Airport Express shuttle bus to get to Glasgow Central station, and change there for the local train services outlined above.. The bus departs from just outside the airport terminal.



Accreditation

On arrival, all visitors including athletes, coaches and technical officials must collect accreditation from the BWL Registration Desk which will be located in the entrance to the sports hall.

All coaches and athletes are required to provide photographic ID to collect their accreditation and must wear/show their accreditation visibly, at all times. Athletes must arrive with enough time to collect their accreditation prior to weigh-in.

Only coaches with a current BWL licence will be able to collect a coach accreditation (wristband) and any coach found passing their accreditation to another person will have their accreditation withdrawn and may be subject to further action after the competition. Any person found in the warm-up area without an athlete accreditation or coach wristband will be asked to leave the area immediately and may be subject to further action after the competition.

Spectators

All spectators should purchase a ticket for the appropriate platform at the event from BWL [here](#). Spectators should report to the BWL Registration Desk. Tickets will also be available to purchase on arrival at the event.

Weigh-Ins

All weigh-ins will take place at the sports hall and you will be directed from the registration desk.

Competition Rules

The current BWL Technical Rules and Regulations (TCRR) will be followed. The lifter with the highest total in each bodyweight category will win, if two lifters record the same total, the lifter who achieve the total first will take first place.

Competition Schedule and Start List

The competition schedule and start list are published on the BWL website [here](#).

Live Streaming

The competition will be livestreamed, free of charge, The links are as below:-

<https://arena.joymo.no/api/share/CXCoFe0RqnnSHb0E1b6h> Men Masters Saturday

<https://arena.joymo.no/api/share/ieizhWn8hF3D7wtkkKml> Women Masters Saturday

<https://arena.joymo.no/api/share/f9kAXizqELTTBbX3nevO> Women Open Sunday

<https://arena.joymo.no/api/share/WL31ZEcYvAt62ldhZq5o> Men Open Sunday

Medal Ceremonies

A medal ceremony will take place immediately after the end of each A group. Medals will be presented to the top three ranked lifters in each bodyweight category determined by total.

Safeguarding

There will be a designated event safeguarding officer present. All safeguarding reports and questions should be reported at the BWL registration desk.



Medical

There will be one paramedic on site throughout the competition duration.

Food and Drink

There will be a mobile catering outlet providing hot/cold drinks, sandwiches and snacks. There is a Morrisons supermarket adjacent to Crossmyloof station.

Photography

There will be a photographer in attendance – Phil Ward – **Follow the Lighthouse** (images and video) Only official photographers/videographers with accreditation will be allowed access.

COVID-19

From 1 April 2022, the Government removed the guidance on voluntary COVID-status certification in domestic settings and no longer recommend that certain venues use the NHS COVID Pass. While you're no longer legally required to self-isolate if you have COVID-19, you should try to stay at home and away from others to avoid passing on the virus. If you've tested positive for COVID-19 or have symptoms of COVID-19, you should avoid contact with others as much as possible.

For this event, we advise that everyone attending should follow the national guidance which can be found at: [Living safely with respiratory infections, including COVID-19 - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/living-safely-with-respiratory-infections-including-covid-19). You should not attend if you have a high temperature and/or are unwell and you should continue to maintain good hand hygiene and wash your hands regularly.

Should you have any queries please contact British Weight Lifting on 01132 249402 or email competitions@britishweightlifting.org