

BRITISH CHAMPIONSHIPS 2023 Schedule SATURDAY 5 AUGUST 2023 Red Platform		
Weigh in: 07.30 Start: 09.30 Finish: 11.50	MEN 61KG A GROUP MEN 67KG A GROUP	14 Lifters
Weigh in: 10.05 Start: 12.05 Finish: 13.15	WOMEN 45KG A GROUP WOMEN 49KG A GROUP	7 Lifters
Weigh in: 11.30 Start: 13.30 Finish: 14.40	MEN 73KG A GROUP	6 Lifters
Weigh in: 12.55 Start: 14.55 Finish: 16.55	WOMEN 55KG A GROUP WOMEN 59KG A GROUP	12 Lifters
Weigh in: 15.10 Start: 17.10 Finish: 19.10	MEN 81KG A GROUP MEN 89KG A GROUP	12 Lifters

BRITISH CHAMPIONSHIPS 2023 Schedule SATURDAY 5 AUGUST 2023 Blue Platform		
Weigh in: 08.00 Start: 10.00 Finish: 11.40	WOMEN 55KG B GROUP WOMEN 59KG B GROUP	10 Lifters
Weigh in: 09.55 Start: 11.55 Finish: 13.55	MEN 81KG B GROUP MEN 89KG B GROUP	12 Lifters
Weigh in: 12.10 Start: 14.10 Finish: 16.10	WOMEN 64KG B GROUP WOMEN 71KG B GROUP	12 Lifters
Weigh in: 14.25 Start: 16.25 Finish: 18.05	MEN 96KG B GROUP MEN 102KG B GROUP	10 Lifters
Weigh in: 16.20 Start: 18.20 Finish: 19.30	WOMEN 76KG B GROUP WOMEN 81KG B GROUP	6 Lifters

BRITISH CHAMPIONSHIPS 2023
Schedule
SUNDAY 6 AUGUST 2023
Red Platform

Weigh in: 07.30 Start: 09.30 Finish: 11.30	WOMEN 64KG A GROUP WOMEN 71KG A GROUP	12 Lifters
Weigh in: 09.45 Start: 11.45 Finish: 13.45	MEN 96KG A GROUP MEN 102KG A GROUP	12 Lifters
Weigh in: 12.00 Start: 14.00 Finish: 16.10	WOMEN 76KG A GROUP WOMEN 81KG A GROUP	13 Lifters
Weigh in: 14.25 Start: 16.25 Finish: 18.35	MEN 109KG A GROUP MEN 109+KG A GROUP	13 Lifters
Weigh in: 16.50 Start: 18.50 Finish: 20.10	WOMEN 87KG A GROUP WOMEN 87+KG A GROUP	8 Lifters

All start and finish times are subject to change on the day of the competition subject to the running speed.