

British Championships 2023



Group	Last Name	First Name	Cat.	B.W.	Team	Snatch			Clean&Jerk			Total	
						1	2	3	1	2	3	Total	Rank

SR M 61

A	Hickling	Benjamin	SR M 61	60.96	Unattached	100	(103)	(105)	123	(128)	(128)	223	1
A	Casidsid	Seth	SR M 61	60.28	S56 Weightlifting	88	(91)	(92)	(110)	110	115	203	2
A	Foggo	Ben	SR M 61	60.57	Unattached	85	(87)	87	106	(109)	(112)	193	3
A	Pogmore	Daniel	SR M 61	60.25	Unattached	(85)	85	90	102	(106)	(108)	192	4

SR M 67

A	Shergill	Jaswant	SR M 67	66.59	Unattached	110	(115)	115	140	150	-	265	1
A	Freebury	Christopher	SR M 67	67.00	Atlas WL Centre	107	111	115	130	135	(141)	250	2
A	Babalola	Hakeem	SR M 67	66.69	Team Manchester	103	106	(109)	120	(125)	125	231	3
A	Stiles	Kieran	SR M 67	66.20	Middlesex U WLC	(97)	97	100	(123)	124	(132)	224	4
A	Beams	Garin	SR M 67	66.99	Unattached	(98)	(98)	98	121	(124)	124	222	5
A	Ji	Yegeun	SR M 67	63.57	Loughboro U WL/PL	93	(97)	(97)	(123)	(123)	126	219	6
A	Lucas	Ryan	SR M 67	66.53	LOWA	93	96	(98)	(122)	122	(127)	218	7
A	Farqun	Samir	SR M 67	67.00	Stockport Spartens WLC	95	98	102	(120)	(121)	(125)	-	-

SR M 73

A	Chin	Jonathan	SR M 73	72.00	Resilience WL	116	120	126	150	156	(162)	282	1
A	Carfray	Craig	SR M 73	73.00	Kilmarnock AWLC	110	113	(116)	136	141	(150)	254	2
A	Green	Cian	SR M 73	73.00	Bangor U WLC	103	107	(111)	130	135	137	244	3
A	Capavanni	Antonio	SR M 73	71.00	Stockport Spartens WLC	103	107	(111)	126	130	(136)	237	4

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A	North	Gilbert	SR M 73	72.00	Glasgow City Barbell	103	(107)	(107)	126	(130)	130	233	5

SR M 81													
A	Murray	Chris	SR M 81	81.00	Locker 27	135	138	141	166	172	175	316	1
A	Ingram	Tom	SR M 81	79.64	Unattached	(123)	123	127	155	(158)	158	285	2
A	Cowen	Joseph	SR M 81	81.00	Psych WLC	(123)	123	(126)	150	(154)	154	277	3
A	Stewart-Nerona	Emil	SR M 81	80.89	Unattached	115	118	120	148	154	(158)	274	4
B	Austin	Finley	SR M 81	79.30	Wildboar Weightlifting	(118)	119	(124)	(145)	148	152	271	5
A	Mears	Omarie	SR M 81	80.93	Mems WL	(117)	117	121	(145)	(145)	145	266	6
A	Epton	Jason	SR M 81	81.00	Glasgow City Barbell	118	(122)	(124)	147	(157)	(157)	265	7
B	Summersgil	Joshua	SR M 81	79.90	Triple X Weightlifting	110	113	(115)	(143)	(147)	147	260	8
B	Wilson	Iain	SR M 81	78.60	Glasgow City Barbell	110	114	(117)	(143)	145	(150)	259	9
B	Tao	Kevin	SR M 81	80.02	Crystal Palace	110	115	118	130	138	(143)	256	10
B	Gibson	Edward	SR M 81	80.40	Jolly Sailor Barbell	(110)	110	(115)	142	146	(150)	256	11
B	Sweetman	Ryan	SR M 81	79.40	Ronin Barbell	(120)	120	124	(150)	(150)	(150)	-	-

SR M 89													
A	Cataldi	Stefano	SR M 89	88.27	LOWA	135	(140)	(143)	(173)	(173)	173	308	1
A	Smale	Edward	SR M 89	88.94	Unattached	130	134	137	160	164	(171)	301	2
A	Dobson	Jack	SR M 89	88.13	Unattached	128	133	137	158	162	(168)	299	3
A	Lakin	Lukas	SR M 89	86.75	Unattached	118	122	(126)	158	164	(170)	286	4
A	Brindley	Allen	SR M 89	88.77	Edinburgh U OWLC	120	125	128	(155)	155	(162)	283	5
B	Stumbles	Greg	SR M 89	89.00	Unattached	120	(122)	122	153	156	158	280	6
B	Slater	Benny	SR M 89	87.36	Unattached	(120)	120	125	145	(150)	(150)	270	7

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B	Chea	Chi	SR M 89	86.00	Woking Weightlifting	112	116	(120)	146	(150)	(155)	262	8
B	Donaldson	Jason James	SR M 89	85.30	Unattached	115	(117)	(117)	143	(148)	(152)	258	9
A	Russ	Christopher	SR M 89	88.60	Unattached	135	(140)	(140)	(150)	(150)	(150)	-	-

SR M 96

A	Mora Romera	Ramiro	SR M 96	96.00	LOWA	151	156	160	190	196	(200)	356	1
A	Madden	Myren	SR M 96	94.65	Unattached	140	144	(148)	173	(178)	(178)	317	2
A	Nelms	Harry	SR M 96	94.77	Unattached	(128)	128	(132)	165	170	(176)	298	3
B	Barnes	Ciaran	SR M 96	94.23	Unattached	120	124	128	160	165	170	298	4
A	Burns	Drew	SR M 96	95.41	Glasgow City Barbell	133	(137)	(137)	160	(167)	-	293	5
B	Axon	Henry	SR M 96	96.00	Loughborough U WL/PL	120	125	(129)	152	(156)	156	281	6
B	Owen	Edward	SR M 96	95.44	UOB Weightlifting	(118)	119	124	(150)	151	156	280	7
B	Richardson	Thomas	SR M 96	94.22	Royal Navy Weightlifting	(112)	112	116	140	145	150	266	8
A	Bestman	Stephen	SR M 96	93.50	Brunel U WLC	135	(140)	140	(168)	(168)	(170)	-	-

SR M 102

A	Avetisyan	Edmond	SR M 102	101.74	Unattached	(135)	135	140	170	176	181	321	1
A	Steel	David	SR M 102	100.96	Unattached	132	136	140	167	175	(180)	315	2
A	Valdmanis	Kristaps	SR M 102	100.95	The Leicester OWLC	(126)	126	(131)	(166)	(166)	166	292	3
A	Cutler	Michael	SR M 102	99.13	RAF WL	(125)	125	130	150	155	160	290	4
B	Conroy	Daniel	SR M 102	100.77	Unattached	115	120	126	150	160	(167)	286	5
A	Taylor	Filip	SR M 102	100.87	Coleg Sir Gar Lianelli WA	120	(125)	(126)	150	155	160	280	6
B	Healy	Jonathon	SR M 102	101.81	Brunel U WLC	110	114	(118)	143	148	(153)	262	7
A	Stone	Charlie	SR M 102	100.09	Stone Strength WL	130	(135)	(135)	-	-	-	-	-

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B	Farley	Thomas	SR M 102	99.57	Unattached	(120)	(120)	(120)	-	-	-	-	-
B	Hutton	Joshua	SR M 102	101.06	North Tyneside Barbells	(130)	133	(140)	(152)	(154)	(154)	-	-

SR M 109

A	Griffiths	Andrew	SR M 109	108.88	Pride Performance	153	157	161	180	(186)	189	350	1
A	Harding-Prior	David	SR M 109	107.63	Unattached	138	(143)	(143)	158	163	168	306	2
A	Yang	Kun Mo	SR M 109	107.96	Unattached	135	(141)	(141)	165	(172)	(172)	300	3
A	Prentice	Simon	SR M 109	108.70	Bounce Gym WL	123	128	(133)	155	161	167	295	4
A	McIndoe	John	SR M 109	107.89	Broxburn Strength & Fitness	125	130	(132)	158	(163)	(165)	288	5

SR M >109

A	Middleton	Mackenzie	SR M >109	128.45	Adlington Barbell Club	145	(150)	150	170	175	(180)	325	1
A	Walton	Joseph	SR M >109	116.35	Unattached	(130)	(130)	130	161	(166)	(166)	291	2
A	Rouhi	Reza	SR M >109	144.35	Stars for the Future	(152)	152	158	190	198	(203)	356	G
A	Harrison	Marcus	SR M >109	128.20	Altrincham	(140)	(140)	140	(165)	(165)	(165)	-	-

SR F 45

A	Mackay	Alex	SR F 45	43.62	Dundee U WLC	50	52	54	68	71	73	127	G
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SR F 49

A	Wong	Tammy	SR F 49	48.97	Psych WLC	65	(68)	(69)	84	(87)	90	155	1
A	Martin	Robyn	SR F 49	48.77	Psych WLC	60	(63)	63	71	74	(76)	137	2
A	Briggs	Faye	SR F 49	48.60	Wythenshawe WLC	51	53	55	(70)	70	(72)	125	G
A	Robson	Kelly-Jo	SR F 49	48.72	Atlas WL Centre	65	67	(70)	(84)	(84)	(84)	-	-

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SR F 55A													
A	Morrow	Fraer	SR F 55	53.35	Unattached	(78)	78	80	99	102	105	185	1
A	Gulam	Noorin	SR F 55	54.48	London Strength	70	(73)	(74)	88	91	(93)	161	2
A	Connelly	Madaline	SR F 55	53.42	Unattached	(70)	70	73	(86)	86	(90)	159	3
B	Bellamy	Sophie	SR F 55	53.88	Brunel U WLC	60	63	(65)	78	(80)	(80)	141	4
A	Baron	Emily	SR F 55	54.28	SA1 OWL Academy	(58)	58	(61)	78	81	(83)	139	5
A	Peregrine	Gemma	SR F 55	54.64	North Tyneside Barbells	(61)	61	(64)	(77)	77	(79)	138	6
B	Rattley	Kate	SR F 55	54.40	Unattached	55	57	59	74	(77)	(78)	133	7
A	Lenihan	Sinead	SR F 55	53.96	Unattached	(68)	(68)	(68)	-	-	-	-	-
B	Barret	Lucy	SR F 55	54.37	London Strength	(57)	(57)	(57)	-	-	-	-	-
B	Rattley	Kate	SR F 55	54.40	Unattached	53						-	-
SR F 59A													
A	Wheatcroft	Laura	SR F 59	58.69	Atlas WL Centre	82	84	87	95	100	(105)	187	1
A	Tong	Jennifer	SR F 59	57.88	Mettle	78	81	(83)	90	93	96	177	2
A	Kyriazidi	Sofia	SR F 59	58.78	Unattached	72	74	(76)	86	88	90	164	3
B	Whalley	Charlotte	SR F 59	58.48	Strength Academy Wales	69	72	74	(86)	86	(90)	160	4
B	Jones	Catrin	SR F 59	58.96	Unattached	(61)	61	64	90	94	(97)	158	5
B	Moszyk	Katarzyna	SR F 59	58.37	Edinburgh U OWLC	67	70	(73)	80	85	(87)	155	6
B	Bonser	Natalie	SR F 59	56.70	Resilience WL	(65)	65	(68)	85	(88)	(88)	150	7
B	Pye	Stephanie	SR F 59	58.60	RAF WL	60	64	(67)	81	(85)	85	149	8
B	Grimmett	Emily	SR F 59	58.98	Loughborough U WL/PL	67	(71)	72	91	(95)	(95)	163	G
A	Jones	Catrin Haf	SR F 59	57.80	Bangor U WLC	(80)	(81)	(82)	-	-	-	-	-

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SR F 64A													
A	Smith	Zoe	SR F 64	60.29	Unattached	85	(88)	88	112	115	-	203	1
A	Gordon-Brown	Jess	SR F 64	60.43	Brunel U WLC	80	(84)	(84)	101	105	108	188	2
A	Griffiths	Josie	SR F 64	63.33	Unattached	80	83	86	97	101	(105)	187	3
A	Beaumont	Hannah	SR F 64	63.20	Triple X WLC	75	(79)	(79)	98	102	(106)	177	4
A	Watkins	Bethan	SR F 64	64.00	Unattached	75	78	(80)	95	(98)	(98)	173	5
B	Randall	Bethany	SR F 64	63.45	Unattached	74	77	(80)	89	92	96	173	6
B	Wong	Florence	SR F 64	63.39	Unattached	72	75	(78)	93	98	(102)	173	7
B	Ashbee	Beth	SR F 64	63.51	MARRvelous Lifting Club	(75)	75	(81)	85	90	(93)	165	8
B	Stern Dawson	Romi	SR F 64	63.67	Wildboar Weightlifting	68	71	(73)	(85)	88	(91)	159	9
B	Steel	Emily	SR F 64	63.76	Loughborough U WL/PL	(72)	(72)	(72)	-	-	-	-	-

SR F 71A													
A	Barton	Erin	SR F 71	69.99	Mems WL	87	91	(95)	115	120	123	214	1
A	Lendraitiene	Ruta	SR F 71	70.90	Yorkshire Strength	(80)	80	(85)	106	111	(115)	191	2
A	Forde	Heather	SR F 71	71.00	Unattached	80	84	(87)	98	(102)	105	189	3
A	Hood	Chloe	SR F 71	70.46	Strength Academy Wales	79	(82)	(82)	96	100	104	183	4
B	Bovil	Anushka	SR F 71	70.48	Unattached	(75)	75	78	95	100	103	181	5
B	Potter	Jennifer	SR F 71	67.86	Altringham Weightlifting Club	(74)	74	(77)	98	100	(102)	174	6
B	O'Shea	Holly	SR F 71	69.73	Locker 27	74	76	78	94	(98)	(101)	172	7
B	Brown	Lesley	SR F 71	69.68	Unattached	71	73	75	93	(96)	(97)	168	8
B	Herron	Louise	SR F 71	70.26	Hampshire Barbell	71	(73)	(73)	90	(94)	95	166	9
A	Friel	Erin	SR F 71	70.02	Unattached	(83)	(83)	83	(108)	(108)	(108)	-	-

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A	Osgood	Natasha	SR F 71	69.48	Ronin Barbell Club	(78)	(78)	(78)	-	-	-	-	-
B	Burt	Heather	SR F 71	70.64	Colchester Weightlifting	(75)	(75)	(75)	-	-	-	-	-

SR F 76A

A	Davies	Sarah	SR F 76	74.80	Unattached	98	(101)	(103)	123	126	(129)	224	1
A	Brown	Isabelle	SR F 76	75.31	Unattached	86	89	91	109	(112)	112	203	2
A	Radley	Georgia	SR F 76	74.65	Unattached	87	91	93	108	(112)	(112)	201	3
A	Farley	Madison	SR F 76	74.57	Unattached	(80)	(80)	80	101	105	108	188	4
A	Armstrong	Rachel	SR F 76	74.13	Cube WL Academy	(74)	(76)	76	94	98	(104)	174	5
B	Royle	Erann	SR F 76	74.78	Altringham Weightlifting Club	75	78	(80)	95	(98)	(98)	173	6
B	Isoyama	Jasmine	SR F 76	72.22	Ronin Barbell	72	76	(81)	92	(97)	(99)	168	7
B	Webster	Louise	SR F 76	72.34	Warley Weightlifting	70	73	(76)	(95)	95	(100)	168	8
A	Birch	Caroline	SR F 76	71.71	Unattached	95	(100)	(102)	(115)	(117)	(117)	-	-

SR F 81

A	Meukeugni Noub	Clementine	SR F 81	81.00	Ensemble WL Club	92	95	(98)	110	(115)	-	205	<i>G</i>
A	McCready	Emma	SR F 81	80.93	Unattached	86	(89)	(89)	(106)	106	(109)	192	1
A	Johnson	Amy	SR F 81	79.17	Southampton WLC	79	(82)	82	99	104	108	190	2
B	Wyss	Angela	SR F 81	79.50	London Olympic Weightlifting Acade	78	81	84	97	(101)	101	185	3
A	Daley	Deanna	SR F 81	79.34	Elite Bodyworks	(77)	(77)	77	95	100	105	182	4
B	Podstawka	Laura	SR F 81	79.53	Unattached	78	80	(82)	(102)	(102)	102	182	5

SR F 87

A	Nzesso-Ngake	Madias Dodo	SR F 87	86.06	Ensemble	(103)	105	110	125	(130)	130	240	1
A	Sweeney	Emily	SR F 87	86.73	Atlas WL Centre	(87)	87	90	107	(110)	(110)	197	2

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A	Silva	Jessica	SR F 87	86.63	Middlesex U WLC	88	(91)	(91)	108	(112)	(112)	196	3
A	Cave	Alexandra	SR F 87	86.03	Mems WL	(77)	77	81	105	(110)	(110)	186	4

SR F >87													
A	Campbell	Emily	SR F >87	125.51	Atlas WL Centre	112	116	120	152	157	160	280	1
A	Clarke	Leah	SR F >87	117.07	Club 646 WL	88	(90)	90	113	116	-	206	2