



## **British Age Groups Championships Schedule Blue Platform Sunday 10 September 2023**

Weigh in: 08:00 Start: 10:00 Finish: 11:10	Male U20/U23 61/67kg	7 Lifters
Weigh in: 09:20 Start: 11:20 Finish: 13:10	Male U20/U23 73/81kg	11 Lifters
Weigh in: 11:20 Start: 13:20 Finish: 14:40	Male U20/U23 89kg	8 Lifters
Weigh in: 12:50 Start: 14:50 Finish: 16:50	Male U20/U23 96/102/109+kg	12 Lifters
Weigh in: 15:00 Start: 17:00 Finish: 18:00	Female U20/U23 76	5 Lifters

All start and finish times are subject to change on the day of the competition



## **British Age Groups Championships Schedule Red Platform Sunday 10 September 2023**

Weigh in: 08:00 Start: 10:00 Finish: 11:10	Female U20/U23 49/55kg	6 Lifters
Weigh in: 09:20 Start: 11:20 Finish: 12:30	Female U20/U23 59kg	6 Lifters
Weigh in: 10:40 Start: 12:40 Finish: 13:50	Female U20 64kg	7 Lifters
Weigh in: 12:00 Start: 14:00 Finish: 15:00	Female U23 64kg	5 Lifters
Weigh in: 13:10 Start: 15:10 Finish: 16:50	Female U20/U23 71kg	10 Lifters
Weigh in: 15:00 Start: 17:00 Finish: 18:10	Female U20/U23 81kg/87+kg	6 Lifters

All start and finish times are subject to change on the day of the competition