



2002: Breeze wins Snatch Gold on her debut

Every week we are shining a spotlight on some of the best Home Nation's Commonwealth moments from recent history. Today we are looking at Michaela Breezes Snatch Gold for Wales and Silver Overall at the 2002 Commonwealth Games in Manchester.



Breeze won Snatch Gold at Manchester's International Convention Centre in the Women's 58kg.

She also picked up Silver in the Clean & Jerk which meant she finished second overall on her Commonwealth debut.

The Welsh lifter managed to hit 87.5kg with her third attempt to win the Snatch from Canada's Maryse Turcotte and India's Sunaina Sunaina.

Breeze, who previously finished sixth in the 2000 European Championships, entered the Clean & Jerk with a weight of 107.5kgs and lifted it to break her personal best.

She successfully used her last lift to score 112.5kgs but Turcotte's effort at 115kgs meant the 27-year-old took Gold and the overall title with Breeze finishing second overall and in the Clean & Jerk.

Sunaina ended the event with three Bronze medals.