

PLYMOUTH OPEN WEIGHTLIFTING COMPETITION 2017
KINGS ROAD CENTRE, DEVONPORT, PLYMOUTH
SATURDAY, 06 MAY 2017

GROUP	LOT No.	START No.	GIVEN NAME	FAMILY NAME	CLUB	BIRTH YEAR	AGE CATEGORY	BODYWEIGHT CATEGORY, kg	BODY WEIGHT kg	SNATCH kg			BEST RESULT SNATCH	JERK kg			BEST RESULT JERK	TOTAL	PLACE	SINCLAIR
										1	2	3		1	2	3				
2	869	1	Samuel	Bisson	Imperoum	1994	U23	69	67.40	65	x70	70	70	80	90	95	95	165	1	222.53
4	619	1	Nam	Ahmadi	BU WL	1995	U23	69	68.20	x110	x110	110	110	x140	x143	x145	0	110	DNF	147.27
2	424	3	Stephen	Arghyrou	Plymouth Barbell	1984	Sen	77	75.60	70	77	x80	77	100	105	112	112	189	1	238.27
2	142	2	Michael	Harrison	Bournemouth University Weightlifting	1994	U23	77	76.00	70	x75	x78	70	95	x100	x105	95	165	2	207.41
2	969	7	Dominic	Woods	Plymouth Barbell	1999	U20	85	81.40	52	56	63	63	80	85	91	91	154	J1	186.74
2	756	6	Lance	Harris	Unattached	1992	Sen	85	85.00	80	85	88	88	100	105	110	110	198	1	235.08
2	977	8	Lee	McMayon	Unattached	1988	Sen	85	83.60	82	x86	x86	82	106	x112	112	112	194	2	232.17
2	295	5	Kevin	White	Unattached	1988	Sen	85	80.40	70	77	x83	77	90	97	x102	97	174	3	212.32
2	294	4	Paul	Osephius	Unattached	1967	M	85	82.70	66	x72	72	72	x86	86	90	90	162	4	194.90
4	636	5	Jamie	Kirkwood	Unattached	1997	U20	94	92.30	60	67	x73	67	95	100	x106	100	167	J1	191.11
4	548	4	Greg	Stumbles	Empire Sports Club	1991	Sen	94	88.70	x115	115	x120	115	150	155	x160	155	270	1	314.35
4	175	3	Alexander	Connabeer	Exeter University	1994	U23	94	93.00	92	97	x103	97	122	x127	x133	122	219	2	249.83
4	112	2	Paul	Weightman Potter	Unattached	1993	Sen	94	92.70	93	97	x100	97	110	115	x118	115	212	3	242.17
4	813	6	George	Barsby	Unattached	1992	Sen	94	87.90	75	80	85	85	110	115	x127	115	200	4	233.80
4	217	8	Ashley	Wildgoose	Bristol Barbell Club	1993	Sen	105	102.80	110	x115	115	115	140	x145	x150	140	255	1	279.97
4	919	10	Simon	Prentice	Bournemouth University Weightlifting	1996	U23	105	99.50	105	109	x112	109	132	137	140	140	249	2	276.62
4	594	9	Seb	Ostrowicz	Exeter University	1993	Sen	105	99.20	107	x112	x113	107	120	x130	130	130	237	3	263.58
4	120	7	Jack	Hines	Plymouth Barbell	1994	U23	105	103.90	x100	x100	100	100	118	x126	x128	118	218	4	238.47
1	632	4	Noorin	Gulam	Bournemouth University Weightlifting	1995	U23	53	52.90	68	71	x76	71	85	x88	x88	85	156	1	229.69
1	440	3	Jennifer	Amores	Plymouth Barbell	1993	Sen	53	52.10	30	35	x37	35	47	52	x55	52	87	2	129.53
1	221	2	Jennifer	Gay	Unattached	1986	Sen	53	52.70	x40	x40	x40	0	50	53	x55	53	0	DNF	0.00
1	12	1	Charlotte	Cook	Unattached	1986	Sen	53	49.30	x45	x45	x45	0	x55	x55	-	0	0	DNF	0.00
1	102	5	Helen	Jewell	Unattached	1988	Sen	58	57.80	70	76	x81	76	x90	95	x100	95	171	1	236.73
1	968	7	Kelly	Lees	Unattached	1976	M	58	57.20	x55	55	x58	55	75	x77	x77	75	130	2	181.23
1	377	6	Mya	Scriven	Breeze's Weightlifting Academy	2001	U17	58	57.90	x37	x37	x37	0	55	x58	x58	55	0	DNF	0.00
3	696	1	Elle	Clemens	Unattached	1998	U20	63	62.80	45	50	56	56	63	x67	x67	63	119	J1	156.26
1	89	8	Emma	Pendle	Plymouth Barbell	1989	Sen	63	58.70	60	64	x67	64	72	x76	x77	72	136	1	186.37
3	726	2	Ariella	Thompson	Bournemouth University Weightlifting	1994	U23	63	62.90	x60	60	x63	60	x75	75	x8	75	135	2	177.10
3	864	3	Kiera	Ashman	Bournemouth University Weightlifting	1996	U23	63	62.70	50	53	55	55	x63	65	x70	65	120	3	157.73
3	931	4	Sophie	Cath	Unattached	1994	U23	63	61.60	43	47	x50	47	60	64	x67	64	111	4	147.50
1	307	9	Sarah	Burgess	Plymouth Barbell	1990	Sen	63	58.80	25	27	x31	27	37	41	x45	41	68	5	93.08
3	224	6	Rae	Trowbridge	Bournemouth University Weightlifting	2000	U17	69	66.00	50	53	x56	53	x63	64	67	67	120	Y1	153.01
3	102	5	Bryony	Watson	Bournemouth University Weightlifting	1992	Sen	69	65.40	70	75	78	78	90	x95	x95	90	168	1	215.34
3	891	9	Heather	Forde	Unattached	1990	Sen	69	68.40	70	75	80	80	85	x91	x95	85	165	2	206.20
3	484	7	Tanya	Couldwell	Unattached	1985	Sen	69	67.60	45	50	x55	50	60	65	70	70	120	3	150.94
3	768	8	Alexandra	Bovey	Bournemouth University Weightlifting	1995	U23	69	63.40	52	x57	x57	52	63	x66	x68	63	115	4	150.14
5	529	2	Emily	Seymour	Imperium	1987	Sen	75	72.20	45	48	51	51	60	x63	65	65	116	1	140.85

