



**BRITISH WEIGHT LIFTING**  
**NORTHERN WEIGHTLIFTING SENIOR CHAMPIONSHIPS**  
**OASIS CENTRE, ELLESMERE PORT**  
**APRIL 2/3rd 2016**  
**Men**

GROUP	GIVEN NAME	FAMILY NAME	CLUB	BIRTH YEAR	AGE CATEGORY	BODYWEIGHT kg	SNATCH			BEST RESULT SNATCH	JERK			BEST RESULT JERK	TOTAL	PLACE	SINCLAIR		
							1	2	3		1	2	3						
	<b>SESSION 2</b>	<b>56-69kg</b>																	
Guest	1	Najm	Ahmed	Gateshead	2003	U13	45	43.1	38	41	43	43	47	50	52	52	95	1	186.40
Guest	2	Seth	Casidsid	Bangor	1989	Sen	56	55.8	X80	80	82	82	110	X112	0	110	192	G	300.51
								62 kg											
	3	Caleb	Elliott	Team Manchester	1996	Sen	62	59.7	65	X70	70	70	80	85	90	90	160	2	237.84
	4	Adam	Bose	Leeds City	1985	Sen	62	60.9	65	70	74	74	85	90	95	95	169	1	247.58
	5	Jamie	Tomlinson	Manchester Streng	1993	Sen	62	60.1	60	64	X68	64	73	77	X80	77	141	3	208.57
								69 kg											
	6	Tom	Finn	Manchester Streng	1992	Sen	69	68.7	X92	X92	X92	0	0	0	0	0	0		0.00
	7	Lois	Hampton-Jones	Leeds City	1992	Sen	69	68.5	95	X101	101	101	125	130	133	133	234	1	316.26
	8	Dylan	Simpson	Leeds City	1999	Sen	69	67.0	60	66	70	70	80	85	90	90	160	5	219.40
	9	Mark	Mawson	Team Manchester	1987	Sen	69	67.0	81	85	89	89	97	X103	106	106	195	4	267.39
	10	Hakeem	Babalola	Team Manchester	1994	Sen	69	68.1	100	X105	X105	100	X127	127	X133	127	227	2	307.97
	11	Dane	Charles	C/W/Y	1993	Sen	69	67.2	X80	80	90	90	110	X115	X115	110	200	3	273.71
Guest	12	William	McKeown	GUEST	1997	Sen	77	76.5	40	43	45	45	X60	60	65	65	110	G	139.04
								77 kg											
	2	Luke	Stopford	Strong 101	1992	Sen	77	75.0	93	96	100	100	115	X120	120	120	220	1	281.26
	4	Nial	Walsh	Crossfit Leeds	1993	Sen	77	75.5	85	90	95	95	107	112	118	118	213	2	271.26
	7	Luke	McPake	Cubefit	1986	Sen	77	75.0	80	85	90	90	108	113	X117	113	203	3	259.52
	8	Allan	King	Unattached	1994	Sen	77	75.9	85	X92	X95	85	115	X122	X122	115	200	4	253.93
	1	Anthony	Wilde	Manchester Streng	1982	Sen	77	76.2	80	X83	84	84	96	X101	X101	96	180	5	228.02
	3	Kieran	Thackray	Leeds City	1994	Sen	77	75.1	60	65	70	70	85	90	96	96	166	6	212.06
	6	Christopher	Tranter	Core Fitness	1987	Sen	77	70.7	X70	X70	70	70	90	95	X100	95	165	7	218.58
	5	Carlo	Richards	Active Tameside	1991	Sen	77	74.2	65	70	75	75	80	90	X100	90	165	8	212.27
								85 kg											
	13	Shaun	Clegg	Unattached	1992	Sen	85	77.1	115	122	X130	122	145	155	162	162	284	1	357.38
	8	Jack	Dobson	Leeds City	1993	Sen	85	83.4	107	112	X115	112	135	143	X155	143	255	2	307.66
	10	Hamid	Mosavi	Cubefit	1985	Sen	85	83.7	110	113	X116	113	138	X144	X145	138	251	3	302.28
	9	Josh	Skillington	Leeds City	1993	Sen	85	83.6	95	100	X105	100	125	130	135	135	235	4	283.18
	4	Marcus	Collins	Mytholmroyd	1998	Sen	85	78.2	100	X105	X106	100	125	130	X135	130	230	5	287.15

1	Tom	Rosling	Manchester Streng	1991	Sen	85	84.9	95	x100	100	100	115	x120	120	120	220	7	263.06
6	Bryn	Jones	York	1961	M55	85	84.2	90	x95	95	95	120	125	x128	125	220	6	264.15
11	Jack	Taylor	Strong 101	1993	Sen	85	82.2	75	80	x85	80	x100	100	106	106	186	8	226.09
12	Anthony	Veitch	Cubefit	1990	Sen	85	82.6	75	x80	80	80	105	x110	x115	105	185	9	224.31
3	Gavin	Thomas	Manchester Streng	1978	Sen	85	82.5	65	70	75	75	92	x97	97	97	172	11	208.68
7	Martin	Gilmore	Team Manchester	1998	Sen	85	84.9	56	59	63	63	70	75	80	80	143	12	170.99
5	Joe	Senior	Mytholmroyd	1992	Sen	85	83.8	x79	x79	79	79	x100	x100	100	100	179	10	215.44
2	Tom	Hoesli	Mytholmroyd	1991	Sen	85	82.9	90	95	x100	95	0	0	0	0	0	DNF	0.00
SESSION 8																		
2	Jakub	Zygadlo	Crossfit Clitheroe	1985	Sen	94	90.2	x112	117	122	122	150	157	x161	157	279	1	324.14
3	Andre	Vassell	Leeds City	1990	Sen	94	90.1	105	111	x115	111	130	137	x142	137	248	2	288.27
1	Michael	Howarth	Team Manchester	1984	Sen	94	93.0	100	105	110	110	125	131	136	136	246	3	281.94
5	Paul	Atkinson	Unattached	1994	Sen	94	86.6	80	87	x92	87	112	x118	x118	112	199	4	235.65
4	Joe	Bowden	Strong 101	1992	Sen	94	93.1	80	85	x92	85	100	105	x110	105	190	5	217.66
6	Steve	Sharp	Tyneside Barbell	1990	Sen	94	86.6	x85	x85	90	90	x105	x105	x105	0	0	DNF	0.00
13	Adam	Travis	Tameside		Sen	94	93.9	110	115	120	120	150	160	170	170	290	G	
9	Scott	Wong	Team Manchester	1990	Sen	105	105.0	110	0	0	110	130	0	0	130	240	1	262.29
8	Mathew	Hussey	Team Manchester	1982	Sen	105	98.1	80	85	x90	85	110	117	x125	117	202	2	226.43
7	Alex	Hopkinson	Strong 101	1990	Sen	105	101.3	78	83	x86	83	98	x105	105	105	188	3	208.15
11	Ewan	Burkinsha	Wakefield	1987	Sen	105	102.1	70	80	x85	80	95	102	x107	102	182	4	200.92
10	Mackenzie	Middleton	Adlington Barbell	1998	Sen	105	98.2	x85	x85	x85	0	0	0	0	0	0	DNF	0.00
12	Jonathan	Bennett	Wakefield	1976	Sen	+105	119.9	75	x80	x80	75	90	95	100	100	175	1	183.68

Best Lifter

Jim Halliday Cup

Shaun Clegg

	Referee 1	Referee 2	Referee 3		Recorder		Speaker		Loaders					
1	S Lynch C	M Barton	G Parry		P Sheen		B Barton		S Trebilcock	C Baker				
2	S Trebilcock C	P Sheen	G Parry		S Cannon		B Barton		E Halstead	C Baker				
3	B Pattison C	G Parry	A Whitworth		S Cannon		B Barton		C Baker		T Baker	S Trebilcock		
4	B Pattison C	G Parry	C Baker	P Sheen	S Cannon		B Barton		E Coplin	C Baker				

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	<b>TEAM POINTS</b>			
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**357.38**